## HOW TO MAKE YOUR MALLOW POPS



Preparation is key – get your Mallow station ready, with all your different bits in separate bowls ready for dipping, drizzling and sprinkling

Melting the chocolate – place the bowl of chocolates drops into a microwave and heat for 40 seconds for 1000w, 50 seconds at 900w or 60 seconds at 800w. Remove and stir for about 20 seconds until they are fully melted

Warm the caramel – place the bowl of caramel into a microwave and heat for 15 seconds for 1000w, 20 seconds at 900w or 25 seconds at 800w. Remove and stir, caution as it can get very hot

## NUTRITIONAL INFORMATION

Typical Values Energy	Per Mallow Pop** 318 / 76 kJ/kcal	Per 100g 1870 / 444 kJ/kca
Fat	2.8g	16.2g
of which saturates	1.6g	9.7g
Carbohydrates	11.8g	69.7g
of which are sugars	9.5g	55.9g
Protein	0.7g	4.4g
Salt	0.04g	0.2g

\*\*Each Mallow pop (approx 17g)

Dip, dunk, eat, repeat

Marshmallows with milk chocolate drops, caramel sauce, crisp rice balls coated i white, dark and milk chocolate, sugar strands and 6 skewers



Stick your Mallow on the skewer, carefully toast either over an open flame<sup>6</sup> or grill rotating slowly to prevent it burning (you're looking for it to have a nice golden outer and gooey inside)

Your're ready... Dip and dunk to your hearts content

Repeat!

\*Our portable burner (see website). BBQ, Fire place, Fire

pit, camp fire, gas hob, log burner, chimenea, etc...

## **INGREDIENTS:**

Marshmallows (36%) (Glucose-fructose Syrup, Sugar, Water, Dextrose, Maize Starch, Pork Gelatine, Flavouring), Milk Chocolate Drops (26%) (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla), Caramel Sauce (19%) (Glucose Syrup, Sugar, Water, Sweetened Condensed Milk (Milk, Sugar, Lactose (Milk)), Palm Oil, Golden Syrup (Partially Inverted Refiners Syrup), Unsalted Butter (Milk), Palm Kernel, Salt, Emulsifiers (Rapeseed Lecithin, Polysorbate 60, Sorbitan Tristearate), Preservative (Potassium Sorbate), Natural Flavouring, Chocolate Crispies (13%) (Sugar, Cocoa Butter, Cocoa Mass, Rice Flour, Whole Milk Powder, Wheat Flour, Skimmed Milk Powder, Wheat Malt Extract, Emulsifier (Soya Lecithin) , Wheat Gluten, Dextrose, Salt, Natural Vanilla Flavouring, Glazing Agent (Tapioca Starch), Acids (Citric Acid, Sorbic Acid)), Sprinkles (6%) (Sugar, Wheat Starch, Water, Glucose Syrup, Fully Hydrogenated Sunflower Oil, Beetroot Concentrate, Vegetable Oil (Coconut Origin), Colours (Anthocyanin, Curcumin))

Milk Chocolate Drops contain 35% cocoa solids, 22% milk solids For allergen information, including cereals containing gluten, see ingredients in **bold** 



Psst...

NO ARTIFICIAL COLOURINGS NO ARTIFICIAL FLAVOURINGS





