

Mighty Fine - Dark Chocolate Coated Almonds

Ingredients: ALMONDS (60%), Dark Chocolate (38.3%)(Cocoa Mass, Sugar, Cocoa Butter, Emulsifier [SOYA LECITHIN], Natural Vanilla Flavouring), Cocoa Powder (0.5%), Glazing Agents (Gum Arabic), Salt and natural flavouring. For allergens, including cereals containing gluten, see ingredients in Bold. Also, NOT suitable for PEANUT, TREE NUT, MILK and GLUTEN allergy sufferers.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2352kJ / 568kcal

Fat 44g

Saturates 10.1g

Carbohydrates 17.6g

Sugars 12.3g

Protein 20.3g

Salt 0.01g

The Real Smoked Nut Company - Hickory Smoked Almonds, Cashews and Peanuts

Ingredients: ALMONDS, CASHEWS, PEANUTS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 616Kcal

Fat 51.3g

Saturates 6.7g

Carbohydrates 17.3g

Sugars 6.2g

Protein 21.2g

Salt 2.83g

Coco Chocolatier - Isle of Skye Sea Salt Dark Chocolate

Ingredients: Cocoa mass, sugar, cocoa butter, emulsifier: non-gmo SOYA lecithin, vanilla extract, isle of skye salt (<1%)

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2422.5kJ / 579kcal

Fat 41.0g

Saturates 24.0g

Carbohydrates 49.0g

Sugars 38.0g

Protein 5.4g

Salt 0.3g

Love Corn - Love Corn Sea Salt

Ingredients: Corn, sunflower oil, sea salt

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 823kJ/196Kcal

Fat 6.0g

Saturates 0.6

Carbohydrates 29.7g

Sugars 0.3

Protein 3.3g

Salt 0.7g