



Product	Ingredients
Apricot, Pistachio & Lemon Thyme Crumble Cake	Pasteurised Egg, Brown Sugar (Sugar, Cane Molasses), Butter (Cream (Milk), Salt), Wheatflour contains Gluten (with Wheatflour, Calcium Carbonate, Iron, Niacin, Thiamin), Apricot Jam (10%) (Apricots, Sugar, Acidity Regulator: Citric Acid), Pistachio Nuts (8%), Sugar, Water, Oats, Dried Apricots (3.5%) (Apricots, Rice Flour, Preservative: Sulphur Dioxide), Yoghurt (Milk), Humectant: Glycerol; Baking Powder (Raising Agents: Sodium Carbonate, Sodium Diphosphate; Wheatflour contains Gluten (with Wheatflour, Calcium Carbonate, Iron, Niacin, Thiamin)), Vanilla Flavouring, Ground Cinnamon, Lemon Thyme.
Berry & Beetroot Brownie – GF	Dark Chocolate (29%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya Lecithin; Natural Vanilla Flavouring), Dark Brown Sugar (Sugar, Cane Molasses), Butter (Cream (Milk), Salt), Pasteurised Egg , Gluten Free Flour (Rice Flour, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat Flour), Beetroot (3.5%), Raspberries (2.5%), Vanilla Flavouring, Gluten Free Baking Powder (Raising Agents: Mono Calcium Phosphate, Sodium Bicarbonate; Corn Starch), Stabiliser: Xanthan Gum.
Brazil Nut & Sour Cherry Boost Bar – Ve / GF	Dark Chocolate (31%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya Lecithin; Natural Vanilla Flavouring), Dates (20%) (Dates, Rice Flour), Coconut Oil, Ground Almonds , Hazelnuts (9%), Unsweetened Tart Cherries (6%), Cocoa Powder, Brazil Nuts (3%), Freeze Dried Sour Cherries (1.5%), Rapeseed Oil.
Carrot & Ginger Cake	Carrots (14%), Sugar, Rapeseed Oil, Wheat flour contains Gluten (with Wheat flour, Calcium Carbonate, Iron, Niacin, Thiamin), Brown Sugar (Sugar, Cane Molasses), Pasteurised Egg , Butter (Cream (Milk), Salt), Full Fat Soft Cheese (6%) (Milk) (contains Native Starch, Salt), Ginger (5%) (Stem Ginger, Sugar, Water), Crystallised Ginger (2.5%) (Ginger, Sugar), Pumpkin Seeds, Ground Ginger (Preservative: Sulphur Dioxide), Baking Powder (Raising Agents: Sodium Carbonate, Sodium Diphosphate; Wheat flour contains Gluten (with Wheat flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Raising Agent: Sodium Bicarbonate.





Product	Ingredients
Chocolate Brownie – GF	Dark Chocolate (32%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya Lecithin; Natural Vanilla
	Flavouring), Dark Brown Sugar (Sugar, Cane Molasses), Butter (Cream (Milk), Salt), Pasteurised Egg,
	Gluten Free Flour (Rice Flour, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat Flour), Vanilla
	Flavouring, Gluten Free Baking Powder (Raising Agents: Mono Calcium Phosphate, Sodium
	Bicarbonate; Corn Starch), Stabiliser: Xanthan Gum.
Chocolate Nancy – GF	Sweetened Condensed Milk (17%) (Milk, Sugar), Sultanas (17%) (Sultanas, Sunflower Oil), Gluten
	Free Oats, Butter (Cream (Milk), Salt), Sweetened Dried Cranberries (11%) (Cranberries, Sugar,
	Sunflower Oil), Dark Chocolate (10%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya Lecithin;
	Natural Vanilla Flavouring), Dried Apricots (8%) (Dried Apricots, Rice Flour, Preservative: Sulphur
	Dioxide), Desiccated Coconut, Pistachio Nuts , Lemon Zest, Lemon Flavouring.
Chocolate, Coffee & Hazelnut – VE	Wheatflour contains Gluten (with Wheatflour, Calcium Carbonate, Iron, Niacin, Thiamin), Almond
	Milk (Water, Almond , Tri-Calcium Phosphate, Sea Salt, Stabilisers: Locust Bean Gum, Gellan Gum;
	Emulsifier: Sunflower Lecithin; Vitamins (B2, B12, E, D2)), Brown Sugar (Sugar, Cane Molasses),
	Rapeseed Oil, Coconut Milk (Coconut Extract, Water, Stabilisers: Guar Gum; Carboxymethyl
	Cellulose, Emulsifier: Polysorbate, Acidity Regulator: Citric Acid)), Dark Chocolate (6%) (Cocoa Mass,
	Sugar, Cocoa Butter, Emulsifier: Soya Lecithin; Natural Vanilla Flavouring), Hazelnuts (5%), Golden
	Syrup (Invert Sugar Syrup), Water, Cocoa Powder, Baking Powder (Raising Agents: Sodium
	Carbonate, Sodium Diphosphate; Wheatflour contains Gluten (with Wheatflour, Calcium
	Carbonate, Iron, Niacin, Thiamin)), Coffee (1.5%), Vanilla Flavouring, Salt.
Salted Caramel Jewel Bar – GF	Caramel (46%) (Sweetened Condensed Skimmed Milk , Glucose Syrup (Sulphites), Invert Sugar
	Syrup, Palm Oil, Butter (Milk), Sugar, Water, Emulsifier: Mono- And Di-Glycerides Of Fatty Acids,
	Stabiliser: Pectin, Salt, Natural Flavouring), Butter (Cream (Milk), Salt), Gluten Free Flour (Rice
	Flour, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat Flour), Gluten Free Oats , Sugar,
	Pumpkin Seeds (2%), Dark Chocolate Shavings (2%) (Sugar, Cocoa Mass, Anhydrous Milk Fat, Cocoa
	Butter, Emulsifier: Soy Lecithin, Natural Vanilla Flavouring), Freeze Dried Raspberries, Salt,
	Stabiliser: Xanthan Gum.





