

### **Lincoln Tea & Coffee Co - Traditional Breakfast Tea**

**Ingredients:** Black tea

Allergy Advice: For allergens see ingredients in CAPITALS

### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 468.2Kcal  
**Fat** 25.0g  
**Saturates** 2.2g  
**Carbohydrates** 54.1g  
**Sugars** 3.0g  
**Protein** 5.2g  
**Salt** 1.4g

### **Elegant and English - Strawberries & Cream Biscuits**

**Ingredients:** WHEAT FLOUR, BUTTER (28%), Sugar, Whole MILK Powder, Strawberry Juice Concentrate (2%), Clotted Cream (1%) (MILK), Natural Flavouring, Lemon Juice Concentrate, Emulsifier (SOYA Lecithin), Raising Agent (Sodium Bicarbonate) Contains WHEAT, GLUTEN, NUTS, MILK, SOYA – NOT SUITABLE FOR NUT ALLERGY SUFFERERS

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 513 Kcal  
**Fat** 25.3g  
**Saturates** 15.7g  
**Carbohydrates** 68.6g  
**Sugars** 21.2g  
**Protein** 6.3g  
**Salt** 0.6g

### **Tregroes - Toffee Waffles**

**Ingredients:** WHEAT flour, Glucose Syrup, Sugar, Non-hydrogenated Vegetable oils (Palm & Rapeseed), Butter (14% of filling) (MILK), Free-range EGGS, SOYA lecithin, Salt, Cinnamon.

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 456Kcal  
**Fat** 18.5g  
**Saturates** 7.6g  
**Carbohydrates** 70.1g  
**Sugars** 40.6g  
**Protein** 1.4g  
**Salt** 0.63g

### **Thursday Cottage - Strawberry Jam**

**Ingredients:** cane sugar, strawberries, Gelling agent: citrus pectin, concentrated lemon juice

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 238 kcal  
**Fat** 0g  
**Saturates** 0g  
**Carbohydrates** 58g  
**Sugars** 58g  
**Protein** 0g  
**Salt** 0.02g