

## **Flavours of Wales Ingredients and Allergens**

Caffe Mocha Truffles:

Chocolate (40%) : dark chocolate cocoa mass, sugar, fat reduced cocoa powder, emulsifier (SOYA lecithin), natural vanilla flavouring. CREAM, soluble coffee, roast and ground coffee.

Raspberry & Crushed Cardamom Preserve:

Ingredients: Raspberries (60%), sugar, crushed cardamom seeds (0.5%)

Wye Valley Honey:

Unfiltered, unprocessed, unblended, not heat treated. Single source, single hive honey.

Toffee Waffles:

Wheat flour (Calcium carbonate, Iron, Niacin, Thiamin), Glucose syrup, Sugar, Non-hydrogenated vegetable oils (Palm1 & Rapeseed), Butter (14% of filling) (Milk), Free Range Eggs, Molasses, Soya Lecithin, Raising agent: Sodium bicarbonate, Salt, Cinnamon.

Bara Brith Loaf Cake:

TBC

Rock Star - Vintage Cave Aged Cheddar:

Pasteurised Cows MILK, Salt, Vegetarian Rennet, Starter.

Single Origin Arriba Milk Chocolate Bar (39%):

Milk Chocolate: sugar, cocoa butter, whole milk powder, cocoa mass Ecuador, skimmed milk powder, emulsifier: lecithins (soya), natural vanilla flavouring. Chocolate contains cocoa solids 39% minimum & milk solids 24% minimum.

Fig & Apple Chutney:

Sugar, Bramley Apples (20%), Dried Figs (10%), Concentrated Lemon Juice, Gelling Agent (Pectin)

Sack of Coal - Cocoa Dusted Honey Comb Bites:

Milk Chocolate (sugar, cocoa butter, whole milk powder, cocoa mass, soya lecithin, natural vanilla), Sugar, Glucose Syrup, Bicarbonate of Soda, Rice Flour WHEAT flour, sugar, rapeseed oil, fat reduced cocoa powder 6 %, glucose-fructose syrup, WHEAT starch, raising agents (ammonium carbonates, potassium carbonates, sodium carbonates), palm oil, salt, emulsifier (SOYA lecithins), acidity regulator (sodium hydroxide), flavouring. Fat reduced cocoa powder, colours: E172, E171 (carrier E555)

Sparkling Traditional Lemonade:

Carbonated spring water, Sicilian Lemon juice from concentrate (10%), Sugar, Lemon Comminute from Concentrate

Raspberry & Ripple Chocolate Bark:

Ingredients: Chocolate: Whole milk powder, emulsifier: soya lecithin, natural vanilla flavouring. Milk Chocolate contains Cocoa Solids 33.6% minimum, Milk Solids 36.2% minimum. White Chocolate contains Cocoa Solids 28% minimum, Milk Solids 22 % minimum

Sea Salt and Almond Fudge:

Ingredients: sugar, milk, condensed milk, butter, liquid glucose, syrup, almond, sea salt

Welsh Digestives:

Wholemeal WHEAT flour (36%), vegetable oil (palm, rapeseed, water, salt), OATMEAL, sugar, water, salt

Traditional Welsh Cakes:

WHEAT Flour (WHEAT flour: Calcium Carbonate, Iron, Nicotinamide Thiamin; Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate), Butter (Butter (MILK), Salt), Sugar, EGG, Raisins (Raisins, Sunflower Oil) (7%), Currants (Currants, Sunflower Oil)(7%), Spices.  
For allergens see ingredients in BOLD