Name of Product	Yorkshire Parkin
Ingredients	Oatmeal, (21%), Brown sugar, Partially Inverted syrup, Milk, Wheat flour
	(Wheat fortified with Calcium Carbonate, Iron, Niacin Thiamine), margarine (Vegetable Oils, (Rapeseed Oil, Palm Oil in various proportions, RSPO
	SOURCED) water, salt, Emulsifier Polyglycerol esters of fatty acids, colours
	Curcumin, Annatto, Flavourings.) Black treacle, (2%), Ginger, Raising Agent Sodium Bicarbonate.
	Allergens shown in BOLD
	Please be aware we handle nuts in the bakery

Nutrition Labelling-Typical value Per 100g/100ml

Energy (kj)	1563kj	Energy (kcal)	371kcal	
Fat	9.9g	of which saturates	4.2g	
Carbohydrate	65.6g	of which sugars	43.7g	
Salt	0.5g	Protein	4.7g	

Name of Product	Yorkshire Parkin Biscuits
Ingredients	Wheat flour (Wheat flour fortified with Calcium Carbonate, Iron, Niacin and Thiamine), (27%) Demerara sugar (27%), Oatmeal (12.4%), Margarine, (vegetable oils (rapeseed and palm oil in various proportions (RSPO SOURCED), Water, salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colours (curcumin, annatto) Flavourings, Oatmeal (12.4%) OATS, partially inverted syrup (11%), Black Treacle (3%), Free Range Egg (3%), Bicarbonate of Soda(1.5%) Ginger (1.5%), Raising Agents; Sodium Bicarbonate (1.5%). Allergens shown in BOLD Please be aware we handle nuts in the bakery

Nutrition Labelling-Typical value Per 100g/100ml

Energy (kj)	1851kj	Energy (kcal)	439kcal
Fat	14.3g	of which saturates	4.8g
Carbohydrate	73.9g	of which sugars	41.5g
Fibre	2.4g	Protein	4.9g
Salt	1.89g		

Name of Product	Traditional Oat Flapjack
Supplier Name and Address	Lottie Shaw's, Unit 1, Thornhill Beck Lane, Brighouse, West Yorkshire, HD6 4AH
Ingredients	Rolled Oats (43.4%) Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions (RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavouring, Demerara sugar, Butter flavour, (Preservative, Sulphur dioxide, Sulphites). Allergens shown in BOLD Please be aware we handle nuts in the bakery

Nutrition Labelling-Typical value Per 100g/100ml

Energy (kj)	1842kj	Energy (kcal)	439kcal
Fat	20.2g	of which saturates	6.5g
Carbohydrate	61.1g	of which sugars	34.2g
Salt	0.6g	Protein	5.2g

Name of Product	Chocolate Chip Flapjack
Ingredients	Rolled Oats (43%), Partially Inverted Syrup, Margarine (Vegetable oil, (palm and rapeseed in various proportions (RSPO Sourced), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavourings), Demerara sugar, Chocolate chips (5.9%) (Sugar (58.5%), Cocoa Mass (33.0%), Cocoa Butter (8.0%), Milk, Emulsifier; Soya Lecithin (0.25%), Natural Vanilla Flavouring (0.25%)] Butter flavour, (Preservative Sulphur Dioxide, Sulphites). Allergens shown in BOLD Please be aware we handle nuts in the bakery

Nutrition Labelling-Typical value Per 100g/100ml

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Energy (kj)	1881kj	Energy (kcal)	448kcal
Fat	21.2g	of which saturates	8g
Carbohydrate	61.5g	of which sugars	35.9g
Salt	0.6g	Protein	5.1g

Name of Product	Shortbread Biscuits
Ingredients	Wheat flour (fortified with Calcium Carbonate, Iron, Niacin and Thiamine),
	(48%) Unsalted Butter (27%) (contains Milk) Sugar, Ground Rice, Cornflour
	Allergens shown in BOLD Please be aware we handle nuts in the bakery

Nutrition Labelling-Typical value Per 100g/100ml

Energy (kj)	1985kj	Energy (kcal)	475kcal
Fat	26.0g	of which saturates	16.1g
Carbohydrate	59.0g	of which sugars	18.2g
Salt	0.5g	Protein	5.1g

Product Name	Ginger Parkin Flapjack
Ingredient Declaration	Oatmeal (6.23%), Rolled Oats 37.4%), Partially
	Inverted Syrup,
	Black treacle (1.87%), Ginger (0.75%), Brown
	Sugar, Margarine (vegetable oil, (Palm and rapeseed oil
	in various proportions RSPO SOURCED), Water, Salt
	Emulsifier (Polyglycerol esters of fatty acids), Colours
	(Curcumin), (Annatto), Flavourings), Demerara sugar.
	Allergens shown in BOLD Please be aware we handle nuts in the bakery
Nutrition Labelling-Typical value per 100g/100ml	
Energy (ki) 1085ki Energy (koal)	175kcal

Energy (kj)	1985kj	Energy (kcal)	475kcal
Fat	26.0g	of which saturates	16.1g
Carbohydrate	59.0g	of which sugars	18.2g
Salt	0.5g	Protein	5.1g