

## **The Original Cake Company – Iced Christmas Cake**

**Ingredients:** Sultanas (48%), Sugar, EGG, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Marzipan (8%) ( Sugar, ALMONDS (NUTS), Corn Syrup, Water, Sorbitol (E420), Preservative E202, Thickener (E401), Stabiliser (Invertase)), Icing (8%) (Sugar, Glucose Syrup, Palm Oil, Water, Humectant: Glycerine (E422), Emulsifier (E471), Stabiliser (E466), Preservative (E202), Flavouring, Colour (E171)), Butter (MILK), Candied Mixed Citrus Peel (Orange Peel, Lemon Peel, Glucose Fructose Syrup, Salt, Acidity Regulator, Citric Acid), Cream Sherry (3%), Caramel Colour E150c, Black Treacle, Star Decoration ( Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan. Suitable for vegetarians.

Allergy Advice: For allergens see ingredients in CAPITALS

*Nutrition Information (Per 100g or 100ml)*

**Energy** 1385kJ / 329kcal

**Fat** 10.5g

**Saturates** 4.6g

**Carbohydrates** 54.1g

**Sugars** 52.3g

**Protein** 4.4g

**Salt** 0.2g

## **The Natural Candy Shop – Jelly Beans**

Ingredients: sugar, glucose syrup, modified maize, starch, malic acid, citric acid, natural flavourings, natural colours: curcumin, beetroot red, chlorophyllins, beta carotene vegetable carbon, glazing agents: pectin, carnauba wax NOT SUITABLE FOR NUT/PEANUT ALLERGY SUFFERERS

**Nutrition Information (Per 100g or 100ml)**

**Energy** 357kcal

**Fat** 0.5g

**Saturates** 0.43g

**Carbohydrates** 88.2g

**Sugars** 58.6g

**Protein** 0.1g

**Salt** 0.065g

## **Grate Britain – Smoked Cheese Biscuits**

**Ingredients:** WHEAT flour, Smoked Dorset Red Cheddar, (37%), (MILK) (with colour: Anatto), Butter (15%), (MILK, Salt), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sea Salt, Ground Black Pepper, Ground Nutmeg.

### **Nutrition Information (Per 100g or 100ml)**

**Energy** 2141 kJ / 512 kcal

**Fat** 29.9g

**Saturates** 16.4g

**Carbohydrates** 46.8g

**Sugars** 0.5g

**Protein** 16.8g

**Salt** 2.2g

### **Yorkshire Popcorn - Salt & Sweet Popcorn**

**Ingredients:** Popped corn kernels, Sugar, Rapeseed oil, Salt May contain MILK

### **Nutrition Information (Per 100g or 100ml)**

**Energy** 460Kcal

**Fat** 19.25g

**Saturates** 1.5g

**Carbohydrates** 71g

**Sugars** 19.5g

**Protein** 6.5g

**Salt** 1.25g

### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

### **Nutrition Information (Per 100g or 100ml)**

**Energy** 468.2Kcal

**Fat** 25.0g

**Saturates** 2.2g

**Carbohydrates** 54.1g

**Sugars** 3.0g

**Protein** 5.2g

**Salt** 1.4g

### **Teoni's Cookies - All Butter Shortbread**

**Ingredients:** WHEAT FLOUR [calcium carbonate, iron, niacin (vit B3), thiamin (vit B1)], BUTTER (30%), sugar CONTAINS GLUTEN, MILK PRODUCTS AND MAY CONTAIN TRACES OF NUTS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 489Kcal

**Fat** 25.6g

**Saturates** 11.5g

**Carbohydrates** 59.9g

**Sugars** 26.7g

**Protein** 5.6g

**Salt** 0.1

### **Hawken's - Gingerbread Christmas Trees**

**Ingredients:** Flour (WHEAT), Sugar, Vegetable Fat (Palm, Rapeseed, Sunflower), Golden Syrup, Crystallised Ginger, EGGS, Black Treacle (SULPHITES), Mixed Peel, Baking Powder (WHEAT), Ground Ginger (1%), Mixed Spice (1%), Ground Cloves, Salt, Bicarbonate of Soda.

Allergy Advice: For allergens see ingredients in CAPITALS

#### *Nutrition Information (Per 100g or 100ml)*

**Energy** 1572kJ / 373kcal

**Fat** 11.2g

**Saturates** 4g

**Carbohydrates** 62.3g

**Sugars** 33.8g

**Protein** 4.7g

**Salt** 1.2g

### **The Real Smoked Nut Company - Hickory Smoked Almonds and Cashews**

**Ingredients:** ALMONDS, CASHEWS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 616Kcal

**Fat** 51.3g

**Saturates** 6.7g

**Carbohydrates** 17.3g

**Sugars** 6.2g

**Protein** 21.2g

**Salt** 2.83g

### **Love Corn - Love Corn Sea Salt**

**Ingredients:** Corn, sunflower oil, sea salt

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 823kJ/196Kcal

**Fat** 6.0g

**Saturates** 0.6

**Carbohydrates** 29.7g

**Sugars** 0.3

**Protein** 3.3g

**Salt** 0.7g

### **Willies Cacao - Medellin Hot Chocolate**

**Ingredients:** Cocoa solids 52% minimum, cocoa powder, raw cane sugar. Suitable for vegans. Free from dairy, alcohol, gluten, nuts and soya. Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 447kJ / 107 Kcal

**Fat** 4.6g

**Saturates** 2.9g

**Carbohydrates** 10.8g

**Sugars** 10.1g

**Protein** 4.5g

**Salt** <0.1g