All our macarons contain **Eggs**, **Milk**, **Nuts** and trace **Soya**.

Each box contains the following ingredients (Allergens are in **bold**): Sugar, **ground almonds**, **free range eggs**, Belgian chocolate (sugar, cocoa mass, cocoa butter, whole **milk** powder, emulsifier: **soya**lecithin, natural vanilla flavouring), cream (from cow's **milk**), butter (from cow's **milk**), lemon juice, raspberries, dried raspberries, strawberries, dried strawberries, natural vanilla essence, **pistachio nuts**, lemon zest, passion fruit juice, natural rose syrup, natural rose essence, natural violet syrup, natural violet essence, cherries in syrup, dried sour cherries, lime juice, fresh mint, natural mint essence, natural spearmint essence, ground coffee beans, Maldon sea salt.

Shells contain food colours less than 0.2% by weight, each macaron may contain up to five of the following: (E422, E1520, E551, E122\*, E104\*, E133, E102\*, E124\*, E129, E155, E110\*, E131). Gluten free and vegetarian. \*May have an adverse effect on activity and attention in children.