

### **Yorkshire Popcorn – Salt & Sweet Popcorn**

**Ingredients:** Popped corn kernels, Sugar, Rapeseed oil, Salt May contain MILK

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 460Kcal

**Fat** 19.25g

**Saturates** 1.5g

**Carbohydrates** 71g

**Sugars** 19.5g

**Protein** 6.5g

**Salt** 1.25g

### **Willie's Cacao – Milk of the Gods Luxury Chocolate**

**Ingredients:** Cocoa solids: 44% minimum. Ingredients: raw cane sugar, cocoa mass 25%, MILK powder 21% cocoa butter 19% MAY CONTAIN TRACES OF NUTS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 560kcal

**Fat** 38.00g

**Saturates** 23.0g

**Carbohydrates** 46.0g

**Sugars** 35.0g

**Protein** 9.0g

**Salt** 0.17g

### **Hawkins – Gingerbread Christmas Trees**

**Ingredients:** Flour (WHEAT), Sugar, Vegetable Fat (Palm, Rapeseed, Sunflower), Golden Syrup, Crystallised Ginger, EGGS, Black Treacle (SULPHITES), Mixed Peel, Baking Powder (WHEAT), Ground Ginger (1%), Mixed Spice (1%), Ground Cloves, Salt, Bicarbonate of Soda.

Allergy Advice: For allergens see ingredients in CAPITALS

#### *Nutrition Information (Per 100g or 100ml)*

**Energy** 1572kJ / 373kcal

**Fat** 11.2g

**Saturates** 4g

**Carbohydrates** 62.3g

**Sugars** 33.8g

**Protein** 4.7g

**Salt** 1.2g

### **Love Corn - Love Corn Sea Salt**

**Ingredients:** Corn, sunflower oil, sea salt

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 823kJ/196Kcal

**Fat** 6.0g

**Saturates** 0.6

**Carbohydrates** 29.7g

**Sugars** 0.3

**Protein** 3.3g

**Salt** 0.7g

### **The Natural Candy Shop - Jelly Beans**

Ingredients: sugar, glucose syrup, modified maize, starch, malic acid, citric acid, natural flavourings, natural colours: curcumin, beetroot red, chlorophyllins, beta carotene vegetable carbon, glazing agents: pectin, carnauba wax NOT SUITABLE FOR NUT/PEANUT ALLERGY SUFFERERS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 357kcal

**Fat** 0.5g

**Saturates** 0.43g

**Carbohydrates** 88.2g

**Sugars** 58.6g

**Protein** 0.1g

**Salt** 0.065g

### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 468.2Kcal

**Fat** 25.0g

**Saturates** 2.2g

**Carbohydrates** 54.1g

**Sugars** 3.0g

**Protein** 5.2g

**Salt 1.4g**

### **The Real Smoked Nut Company - Hickory Smoked Almonds and Cashews**

**Ingredients:** ALMONDS, CASHEWS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 616Kcal

**Fat** 51.3g

**Saturates** 6.7g

**Carbohydrates** 17.3g

**Sugars** 6.2g

**Protein** 21.2g

**Salt** 2.83g

### **Grate Britain - Smoked Cheese Biscuits**

**Ingredients:** WHEAT flour, Smoked Dorset Red Cheddar, (37%), (MILK) (with colour: Anatto), Butter (15%), (MILK, Salt), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sea Salt, Ground Black Pepper, Ground Nutmeg.

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 2141 kJ / 512 kcal

**Fat** 29.9g

**Saturates** 16.4g

**Carbohydrates** 46.8g

**Sugars** 0.5g

**Protein** 16.8g

**Salt** 2.2g

### **Willie's Cacao - El Blanco Luxury Chocolate**

**Ingredients:** Cocoa solids: 36% minimum. Ingredients: cocoa butter 36%, MILK powder 34%, raw cane sugar. MAY CONTAIN TRACES OF NUT

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 612kcal

**Fat** 45.7g

**Saturates** 28.4g

**Carbohydrates** 41.3 g

**Sugars** 39.2 g

**Protein** 8.6 g

**Salt** 0.2 g