

every piece is

coated in



uplifting whole hemp
plant blend



35mg cannabidiol



5mg cannabigerol

infused with



ashwagandha root



probiotics (80 strains)



want to know more
about uplift?
scan this QR code
with your camera

how to take

chew each piece thoroughly to release the coating giving an almost **instant effect**.

cbme fruit pieces are generously coated in our uplift cbd blend rather than infused, allowing the blend to absorb through the mucus membrane under the tongue for faster results.

the remaining cbd blend will then absorb through the digestive tract when swallowed giving our body a second chance at absorbing all the natural goodness and providing a longer lasting effect that will take effect with the ashwagandha and probiotics.

when to take

use a piece of pineapple to get a plant powered uplift - getting your day off to the best start, or use as a pick up me anytime you want that little extra boost.

uplift is there whenever you are feeling like your balance is off, your focus is misaligned, or your calm has been disrupted.

our functional pineapple pieces can support your body to deal with stress, and when taken regularly can improve the body's resistance to daily stress.

use uplift for when you want to be at your best, helping to maintain mental balance and giving optimal cognitive ability and focus to zone into your daily tasks.

how to store

keep uplift on hand with your morning supplements or by your desk. keep out of direct sunlight and in a cool, dry place, or in the refrigerator.

advice

do not use if you are pregnant or breastfeeding.

if taking medication consult a doctor before use.

FSA recommends not to take more than 70mg of cbd in a 24 hour period.

not to be used as a substitute for a varied diet.

only use cbme if you are over 18.

manufactured by

cbme ltd, 5 greenacre close,
london, EN5 4QB
contact: hello@cbmecbd.com
tel: +44 7860840900

nutritional information

(per piece) | energy: 22
calories | fat 0g | carbohydrates
5.4g of which sugars 4.6g |
protein 0g

ingredients

pineapple dried, cane sugar,
ashwagandha root, CBD distillate, CBG
isolate, broad spectrum probiotics, purified
water, organic stevia, natural flavour, citric
acid, sodium metabisulphite (preservative),
flower derived terpenes



profits with purpose

10% of our profits are
donated to good causes

@cbme.cbd

www.cbmecbd.com

#cbdwithpurpose



cbme

batch code - RX822 best before - 31/08/23 net weight - 30g

every piece is

coated in



relaxing whole hemp plant blend



35mg cannabidiol



2.5mg cannabigerol

infused with



hop extract



magnesium



griffonia seed extract (natural 5-HTP)



want to know more about relax?
scan this QR code with your camera

how to take

chew each piece thoroughly to release the coating giving an almost **instant effect**.

cbme fruit pieces are generously coated in our relax cbd blend rather than infused, allowing the blend to absorb through the mucus membrane under the tongue for faster results.

the remaining cbd blend will then absorb through the digestive tract when swallowed giving our body a second chance at absorbing all the natural goodness and providing a longer lasting effect that will take effect with the hops, magnesium and griffonia seed.

when to take

cbme relax is for when your body is at 9%, helping to unwind after a day of conference calls, never ending task lists, food fights or bedtime stories.

enjoy a piece of functional papaya in the evening to induce mental and physical wellbeing, with a well deserved sound and healthful sleep. cbme relax is a natural alternative to your glass of wine without any of the hangxiety.

cbme relax can contribute to a reduction of tiredness and fatigue, ensuring you are rested and recharged, ready to take on the next day.

how to store

keep relax on hand with your evening supplements or by your bedside. keep out of direct sunlight and in a cool, dry place, or in the refrigerator.

advice

do not use if you are pregnant or breastfeeding.

if taking medication consult a doctor before use.

FSA recommends not to take more than 70mg of cbd in a 24 hour period.

not to be used as a substitute for a varied diet.

only use cbme if you are over 18.

manufactured by

cbme ltd, 5 greenacre close,
london, EN5 4QB
contact: hello@cbmecbd.com
tel: +44 7860840900

nutritional information

(per piece) | energy: 20
calories | fat: 0g | carbohydrates:
5.0g of which sugars 4.6g |
protein 0g

@cbme.cbd

www.cbmecbd.com

#cbdwithpurpose

ingredients

papaya dried, cane sugar, hops extract, magnesium gluconate, griffonia seed extract, CBD distillate, CBG isolate, sodium metabisulphite (preservative), flower derived terpenes.



profits with purpose
10% of our profits are
donated to good causes

