Relax box ingredients:

- **Energise bath salts**: Epsom salt, Dead sea salt, Dried calendula, Lemon Essential, Clemontine Essential Oil, Ylang Ylang essential oil and Patchouli essential oil.
- **Energise soap**: Olive oil, Coconut oil, Shea butter, Castor oil, Almond oil, Sodium hydroxide, Lemon Essential Oil, Clemontine Essential Oil, Ylang ylang Essential Oil, Patchouli Essential Oil and Calendula flowers.
- **Willies Cacao milk of the gods**: Milk Chocolate. Cocoa Solids 44% minimum. Ingredients: raw cane sugar, cocoa mass, MILK POWDER 21%, cocoa butter
- **Tea with Tae Bedtime Bliss**: Ingredients: All-natural chamomile flowers, lavender flowers, lemon verbena, spearmint, valerian root