ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Proudly Vegan Sauvignon Blanc 75cl
Manufacturer's Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk,
	United Kingdom, NR10 4BG
Supplier Name and Address	Broadland Drinks Ltd, The New Winery Chapel St Cawston, NORWICH, Norfolk,
	United Kingdom, NR10 4BG
Ingredients	Grapes (Contains Sulphites)

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No			
Eggs	No	Fish	No	Lupin	No			
Milk	No	Molluscs	No	Mustard	No			
Tree Nuts	No	Peanuts	No	Sesame	No			
Soybeans	No	Sulphites/Sulphur Dioxide	Yes					
May contain statements								
Country of Origin	Chile							
Storage Instructions	from 5°C	rom 5°C to 20 °C away from direct light						
Instructions for use	N/A	A						
Alcoholic Strength	12.5							

Energy (kj)	0	Energy (kcal)		0	Salt	0
Fat	0	of which satu	irates	0		
Carbohydrate	0	of which suga	ars	0		
Fibre	0	Protein		0		
Suitable for vegetari	ians	Yes	Suita	ble for ve	gans	Yes
Suitable for gluten a	llergy sufferers	Yes	Suita	Suitable for wheat allergy sufferers		Yes
Suitable for dairy all	ergy sufferers	Yes	Suita	Suitable for soya allergy sufferers		Yes
Suitable for nut aller	rgy sufferers	Yes	Suita	Suitable for egg allergy sufferers		Yes
Free from alcohol		No	Free	from artif	icial colours	Yes
Free from artificial f	lavours	Yes				

Name of Product	Easy Bean Red Lentil & Poppy Seed Crackers 160g
Manufacturer's Name and Address	Easy Bean Limited, 1 Mudford Business Park, Mudford, Yeovil, Somerset, United Kingdom, BA21 5TF
Supplier Name and Address	Easy Bean Ltd, 1 Mudford Business Park, Mudford, Yeovil, Somerset, United Kingdom, BA21 5TF
Ingredients	Red lentil flour 33%, water, rice flour, rapeseed oil, maize flour, OATmeal (GLUTEN- free), blue poppy seed 2%, sea salt

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No	
Eggs	No	Fish	No	Lupin	No	
Milk	No	Molluscs	No	Mustard	No	
Tree Nuts	No	Peanuts	No	Sesame	No	
Soybeans	No	Sulphites/Sulphur Dioxide	No			
May contain statements	Tree Nu	its Peanuts Sesame				
Country of Origin	United Kingd	lom				
Storage Instructions	Store in an airtight container after opening. Best kept in a cool dry place away from sunlight.					
Instructions for use	n/a					
Alcoholic Strength	0					

Energy (kj)	1962	Energy (kcal)		470	Salt	1.2
Fat	22.1	of which satura	ates	1.7		
Carbohydrate	56.4	of which sugar	S	0.9		
Fibre	4.1	Protein		11.2		
Suitable for vegetaria	ns	Yes	Suitab	le for veg	ans	Yes
Suitable for gluten allergy sufferers		Yes Suitab		le for whe	eat allergy sufferers	Yes

Free from artificial flavours	Yes		
Free from alcohol	Yes	Free from artificial colours	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes

Name of Product	Fairfields Farm Crisps Sea Salt & Aspall Cyder Vinegar 150g
Manufacturer's Name and Address	Robert Strathern, Fairfields Farm, Colchester, Essex, UK, CO6 3AQ
Supplier Name and Address	Fairfields Farm Produce Ltd, Fairfields Farm, Fordham, Colchester, Essex, CO6 3AQ
Ingredients	Potatoes, Sunflower Oil, Sea Salt, Rice Flour, Aspall Cider vinegar powder, Sherry vinegar powder, Wheat maltodextrin, Acid: Citric Acid.

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No		
Eggs	No	Fish	No	Lupin	No		
Milk	No	Molluscs	No	Mustard	No		
Tree Nuts	No	Peanuts	No	Sesame	No		
Soybeans	No	Sulphites/Sulphur Dioxide	No				
May contain statements							
Country of Origin	UK						
Storage Instructions	Cool, dry & out of direct sunlight.						
Instructions for use	Ready to	Ready to eat					
Alcoholic Strength	0	0					

Energy (kj)	2095	Energy (kcal)		502	Salt	1.63
Fat	28.3	of which satura	ates	4.2		
Carbohydrate	57	of which sugars	S	0		
Fibre	4.7	Protein		7.1		
Suitable for vegetaria	ns	Yes	Suitab	le for veg	ans	Yes
Suitable for gluten all	ergy sufferers	Yes	Suitab	Suitable for wheat allergy sufferers		Yes
Suitable for dairy alle	rgy sufferers	Yes	Suitab	Suitable for soya allergy sufferers		Yes
Suitable for nut allerg	y sufferers	ers Yes		Suitable for egg allergy sufferers		Yes
Free from alcohol		Yes	Free fi	om artifi	cial colours	Yes
Free from artificial fla	vours	Yes				

