

## **The Original Cake Company – Iced Christmas Cake**

**Ingredients:** Sultanas (48%), Sugar, EGG, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Marzipan (8%) ( Sugar, ALMONDS (NUTS), Corn Syrup, Water, Sorbitol (E420), Preservative E202, Thickener (E401), Stabiliser (Invertase)), Icing (8%) (Sugar, Glucose Syrup, Palm Oil, Water, Humectant: Glycerine (E422), Emulsifier (E471), Stabiliser (E466), Preservative (E202), Flavouring, Colour (E171)), Butter (MILK), Candied Mixed Citrus Peel (Orange Peel, Lemon Peel, Glucose Fructose Syrup, Salt, Acidity Regulator, Citric Acid), Cream Sherry (3%), Caramel Colour E150c, Black Treacle, Star Decoration ( Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan. Suitable for vegetarians.

Allergy Advice: For allergens see ingredients in CAPITALS

*Nutrition Information (Per 100g or 100ml)*

**Energy** 1385kJ / 329kcal

**Fat** 10.5g

**Saturates** 4.6g

**Carbohydrates** 54.1g

**Sugars** 52.3g

**Protein** 4.4g

**Salt** 0.2g

## **Cornish Artisan Confectionery – Caramel Sea Salt Crumbly Fudge**

**Ingredients:** Sugar, sweetened condensed milk (WHOLE MILK, sugar), butter (MILK), golden syrup, glucose, sea salt, caramel flavouring Made in a factory that handles egg, soya, nuts and peanuts.

**Nutrition Information (Per 100g or 100ml)**

**Energy** 1708kJ / 405kcal

**Fat** 11.5g

**Saturates** 7.3g

**Carbohydrates** 74.1g

**Sugars** 70.3g

**Protein** 1.3g

**Salt** 0.81g

### **Hawkshead Relish – Christmas Chutney**

**Ingredients:** apricot (28%), onion, acetic acid, sugar, orange, cranberry (4%), salt, ginger, garlic, coriander, cayenne. MAY CONTAIN TRACES OF FRUIT STONE

Allergy Advice: For allergens see ingredients in CAPITALS

*Nutrition Information (Per 100g or 100ml)*

**Energy** 180kcal

**Fat** 1.0g

**Saturates** 0.0g

**Carbohydrates** 37.0g

**Sugars** 36.0g

**Protein** 2.0g

**Salt** 2.0g

### **Elegant and English – Strawberries & Cream Biscuits**

**Ingredients:** WHEAT FLOUR, BUTTER (28%), Sugar, Whole MILK Powder, Strawberry Juice Concentrate (2%), Clotted Cream (1%) (MILK), Natural Flavouring, Lemon Juice Concentrate, Emulsifier (SOYA Lecithin), Raising Agent (Sodium Bicarbonate) Contains WHEAT, GLUTEN, NUTS, MILK, SOYA – NOT SUITABLE FOR NUT ALLERGY SUFFERERS

Allergy Advice: For allergens see ingredients in CAPITALS

**Nutrition Information (Per 100g or 100ml)**

**Energy** 513 Kcal

**Fat** 25.3g

**Saturates** 15.7g

**Carbohydrates** 68.6g

**Sugars** 21.2g

**Protein** 6.3g

**Salt** 0.6g

### **Forest Feast – Dark Chocolate Almonds**

**Ingredients:** Almonds (39%), Cocoa mass, sugar, cocoa butter, salt, Cocoa Powder, emulsifier (soya lecithin), natural flavouring. Dark chocolate contains 55% cocoa solids minimum. Also, NOT suitable for PEANUT, TREE NUT, MILK and SESAME SEED allergy sufferers.

Allergy Advice: For allergens see ingredients in CAPITALS

**Nutrition Information (Per 100g or 100ml)**

**Energy** 2356kJ / 566kcal

**Fat** 43.1g

**Saturates** 14.5g

**Carbohydrates** 30.9g

**Sugars** 28.1g  
**Protein** 11.8g  
**Salt** 0.72g

### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 468.2Kcal  
**Fat** 25.0g  
**Saturates** 2.2g  
**Carbohydrates** 54.1g  
**Sugars** 3.0g  
**Protein** 5.2g  
**Salt** 1.4g

### **Millers Toast - Cranberry & Raisin**

**Ingredients:** BUTTERMILK, WHEAT Flour, Dried Sweetened Cranberries (25%) (Cranberries, Sugar, Sunflower Oil), Pumpkin Seeds (17%), Raisins (13%), Soft Brown Sugar, Honey, Extra Virgin Olive Oil, Raising Agent (Sodium Bicarbonate), Sea Salt

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 466kcal  
**Fat** 10.7g  
**Saturates** 3.0g  
**Carbohydrates** 79.3g  
**Sugars** 30.4g  
**Protein** 10.2g  
**Salt** 1.7g

### **The Pea Green Boat - Original Cheese Sables**

**Ingredients:** Organic Scottish WHEAT Flour (GLUTEN, with added Calcium, Iron, Niacin, Thiamin), Scottish Mature Cheddar Cheese (MILK) (31%), Italian Parmigiano Reggiano Cheese (MILK, Salt, Rennet) (15%), Butter (Milk, Salt), Sea Salt, Garlic Powder.

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 2323kJ / 558kcal  
**Fat** 37.8g  
**Saturates** 24.6g  
**Carbohydrates** 35.7g  
**Sugars** 0.9g

**Protein** 17.7g

**Salt** 1.4g

### **Teoni's Cookies – Spiced Fingers**

**Ingredients:** WHEAT FLOUR (GLUTEN) [calcium carbonate, iron, niacin, (vit B3), thiamin (vit B1), BUTTER (MILK) (20%), oats (13%), golden syrup, bicarbonate of soda, mixed spice (1%). Made in a factory that handles nuts. Free from Hydrogenated fats.

Allergy Advice: For allergens see ingredients in CAPITALS

*Nutrition Information (Per 100g or 100ml)*

**Energy** 449kcal

**Fat** 17.4g

**Saturates** 7.8g

**Carbohydrates** 68.5g

**Sugars** 38.7g

**Protein** 5.5g

**Salt** 0.2mg

### **Mr Filberts – Mexican Sweet Chilli Mixed Nuts**

**Ingredients:** Roasted mixed nuts 94%, (PEANUTS, ALMONDS, CASHEWS), sugar, chipotle chilli, sea salt, garlic, rapeseed oil, black pepper, fennel, chilli powder. Allergens in bold. Suitable for Vegetarians and Vegans.

**Nutrition Information (Per 100g or 100ml)**

**Energy** 2449kJ / 591kcal

**Fat** 46g

**Saturates** 7.4g

**Carbohydrates** 14.4g

**Sugars** 8.3g

**Protein** 25.7g

**Salt** 0.7g

### **Willies Cacao – Milk Chocolate Sea Salt Caramel Pearls**

**Ingredients:** Raw cane sugar, cocoa mass, double cream (MILK), cocoa butter, MILK POWDER, glucose, butter (MILK), sea salt (0.3%). Allergy Advice: For allergens see ingredients in CAPITALS

**Nutrition Information (Per 100g or 100ml)**

**Energy** 2213kJ / 532 kcal

**Fat** 36.4g

**Saturates** 22.0g

**Carbohydrates** 43.7g

**Sugars** 39.5g

**Protein** 5.9g

**Salt** 0.5g

**L'Avenir - Horizon Pinotage**

**Ingredients:** Contains sulphites.

**L'Avenir Horizon Chenin Blanc**

**Ingredients:** Contains sulphites