

# MONTPELLIER GIFT HAMPER CONTENTS INGREDIENTS

Arden's, Cheddar Cheese Twists, 125g

**Cheddar cheese puff pastry twists**  
 Ingredients: Wheat Flour, BUTTER (MILK) (28%), CHEDDAR CHEESE (MILK) (10%), MILK Salt, Skimmed Milk Powder, Salt, Yeast, Barley Malt Flour, Sugar.  
 Allergy Advice: For allergens, including cereals containing gluten, see ingredients in bold.

Store in a cool dry place.  
 Best Before End: see top of pack.

Nutritionals	Per 100g	Per Twist Approx (8g)
Energy	2176kJ / 509kcal	176kJ / 41kcal
Fat	27.5g	2.2g
of which saturates	17.5g	1.4g
Carbohydrate	50.8g	4.1g
of which sugars	3.3g	0.3g
Fibre	3.2g	0.3g
Protein	13.0g	1.0g
Salt	1.63g	0.13g

1 serving = 8g (approx).  
 This pack contains 16 servings (approx).

**125g e**

Brilliantly baked for  
 Arden Fine Foods UK LTD,  
 10 Banner Park,  
 Coventry, CV4 9TA

Yorkshire Popcorn, Salt & Sweet Popcorn, 40g

**Salt & Sweet Popcorn**


Ingredients: Popped Corn Kernels, Rapeseed Oil, Sugar (Demerara Sugar 50%, White Sugar 50%), Sea Salt

For allergens see ingredients in **bold**.

Suitable for Vegetarians  
 No artificial flavours or colours  
 May contain unpopped kernels & sugar crystals

**40 grams e** Consume once opened

YORKSHIRE POPCORN produced by YORKSHIRE CRISPS



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STORE IN A COOL DRY PLACE

Border Biscuits, Light & Chocolatey Viennese Whirls, 150g

Ingredients: Wheat Flour (Calcium, Iron, Niacin, Thiamin), Milk Chocolate (22%) (Sugar, Cocoa Mass, Cocoa Butter, Whole Milk Powder, Whey (Milk) Powder, Lactose, Emulsifier: Soya Lecithin), Sugar, Vegetable Oil (Palm, Rapeseed), Butter, Cornflour, Skimmed Milk Powder, Free Range Whole Egg Powder, Natural Flavouring, Raising Agents (Disodium Diphosphate, Sodium Carbonate), Salt.

Allergy Advice: For allergens, including cereals containing gluten, see ingredients in **bold**. Also, may contain traces of nut and sesame seeds.

Nutritional Information/UK&EU Typical Values		Per 100g	Per biscuit
Energy	kcal	501	85
	kJ	2094	355
Fat		29.0g	4.9g
of which saturates		10.1g	1.7g
Carbohydrate		54.9g	9.3g
of which sugars		28.8g	4.9g
Protein		4.5g	0.8g
Salt		0.5g	0.1g

**PLEASE RECYCLE THE CARD**

**150g e** Suitable for Vegetarians

We are happy to declare that the palm oil contained within the ingredients we use is certified as sustainable.

Cotswold Gourmet, Milk Chocolate Pudding Bar, 100g

**MILK & WHITE CHOCOLATE WITH FRUITS**

Ingredients: Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Golden Syrup, Raisins, Non Hydrogenated Sunflower Oil, SULPHUR DIOXIDE, Raisins (Cottonseed Oil), Cranberries (Cane Sugar, Sunflower Oil), Emulsifier: SOYA Lecithin (E322), Natural Vanilla Flavouring.

Milk Chocolate (Minimum 33.5% Cocoa Solids, 22% Milk Solids)

White Chocolate (Minimum 28% Cocoa Solids, 28% Milk Solids)

Allergen Information: For allergens including cereals containing gluten, see ingredients in **BOLD CAPITALS**.

Made on equipment that also processes: Tree Nuts, Peanuts, Egg, Sesame, Wheat & Gluten.

**100g**

Nutritional Information/100g	
Energy	2288KJ / 546Kcal
Fat	39.5g
of which Saturates	20.5g
Carbohydrates	58.8g
of which Sugars	51.2g
Protein	5.5g
Salt	0.15g

Buttermilk, Caramel & Sea Salt Butter Fudge, 150g

Ingredients: sugar, sweetened condensed milk (whole milk, sugar), salted butter (milk, salt), golden syrup, glucose syrup, sea salt (0.5%), natural caramel flavouring.

TYPICAL VALUES	PER 100g	PER 30g SERVING
ENERGY (kJ)	1708	512
ENERGY (kcal)	405	122
FAT (g)	11.5	3.5
of which SATURATES (g)	7.3	2.2
CARBOHYDRATES (g)	74.1	22.2
of which SUGARS (g)	70.3	21.1
PROTEIN (g)	1.3	0.4
SALT (g)	0.81	0.24

This pack contains approx. 5 servings.