Product	Ingredients
Blackcurrant & Lemon Cake – VE	Wheatflour contains Gluten (with Wheatflour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar,
	Water, Rapeseed Oil, Blackcurrants (8%), Baking Powder (Raising Agents: Sodium Carbonate,
	Sodium Diphosphate; Wheatflour contains Gluten (with Wheatflour, Calcium Carbonate, Iron,
	Niacin, Thiamin)), Lemon Juice (2%), Lemon Flavouring, Lemon Zest.
Lemon & Polenta Cake – GF	Sugar, Almonds (20%), Butter (Cream (Milk), Salt), Pasteurised Egg, Polenta (10%) (Maize), Gluten
	Free Flour (Rice Flour, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat Flour), Lemon
	Flavouring, Lemon (1%), Vanilla Flavouring, Gluten Free Baking Powder (Raising Agents: Mono
	Calcium Phosphate, Sodium Bicarbonate; Corn Starch), Stabiliser: Xanthan Gum.
Lemon, Pistachio & Ginger Blondie	White Chocolate (35%) (Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier: Soya Lecithin; Natural
	Vanilla Flavouring), Wheatflour contains Gluten (with Wheatflour, Calcium Carbonate, Iron, Niacin,
	Thiamin), Brown Sugar (Sugar, Cane Molasses), Sugar, Butter (Cream (Milk), Salt), Pasteurised Egg,
	Pistachio Nuts (5%), Ginger (4%) (Stem Ginger, Sugar, Water), Milk , Lemon Peel, Ground Ginger
	(Preservative: Sulphur Dioxide), Vanilla Flavouring, Lemon Flavouring, Baking Powder (Raising
	Agents: Sodium Carbonate, Sodium Diphosphate; Wheatflour contains Gluten (with Wheatflour,
	Calcium Carbonate, Iron, Niacin, Thiamin)).
Orange Cobble Crunch – GF	Butter (Cream (Milk), Salt), Dark Chocolate (19%) (Cocoa Mass, Sugar, Cocoa Butter,
	Emulsifier: Soya Lecithin; Natural Vanilla Flavouring), Honeycomb (15%) (Sugar, Glucose Syrup,
	Palm Kernel Oil, Palm Oil, Bicarbonate Of Soda, Rice Flour), White Chocolate (13%) (Sugar, Cocoa
	Butter, Whole Milk Powder, Emulsifier: Soya Lecithin; Natural Vanilla Flavouring), Marzipan (9%)
	(Sugar, Almonds , Glucose Syrup, Water, Invert Sugar Syrup, Preservative: Potassium Sorbate),
	Almonds (7%), Golden Syrup (Invert Sugar Syrup), Orange Oil.
Pecan Caramel Shortbread	Caramel (43%) (Sweetened Condensed Skimmed Milk , Glucose Syrup (Sulphites), Invert Sugar
	Syrup, Palm Oil, Butter (Milk), Sugar, Water, Emulsifier: Mono- And Di-Glycerides Of Fatty Acids,
	Stabiliser: Pectin, Salt, Natural Flavouring), Wheat flour contains Gluten (with Wheat flour, Calcium
	Carbonate, Iron, Niacin, Thiamin), Butter (Cream (Milk), Salt), Sugar, Pecan Nuts (5%), Water,
	Maize Starch, Dark Chocolate (1.5%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya Lecithin;
	Natural Vanilla Flavouring).