Name of Product	Joe & Seph's Vegan Toffee Apple & Cinnamon Gourmet Popcorn 32g
Manufacturer's Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Supplier Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Ingredients	Corn, Sugar, Spring Water, Extra Virgin Olive Oil, Apple Pieces (3%) {Concentrated Apple Puree, Concentrated Lemon Juice, Fructose, Glucose Syrup, Gelling Agent: Pectin}, Gluten Free OATS (3%), Glucose Syrup, Cinnamon, Sea Salt, Natural Apple Flavour, Cold Pressed Sunflower Oil

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No		
Eggs	No	Fish	No	Lupin	No		
Milk	No	Molluscs	No	Mustard	No		
Tree Nuts	No	Peanuts	No	Sesame	No		
Soybeans	No	Sulphites/Sulphur Dioxide	No				
May contain statements	Tree	Nuts Peanuts Sesame					
Country of Origin	United Kir	Jnited Kingdom					
Storage Instructions	Store in a cool,dry, dark place						
Instructions for use	Once oper	Once open, consume within five days.					
Alcoholic Strength	0	 }					

Energy (kj)	1249	Energy (kcal)		297 Salt		0.8
Fat	7.8	of which satura	ites	1.1		
Carbohydrate	57.4	of which sugars	5	34.8		
Fibre	4.3	Protein		3.5		
Suitable for vegetari	itable for vegetarians		es Suitab		ans	Yes
Suitable for gluten allergy sufferers		Yes	Suital	Suitable for wheat allergy sufferers		Yes
Suitable for dairy all	Suitable for dairy allergy sufferers Yes		Suital	Suitable for soya allergy sufferers		Yes
Suitable for nut allergy sufferers No		No	Suital	Suitable for egg allergy sufferers		Yes
Free from alcohol Yes		Free	from artific	ial colours	Yes	
Free from artificial flavours		/es				

Name of Product	Melting Pot Vegan Handmade Fudge Madagascar Vanilla 90g
Manufacturer's Name and Address	Melting Pot Fudge, 2 cairnburn cres, Belfast, antrim, northern ireland, BT4 1BT
Supplier Name and Address	Melting Pot Fudge Ltd, 2 cairnburn crescent, Belfast, Antrim, BT4 1BT
-	sugar, rice drink (12%)(sunflower oil, sea salt), cocoa butter, golden syrup, glucose syrup, brown sugar, Madagascan vanilla extract, cocoa powder, salt.

Celery No		Cereals containing gluten namely wheat		Crustaceans	No		
Eggs	No	Fish	No	Lupin	No		
Milk	No	Molluscs	No	Mustard	No		
Tree Nuts	No	Peanuts	No	Sesame	No		
Soybeans	No	Sulphites/Sulphur Dioxide	No				
May contain statements	Milk T	ree Nuts Peanuts Soybeans					
Country of Origin	northern ir	eland					
Storage Instructions	ambient	ambient					
Instructions for use	n/a						
Alcoholic Strength	0						

Energy (kj)	1498	Energy (kcal)	358	3	Salt		0.16
Fat	4.6	of which saturate	s 2.6				
Carbohydrate	77	of which sugars	73				
Fibre	0	Protein	0.7				
Suitable for vegetaria	ins	Yes	Suitable fo	Suitable for vegans		Yes	
Suitable for gluten all	ergy sufferers	sufferers Yes		Suitable for wheat allergy sufferers		Yes	
Suitable for dairy alle	rgy sufferers	erers No		Suitable for soya allergy sufferers		No	
Suitable for nut allerg	gy sufferers	fferers No		Suitable for egg allergy sufferers		Yes	
Free from alcohol		Yes		artificial	colours	Yes	
Free from artificial flavours		Yes					

Name of Product	Clarence & Bean Vegan Dark Chocolate Hot Chocolate Stirrer 45g
Manufacturer's Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Ingredients	Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring)

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No		
Eggs	No	Fish	No	Lupin	No		
Milk	No	Molluscs	No	Mustard	No		
Tree Nuts	No	Peanuts	No	Sesame	No		
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		ı		
May contain statements	Milk T	ree Nuts Peanuts					
Country of Origin	United Kin	gdom					
Storage Instructions	Store in a d	Store in a cool dry place, away from direct sunlight					
Instructions for use	n/a	ı/a					
Alcoholic Strength	0						

