

NUT BLEND.

NUTRITIONAL INFORMATION:
Recommended serving size 15g

Typical Values	Per 100g	Per 15g
Energy (kcal)	618	93
Energy (kJ)	2562	384
Protein	20.1g	3.0g
Fat	50.9g	7.6g
of which saturates	4.0g	0.6g
Carbohydrates	19.6g	2.9g
of which sugars	5.3g	0.8g
Fibre	11.2g	1.7g
Salt	0.0g	0.0g



Ingredients: Almonds, Pecans,
Organic Maca Powder.

NUTRITIONAL INFORMATION:
Recommended serving size 15g

Typical Values	Per 100g	Per 15g
Energy (kcal)	656	98
Energy (kJ)	2730	410
Protein	15.7g	2.4g
Fat	56.7g	8.5g
of which saturates	18.3g	2.7g
Carbohydrates	20.2g	3.0g
of which sugars	4.8g	0.7g
Fibre	12.5g	1.9g
Salt	0.0g	0.0g



Ingredients: Almonds, Coconut,
Macadamia Nuts, Sunflower Seeds.

NUTRITIONAL INFORMATION:
Recommended serving size 15g

Typical Values	Per 100g	Per 15g
Energy (kcal)	614	93
Energy (kJ)	2499	384
Protein	19.5g	3.0g
Fat	49.1g	7.7g
of which saturates	4.0g	1.6g
Carbohydrates	20.1g	2.8g
of which sugars	4.5g	0.7g
Fibre	12.4g	1.5g
Salt	0.0g	0.0g



Ingredients: Almonds, Hazelnuts,
Cinnamon, Organic Cacao Powder.

NUTRITIONAL INFORMATION:
Recommended serving size 15g

Typical Values	Per 100g	Per 15g
Energy (kcal)	617	93
Energy (kJ)	2557	384
Protein	19.8g	3.0g
Fat	51.1g	7.7g
of which saturates	10.6g	1.6g
Carbohydrates	18.4g	2.8g
of which sugars	4.5g	0.7g
Fibre	10.2g	1.5g
Salt	0.0g	0.0g



Ingredients: Almonds, Cashew Nuts, Organic
Cacao Paste, Coconut, Organic Cacao Nibs.

NUTRITIONAL INFORMATION:
Recommended serving size 15g

Typical Values	Per 100g	Per 15g
Energy (kcal)	567	85
Energy (kJ)	2322	348
Protein	23.9g	3.6g
Fat	11.5g	1.7g
of which saturates	8.0g	1.2g
Carbohydrates	14.2g	2.1g
of which sugars	5.8g	0.9g
Fibre	7.5g	1.1g
Salt	0.0g	0.0g



Ingredients: Peanuts, Hazelnuts,
Cinnamon, Ginger, Cloves.