

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Abbey Biscuits Chocolate Brownie Twin Pack 30g
Manufacturer's Name and Address	Abbey Food (Northwest) Ltd, Unit 7 Grove Road Industrial Estate, Grove Road, Stoke-on-Trent, Staffordshire, United Kingdom, ST4 4LG
Supplier Name and Address	Abbey Foods (Northwest) Ltd, Unit 7 Grove Road Industrial Estate, Grove Road, Stoke-on-Trent, Staffordshire, United Kingdom, ST4 4LG
Ingredients	Sugar, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Nicotinamide, Vitamin B1), Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt (2.1%), Emulsifier: Polyglycerol Esters of Fatty Acids, Colours: Curcumin, Annatto, Flavouring), 100% Wholegrain OAT flakes, Coconut (Desiccated Coconut, SULPHUR DIOXIDE), Chocolate Chip Pieces (Sugar 58.5%, Cocoa Mass 33%, Cocoa Butter 8%, Emulsifier: SOYA Lecithin<1%, Natural Vanilla Flavouring ><1%), Cocoa Powder (Cocoa Beans, Potassium Carbonate), Partially Inverted Refiners Syrup, Bicarbonate Of Soda, Water,

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Egg Milk Tree Nuts Peanuts Mustard Sesame
Country of Origin	United Kingdom
Storage Instructions	Once opened, keep in an airtight container and consume within 30 days
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	512	Energy (kcal)	2140	Salt	0.895
Fat	26.1	of which saturates	11.82		
Carbohydrate	63.87	of which sugars	29.5		
Fibre	0.5	Protein	5.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Sugar n Spice Luxurious Fruity Flapjack Bar 70g
Manufacturer's Name and Address	Ashbourne Foods Ltd, Blackfriars Bakery, 185 Gloucester Crescent, Wigston, Leicester, Leicestershire, United Kingdom, LE18 4YH
Supplier Name and Address	Ashbourne Foods Ltd, 185 Gloucester Crescent, Wigston, Leicester, Leicestershire, UK, LE18 4YH
Ingredients	OATS , Partially Inverted Sugar Syrup, Salted Butter (15%) (Butter (MILK), Salt), Brown Sugar, Sultanas (6%) (Sultanas, Sunflower Oil), Apricots (5%) (Apricots, Rice Flour, Preservative (SULPHUR DIOXIDE)), Sweetened Dried Cranberries (3%) (Cranberries, Sugar, Sunflower Oil), Sweetened Condensed MILK (MILK , Sugar).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Eggs Tree Nuts Peanuts Sesame Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of sunlight. Do not refrigerate.
Instructions for use	RTE
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1688	Energy (kcal)	402	Salt	0.42
Fat	16	of which saturates	9		
Carbohydrate	64	of which sugars	33		
Fibre	5.8	Protein	5.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Indie Bay Crunchy Pretzels Rock Salt Oven Baked Spelt Bites 26g
Manufacturer's Name and Address	Indie Bay Snacks, Westbourne Studios, 242 Acklam Road, London, UK, W10 5JJ
Supplier Name and Address	Indie Bay Snacks, Westbourne Studios, 242 Acklam Road, London, UK, W10 5JJ
Ingredients	SPELT flour (49%), WHEAT flour (49%), sunflower oil, salt, BARLEY malt extract, yeast,

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Sesame Soybeans
Country of Origin	Switzerland
Storage Instructions	Store in a cool, dry place
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1616	Energy (kcal)	382	Salt	2.2
Fat	4.4	of which saturates	0.6		
Carbohydrate	71	of which sugars	3.7		
Fibre	3.1	Protein	13		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Oloves Lemon & Rosemary Natural Green Pitted Olives 30g
Manufacturer's Name and Address	Brand Stand Limited T/A OLOVES, Unit 2-3 Downsbrook Trading Estate, Southdownview Way, Worthing, West Sussex, United Kingdom, BN14 8NQ
Supplier Name and Address	Brand Stand Ltd T/a OLOVES, Unit 2-3 Downsbrook Trading Estate, Southdownview Way, Worthing, West Sussex, United Kingdom, BN14 8NQ
Ingredients	Green olives pitted (95%), sunflower oil, lemon oil (0.5%), garlic powder, rosemary 0.2%

