

Thank you for your interest in our Lottie Shaw's hamper. Please find listed below the nutritional and allergen information for all of the treats in our hamper. All of our products are individually packaged and the information is also clearly printed on the back of every product.

If you require any information in relation to allergens or other dietary requirements, please contact us prior to purchase

Best wishes, Lottie x

Name of Product	Chocolate Fudge
Ingredients	<p>Sugar, Salted Butter (16%) (<b>milk</b>, salt).  Sweetened Condensed <b>Milk</b> (<b>milk</b>, sugar), Golden Syrup, Dark Chocolate (10%) (cocoa mass, sugar, cocoa butter, emulsifier: <b>soya</b> lecithins, flavouring), inverted sugar syrup, Fondant (sugar, glucose), sea salt</p> <p>Allergens in <b>BOLD</b>  <b>May contain traces of Nuts and Peanuts.</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1923kj	Energy (kcal)	458kcal
Fat	10.8g	of which saturates	8.3g
Carbohydrate	73.1g	of which sugars	38.7g
Salt	0.33g	Protein	1.8g

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Name of Product	Triple Chocolate Biscuits
Ingredients	<p><b>Wheat Flour (Wheat</b> fortified with Calcium carbonate, Iron, Niacin and Thiamine), White Chocolate Chunks, (Sugar (53.0%), <b>Whole Milk Powder (24%) (Contains Milk)</b>, Cocoa Butter (21.0%), <b>Skimmed Milk Powder (1.5%) (contains Milk)</b>, Emulsifier; <b>Soya lecithin (1%) (Soya)</b>, Natural Vanilla Flavouring. (Dark Chocolate Couverture (Sugar (44.77%), Cocoa Mass (42.78%), Cocoa Butter (11.94%), <b>Soya Lecithin (0.50%) (Soya)</b>, Natural Vanilla Flavouring (0.01%). Margarine (Vegetable Oil (palm and rapeseed in various proportions (RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavouring. Demerara Sugar, Free Range Pasteurised <b>Egg</b>, Butter (<b>contains Milk</b>), Cocoa Powder (cocoa powder, Potassium Carbonate), Raising Agent; Sodium Bicarbonate, Salt.</p> <p>Allergens shown in <b>BOLD</b>  <b>Please be aware we handle nuts in the bakery</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	2135kj	Energy (kcal)	511kcal
Fat	33g	of which saturates	17g
Carbohydrate	47g	of which sugars	25g
Salt	1.4g	Protein	7.3g

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Name of Product	Millionaire Shortbread
Ingredients	<p>All Butter Shortbread  <b>Wheat flour</b> (Wheat flour fortified with Calcium Carbonate, Iron, Niacin and Thiamine), Butter <b>17%</b> (contains <b>milk</b>), Sugar, Ground Rice  <b>Milk Chocolate Couverture</b> (17%)  (Contains milk <b>solids</b> 21% (35.1%), Cocoa solids 35.1%, sugar, cocoa butter, <b>whole milk powder</b>, cocoa mass, emulsifiers, <b>soya lecithin</b>, E322, Natural Vanilla.  Caramel (33.3%)  Sugar, Glucose syrup, Sweetened Condensed <b>Milk</b>, Water, Unsalted Butter (<b>contains milk</b>), partially inverted syrup, Vegetable Oil, Salt, Emulsifiers, <b>Soya Lecithin</b>, E322, E473  Allergens shown in <b>BOLD</b>  <b>Please be aware we handle nuts in the bakery</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	2049kj	Energy (kcal)	489kcal
Fat	26.3g	of which saturates	16.5g
Carbohydrate	60.9g	of which sugars	36.7g
Salt	0.23g	Protein	3.7g

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Name of Product	Millionaire Flap jack
Ingredients	<p>Flapjack Base  <b>Rolled Oats</b> (43.4%), Partially Inverted Syrup, Margarine Vegetable Oil (palm and rapeseed in various proportions.), Water, Salt, Emulsifier, E475 Colours, E100, E160b Demerara sugar, Butter flavour, (Preservative E220 <b>Sulphites</b>).</p> <p>Milk Chocolate Couverture,  (Sugar, Cocoa Butter, Whole milk powder (<b>milk</b>), Cocoa Mass, Emulsifiers, <b>Soya Lecithin</b>, E322 Natural Vanilla, Cocoa solids, 35.1%, <b>Milk Solids</b> 21.8%.)  Caramel,  Sugar, Glucose syrup, Sweetened Condensed <b>Milk</b>, Water, Unsalted Butter (contains <b>milk</b>), partially inverted syrup, Vegetable Oil (palm and rapeseed in various proportions RSPO Sourced), Salt, Emulsifiers, <b>Soya Lecithin</b>, E322, Natural vanilla, Cocoa solids 35.1% <b>milk</b> solids 21.8%</p> <p>Allergens shown in <b>BOLD</b>  <b>Please be aware we handle nuts in the bakery</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	2061kj	Energy (kcal)	492kcal
Fat	23g	of which saturates	13g
Carbohydrate	67g	of which sugars	48g
Salt	0.37g	Protein	8g

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Name of Product	Chocolate Chip Flapjack
Ingredients	<p><b>Rolled Oats</b> (43%), Partially Inverted Syrup, Margarine (Vegetable oil, (palm and rapeseed in various proportions (RSPO Sourced), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavourings), Demerara sugar,</p> <p>Chocolate chips (5.9%) (Sugar (58.5%), Cocoa Mass (33.0%), Cocoa Butter (8.0%), <b>Milk</b>, Emulsifier; <b>Soya Lecithin</b> (0.25%), Natural Vanilla Flavouring (0.25%)] Butter flavour, (Preservative <b>Sulphur Dioxide</b>, <b>Sulphites</b>).</p> <p>Allergens shown in <b>BOLD</b>  <b>Please be aware we handle nuts in the bakery</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1881kj	Energy (kcal)	448kcal
Fat	21.2g	of which saturates	8g
Carbohydrate	61.5g	of which sugars	35.9g
Salt	0.6g	Protein	5.1g

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Name of Product	Ginger Parkin & Chocolate Biscuits
Ingredients	<p><b>Wheat Flour (Wheat</b>, fortified with Calcium Carbonate, Iron, Niacin, and Thiamine), Demerara Sugar, Margarine (Vegetable oils, (rapeseed and palm oil in various proportions, RSPO Sourced) <b>Oatmeal (Oats)</b>, Partially inverted syrup, Belgian Dark Chocolate Chips, (Sugar 58.5%, Cocoa Mass 33.0%, Cocoa Butter 8.0%, Emulsifier; <b>Soya Lecithin (Soya)</b> &lt;1%, Natural Vanilla Flavouring&lt;1%), <b>Free Range Egg</b>, Treacle, Raising agent; Sodium Bicarbonate, Ground Ginger 1.45%</p> <p>Allergens shown in <b>BOLD</b>  <b>Please be aware we handle nuts in the bakery</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1922kj	Energy (kcal)	456.7kcal	Salt	1.75g
Fat	16.9g	of which saturates	6.5g		
Carbohydrate	72.2g	of which sugars	40.4g		
Fibre	3.2g	Protein	5.2g		