Energy (kj)	2117	Energy	(kcal)	507	Salt	0.2
Fat	28.5	of which	n saturates	16.9		
Carbohydrate	55	of which	n sugars	51.6		
Fibre	0	Protein		4.6		
Suitable for vegetari	for vegetarians Yes Su			Suitable for vega	ins	Yes

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Suitable for gluten allergy sufferers/celiac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	GNAW Pecan Pie Oat Mylk Bar 100g
Manufacturer's Name and Address	Gnaw Chocolate Ltd, Unit 6, 55-59 Whiffler Road, Whiffler Road Industrial Estate, Norwich, Norfolk, United Kingdom, NR3 2AW
Supplier Name and Address	Gnaw Chocolate Ltd, Unit 6, 55-59 Whiffler Road, Whiffler Road Industrial Estate, Norwich, Norfolk, United Kingdom, NR3 2AW
Ingredients	Sugar, Cocoa Butter, Dried OAT powder, Cocoa Mass, Caramel Crisp (sugar, glucose syrup, coconut oil, natural flavour, natural colour (caramelised sugar syrup) emulsifier (sunflower lecithin)), Nibbed PECANS (NUTS), Dried Rice Powder, Emulsifier (sunflower lecithin), Flavouring (natural vanilla). OAT chocolate contains cocoa solids 43% min.

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No		
Eggs	No	Fish	No	Lupin	No		
Milk	No	Molluscs	No	Mustard	No		
Tree Nuts	Yes	Peanuts	No	Sesame	No		
Soybeans	No	Sulphites/Sulphur Dioxide	No				
May contain statements	Cereals con	taining gluten namely wheat	Milk Pea	nuts Soybeans			
Country of Origin	United King	dom					
Storage Instructions	Keep dry an	Keep dry and away from direct sunlight and florescent lights					
Instructions for use	N/A	V/A					
Alcoholic Strength	0						

Energy (kj)	2332	Ene	Energy (kcal)		558	Salt	0
Fat	36	of which saturates		19			
Carbohydrate	55	of which sugars		39			
Fibre	0	Protein		4			
Suitable for vegetarians		Yes	Suitab	Suitable for vegans		Yes	
Suitable for gluten allergy sufferers/celiac		No	Suitab	Suitable for wheat allergy sufferers		No	
Suitable for dairy all	Suitable for dairy allergy sufferers		No	Suitab	Suitable for soya allergy sufferers		No
Suitable for nut allergy sufferers		No	Suitab	Suitable for egg allergy sufferers		Yes	
Free from alcohol		Yes	Free f	Free from artificial colours		Yes	
Free from artificial flavours		Yes	<u>u</u>				

Name of Product	Mr Filbert's Lemon & Oregano Olive Snack 50g
Manufacturer's Name and Address	Filberts Fine Foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	Pitted Green Olives 93%, Salt, Lemon juice 2%, Extra Virgin Olive oil, Oregano 0.2%, Garlic, Coriander, Lemon Peel 0.1%

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		
May contain statements					
Country of Origin	Greece				
Storage Instructions	Ambinet				
Instructions for use	Snack Oliv	es			
Alcoholic Strength	0				

Energy (kj)	440	Energy (kcal)			107	Salt		3
Fat	9.5	of which saturates		5	2.4			
Carbohydrate	2.9	of which sugars			0.1			
Fibre	2.5	Protein			1.1			
Suitable for vegetarians			Yes	Suitab	Suitable for vegans			
Suitable for gluten allergy sufferers/celiac			Yes	Suitab	Suitable for wheat allergy sufferers			
Suitable for dairy allergy su	ufferers		Yes	Suitab	Suitable for soya allergy sufferers			
Suitable for nut allergy sufferers			Yes	Suitab	Suitable for egg allergy sufferers			
Free from alcohol			Yes	Free from artificial colours		Yes		
Free from artificial flavours			Yes					

Name of Product	ChicP Velvet Hummus in Pouch 150g
Manufacturer's Name and Address	Gama Foods, 84 Goodwin Road, Edmonton, London, United Kingdom, N9 OBJ
Supplier Name and Address	ChicP, Tada & Toy, 341 Portobello Road, London, United Kingdom, W10 5SA
Ingredients	chickpeas, tahini (SESAME), rapeseed oil, lemon concentrate, vinegar, water, salt & pepper