Product	Ingredients
Raspberry & Almond Blondie	White Chocolate (24%) (Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier: Soya Lecithin; Natural Vanilla Flavouring), Wheatflour contains Gluten (with Wheatflour, Calcium Carbonate, Iron, Niacin, Thiamin), Brown Sugar (Sugar, Cane Molasses), Butter (Cream (Milk), Salt), Pasteurised Egg, Raspberries (8%), Almonds (6%), Sugar, Vanilla Flavouring, Baking Powder (Raising Agents: Sodium Carbonate, Sodium Diphosphate; Wheatflour contains Gluten (with Wheatflour, Calcium
Christmas Florentine Bar – Seasonal (GF)	Carbonate, Iron, Niacin, Thiamin)). Caramel (31%) (Sugar, Glucose Syrup, Sweetened Condensed Milk (Milk, Sugar, Lactose (Milk)), Water, Unsalted Butter (Milk), Golden Syrup (Partially Inverted Refiners Syrup), Palm Oil, Salt, Emulsifiers: Lecithin (Sunflower, Rapeseed, Soya), Sorbitan Monostearate; Natural Flavouring), Butter (Cream (Milk), Salt), Sugar, Gluten Free Flour (Rice Flour, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat Flour), Water, Gluten Free Oats, Almonds (6%), Glace Cherries (3%) (Cherries, Glucose-fructose Syrup, Sugar, Acidity Regulator: Citric Acid; Preservatives: Potassium Sorbate, Sulphur Dioxide; Colour: Erythrosine), Dark Chocolate (2.5%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya Lecithin; Natural Vanilla Flavouring), Mixed Peel (1.5%) (Orange Peel, Lemon Peel, Glucose-fructose Syrup, Sugar, Acidity Regulator: Citric Acid), Salt, Stabiliser: Xanthan Gum.
Christmas Stollen Traybake – Seasonal	Self-Raising Wheatflour contains Gluten ((with Wheatflour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Marzipan (15%) (Sugar, Almonds, Glucose Syrup, Stabilisers: Sorbitol, Invertase; Preservative: Potassium Sorbate; Thickener: Sodium Alginate), Pasteurised Egg, Butter (Cream (Milk), Salt), Sugar, Brown Sugar (Sugar, Cane Molasses), Chai Syrup (5%) (Cardamom, Ginger, Star Anise, Nutmeg, Cloves, Allspice, Vanilla, Mixed Spice, Fennel Seed, Cinnamon, Sugar), Sultanas (4.5%) (Sultanas, Sunflower Oil), Almonds, Raisins (4%) (Raisins, Sunflower Oil), Mixed Peel (2.5%) (Orange Peel, Lemon Peel, Glucose-fructose Syrup, Sugar, Acidity Regulator: Citric Acid), Yoghurt (Milk), Flaked Almonds, Baking Powder (Raising Agents: Sodium Carbonate, Sodium Diphosphate; Wheatflour contains Gluten (with Wheatflour, Calcium Carbonate, Iron, Niacin, Thiamin)), Orange Zest, Orange Juice, Mixed Spice (Allspice, Coriander, Cassia Cinnamon, Ginger, Fennel, Nutmeg, Cloves, Cardamom), Ground Cinnamon, Almond Flavouring, Ground Cardamom.

The information supplied here is to be used as a guide only. Please refer to individual packaging labels to confirm allergens before use. Allergens handled on the premises are: Cereals containing Gluten, Tree Nuts, Eggs, Soya, Sulphur Dioxide & Sulphites, Milk. Allergens not handled on the premises are: Peanuts, Sesame, Fish, Crustaceans, Molluscs, Celery, Mustard, Lupin. Ingredient suppliers may handle peanuts. We have steps in place to minimise cross contamination.





Product	Ingredients
Christmas Winter Berry Brownie – Seasonal (GF)	Dark Chocolate (28%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya Lecithin; Natural Vanilla
	Flavouring), Dark Brown Sugar (Sugar, Cane Molasses), Butter (Cream (Milk), Salt), Pasteurised Egg,
	Gluten Free Flour (Rice Flour, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat Flour),
	Sweetened Dried Cranberries (5%) (Cranberries, Sugar, Sunflower Oil), White Chocolate (5%)
	(Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier: Soya Lecithin; Natural Vanilla Flavouring),
	Cocoa Powder, Orange Zest, Orange Oil, Stabiliser: Xanthan Gum.
Small Batch Bakes: Lemon, Mascarpone & Rhubarb	Sugar, Butter (Cream (Milk), Salt), Pasteurised Egg, Self-Raising Wheatflour contains Gluten
Traybake	((with Wheat flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents: Monocalcium
	Phosphate, Sodium Bicarbonate), Rhubarb Jam (9%) (Rhubarb, Sugar, (Apple Pectin, Acidity
	Regulator: Citric Acid, Glycerol), Vanilla Flavouring, Lemon Juice), Mascarpone Cheese (5%) (Cream
	(Pasteurised Cow's Milk), Acidity Regulator: Citric Acid), Lemons (2%), Rose Petals, Vanilla
	Flavouring, Cornflowers.