

### **L'Avenir - Horizon Pinotage**

**Ingredients:** Contains sulphites.

### **Shropshire Spice Co – Traditional Mulled Wine Spice**

**Ingredients:** cinnamon, dried lemon peel, dried orange peel, nutmeg allspice, cloves

### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 468.2Kcal

**Fat** 25.0g

**Saturates** 2.2g

**Carbohydrates** 54.1g

**Sugars** 3.0g

**Protein** 5.2g

**Salt** 1.4g

### **The Original Cake Company – Iced Christmas Cake**

**Ingredients:** Sultanas (48%), Sugar, EGG, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Marzipan (8%) ( Sugar, ALMONDS (NUTS), Corn Syrup, Water, Sorbitol (E420), Preservative E202, Thickener (E401), Stabiliser (Invertase)), Icing (8%) (Sugar, Glucose Syrup, Palm Oil, Water, Humectant: Glycerine (E422), Emulsifier (E471), Stabiliser (E466), Preservative (E202), Flavouring, Colour (E171)), Butter (MILK), Candied Mixed Citrus Peel (Orange Peel, Lemon Peel, Glucose Fructose Syrup, Salt, Acidity Regulator, Citric Acid), Cream Sherry (3%), Caramel Colour E150c, Black Treacle, Star Decoration ( Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan. Suitable for vegetarians.

Allergy Advice: For allergens see ingredients in CAPITALS

#### *Nutrition Information (Per 100g or 100ml)*

**Energy** 1385kJ / 329kcal

**Fat** 10.5g

**Saturates** 4.6g

**Carbohydrates** 54.1g

**Sugars** 52.3g

**Protein** 4.4g

**Salt** 0.2g

### **Teoni's Cookies – Spiced Fingers**

**Ingredients:** WHEAT FLOUR (GLUTEN) [calcium carbonate, iron, niacin, (vit B3), thiamin (vit B1), BUTTER (MILK) (20%), oats (13%), golden syrup, bicarbonate of soda, mixed spice (1%). Made in factory that handles nuts. Free from Hydrogenated fats.

Allergy Advice: For allergens see ingredients in CAPITALS

*Nutrition Information (Per 100g or 100ml)*

**Energy** 449kcal

**Fat** 17.4g

**Saturates** 7.8g

**Carbohydrates** 68.5g

**Sugars** 38.7g

**Protein** 5.5g

**Salt** 0.2mg

### **Love Corn – Love Corn Sea Salt**

**Ingredients:** Corn, sunflower oil, sea salt

Allergy Advice: For allergens see ingredients in CAPITALS

**Nutrition Information (Per 100g or 100ml)**

**Energy** 823kJ/196Kcal

**Fat** 6.0g

**Saturates** 0.6

**Carbohydrates** 29.7g

**Sugars** 0.3

**Protein** 3.3g

**Salt** 0.7g

### **Millers Toast – Cranberry & Raisin**

**Ingredients:** BUTTERMILK, WHEAT Flour, Dried Sweetened Cranberries (25%) (Cranberries, Sugar, Sunflower Oil), Pumpkin Seeds (17%), Raisins (13%), Soft Brown Sugar, Honey, Extra Virgin Olive Oil, Raising Agent (Sodium Bicarbonate), Sea Salt

**Nutrition Information (Per 100g or 100ml)**

**Energy** 466kcal

**Fat** 10.7g

**Saturates** 3.0g

**Carbohydrates** 79.3g

**Sugars** 30.4g

**Protein** 10.2g

**Salt** 1.7g

### **Grate Britain - Smoked Cheese Biscuits**

**Ingredients:** WHEAT flour, Smoked Dorset Red Cheddar, (37%), (MILK) (with colour: Anatto), Butter (15%), (MILK, Salt), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sea Salt, Ground Black Pepper, Ground Nutmeg.

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 2141 kJ / 512 kcal

**Fat** 29.9g

**Saturates** 16.4g

**Carbohydrates** 46.8g

**Sugars** 0.5g

**Protein** 16.8g

**Salt** 2.2g

### **Mr Filberts - Mexican Sweet Chilli Mixed Nuts**

**Ingredients:** Roasted mixed nuts 94%, (PEANUTS, ALMONDS, CASHEWS), sugar, chipotle chilli, sea salt, garlic, rapeseed oil, black pepper, fennel, chilli powder. Allergens in bold. Suitable for Vegetarians and Vegans.

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 2449kJ / 591kcal

**Fat** 46g

**Saturates** 7.4g

**Carbohydrates** 14.4g

**Sugars** 8.3g

**Protein** 25.7g

**Salt** 0.7g