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No			
Eggs	No	Fish	No	Lupin	No			
Milk	No	Molluscs	No	Mustard	No			
Tree Nuts	No	Peanuts	No	Sesame	Yes			
Soybeans	No	Sulphites/Sulphur Dioxide	No					
May contain statements								
Country of Origin	United Kir	ngdom						
Storage Instructions	Store at room temperature							
Instructions for use	Tear oper	Tear open pouch to open, once open store in fridge						
Alcoholic Strength	0							

Energy (kj)	1464	Energy (kcal)			354	Salt	1.1
Fat	28	of which saturates			3.1		
Carbohydrate	14	of which sugars			0.1		
Fibre	8.8	Protein			7.8		
Suitable for vegetarians			Yes	Suital	ole for veg	Yes	
Suitable for gluten al	lergy sufferers/	celiac	Yes	Suital	ole for wh	Yes	
Suitable for dairy alle	ergy sufferers		Yes	Suital	ole for soy	Yes	
Suitable for nut allergy sufferers			Yes	Suital	ole for egg	Yes	
Free from alcohol			Yes	Free f	Free from artificial colours		Yes
Free from artificial flavours			Yes	<u>L</u>			

Name of Product	The Dormen Salted Cashews 40g
Manufacturer's Name and Address	Dormen Foods Limited, Unit 10 Dunbeath Court Elgin Industrial Estate, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Supplier Name and Address	Dormen Foods Limited, Unit 10 Dunbeath Court Elgin Industrial Estate, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Ingredients	CASHEWS (NUTS) 97%, rapeseed oil, salt.

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No			
Eggs	No	Fish	No	Lupin	No			
Milk	No	Molluscs	No	Mustard	No			
Tree Nuts	Yes	Peanuts	No	Sesame	No			
Soybeans	No	Sulphites/Sulphur Dioxide	No		i			
May contain statements	Cereals co	ontaining gluten namely wheat	Milk P	eanuts Sesame Soybean	S			
Country of Origin	United Kir	gdom						
Storage Instructions	Store in a	store in a cool dry place						
Instructions for use	None							
Alcoholic Strength	0							

Energy (kj)	2574	Ene	Energy (kcal)		622	Salt	0.16
Fat	52	of which saturates of which sugars Protein			8.7		I
Carbohydrate	13				5.5		
Fibre	9.3				22		
Suitable for vegetarians			Yes	Suitab	Suitable for vegans		Yes
Suitable for gluten a	llergy sufferers/	celiac	No	Suitab	le for whe	No	
Suitable for dairy all	ergy sufferers		No	Suitab	le for soy	No	
Suitable for nut allergy sufferers			No	Suitab	le for egg	Yes	
Free from alcohol			Yes	Free f	Free from artificial colours		Yes
Free from artificial flavours			Yes				

Name of Product	Mighty Fine Vegan Salted Caramel Chocolate Honeycomb Dips 90g
Manufacturer's Name and Address	The Serious Sweet Company, Unit H2, Fourth Avenue, Hornbeam Park, Harrogate, North Yorkshire, UK, HG2 8QT
Supplier Name and Address	Mighty Fine Honeycomb c/o The Serious Sweet Co Ltd, Unit H2, Fourth Avenue, Hornbeam Park, Harrogate, North Yorkshire, HG2 8QT
Ingredients	Caramel Flavour Chocolate (36%) (Sugar, Cocoa Butter, Dried OAT Powder, Cocoa Mass, Dried Rice Powder, Emulsifier: Lecithins, Flavourings), Sugar, Glucose Syrup, Raising agent: Sodium Bicarbonate, Salt.

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No			
Eggs	No	Fish	No	Lupin	No			
Milk	No	Molluscs	No	Mustard	No			
Tree Nuts	No	Peanuts	No	Sesame	No			
Soybeans	No	Sulphites/Sulphur Dioxide	No		i			
May contain statements	Milk T	ree Nuts Peanuts						
Country of Origin	UK							
Storage Instructions	Store in a o	Store in a cool, dry place, away from sunlight.						
Instructions for use	Ready to e	Ready to eat						
Alcoholic Strength	0							

Energy (kj)	1901	Energy (kcal)			451	Salt	0.7
Fat	13.5	of which saturates			8		
Carbohydrate	80.5	of which sugars			59.5		
Fibre	0.5	Protein 1			1.9		
Suitable for vegetarians			Yes	Suitab	le for veg	Yes	
Suitable for gluten alle	ergy sufferers/	celiac	No	Suitab	le for whe	No	
Suitable for dairy aller	gy sufferers		No	Suitab	le for soya	Yes	
Suitable for nut allergy sufferers			No	Suitab	le for egg	Yes	
Free from alcohol			Yes	Free f	Free from artificial colours		Yes
Free from artificial flavours			Yes				