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Greece
Storage Instructions	Ambient
Instructions for use	Each packet: once opened refrigerate and consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	590	Energy (kcal)	141	Salt	4.0
Fat	14.1	of which saturates	2.3		
Carbohydrate	0.8	of which sugars	<0.1		
Fibre	3.0	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Yummycomb Honeycomb Bar Smothered in Sea Salted Caramel Belgian Milk Chocolate Bar 35g
Manufacturer's Name and Address	John Bull Confectioners, Unit 1, Lancaster Road, Carnaby Ind Estate, Bridlington, East Riding of Yorkshire, United Kingdom, YO15 3QY
Supplier Name and Address	Yummycomb, 59 Highfield Road, Bubwith, SELBY, County (Optional), United Kingdom, YO8 6LZ
Ingredients	Sugar, Milk Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier: SOYA Lecithin E322, Natural Vanilla Flavour. Contains: 33.6% Cocoa Solids Min, 20.8% Milk Solids Min) 39%, Glucose Syrup, Raising Agent: Bicarbonate of Soda, Flavour, Sea Salt 0.5%

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1879	Energy (kcal)	445	Salt	1.8
Fat	14.1	of which saturates	8.5		
Carbohydrate	76.3	of which sugars	69.9		
Fibre	0.8	Protein	2.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	The Dormen Salt & Cider Vinegar Peanuts 50g
Manufacturer's Name and Address	Dormen Foods limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Supplier Name and Address	Dormen Foods Limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Ingredients	PEANUTS (94%), Salt & Vinegar Seasoning 4% (sea salt, cider vinegar powder, sugar, acid (citric acid, malt vinegar powder (BARLEY), malic acid), colour (caramel), yeast extract powder, turmeric extract), Rapeseed Oil.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Milk Tree Nuts Sesame Soybeans
Country of Origin	UK
Storage Instructions	once opened consume within 5 days if kept in an airtight container
Instructions for use	None
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2303	Energy (kcal)	555	Salt	1.86
Fat	45	of which saturates	8.3		
Carbohydrate	13	of which sugars	6.3		
Fibre	5.8	Protein	24		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Popcorn Shed Salted Caramel Snack Pack 24g
Manufacturer's Name and Address	Honestly Made Ltd, Unit 5 Globe Business Park, First Avenue, Marlow, Buckinghamshire, United Kingdom, SL7 1YA
Supplier Name and Address	Popcorn Shed, 30 City Road, London, EC1Y 2AB
Ingredients	Popped Corn (23%), Sugar, Butter (contains MILK), MILK Chocolate (15%) (contains: Sugar, Cocoa Butter, Whole MILK powder, Cocoa Mass, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring), Glucose Syrup, Golden Syrup, Rapeseed Oil, Sea Salt (1%), Natural Flavouring. Emulsifier: SOYA Lecithin. Raising agent: bicarbonate of soda.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	Once opened, re-seal bag to ensure freshness
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2082	Energy (kcal)	498	Salt	1.1
Fat	24.5	of which saturates	14.9		
Carbohydrate	61.7	of which sugars	42.6		
Fibre	0	Protein	4.2		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	The Dormen Moments Pineapple Fruit Snacks 40g
Manufacturer's Name and Address	Dormen Foods Limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Supplier Name and Address	Dormen Foods Limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Ingredients	Fruit (86%), [apple, pineapple (juice & purée concentrate), Crisped Rice (7%), Rice Flour, Rice Starch, Sunflower Oil, Gelling Agent (pectin), Citrus Fibre, Natural Flavouring (pineapple).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Soybeans
Country of Origin	UK
Storage Instructions	Ambiant - Store in a cool dry place away from sunlight
Instructions for use	None
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1520	Energy (kcal)	360	Salt	0.1
Fat	4.6	of which saturates	0.6		
Carbohydrate	73	of which sugars	58		
Fibre	5.8	Protein	2.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		