

Ruggeri - Prosecco Argeo

Ingredients: contains SULPHITES

Hawkshead Relish - Raspberry and Vanilla Jam

Ingredients: raspberries (35%), sugar, vanilla (2%), pectin (gelling agent)

Nutrition Information (Per 100g or 100ml)

Energy 216 kcal

Fat 0.2g

Saturates 0.1g

Carbohydrates 51.0g

Sugars 50.6g

Protein 0.7g

Salt 0.0g

Serious Pig - Corn Scratchings

Ingredients: Giant Corn (Corn, Sunflower Oil) 91%, Rapeseed Oil, Yeast Extracts, Sea Salt, Sugar, White Pepper, Sage. May contain traces of **Peanut, Tree Nut** and **Sesame**.

Allergens in **bold**. Suitable for Vegetarians and Vegans. Caution: Small children can choke on nuts. STRONG HEALTHY TEETH REQUIRED.

Nutrition Information (Per 100g or 100ml)

Energy 1828kJ / 435 kcal

Fat 14.1g

Saturates 1.1g

Carbohydrates 66.3g

Sugars 1.4g

Protein 4.9g

Salt 3.1g

Mr Filberts - Mexican Sweet Chilli Mixed Nuts

Ingredients: Roasted mixed nuts 94%, (PEANUTS, ALMONDS, CASHEWS), sugar, chipotle chilli, sea salt, garlic, rapeseed oil, black pepper, fennel, chilli powder. Allergens in **bold**. Suitable for Vegetarians and Vegans.

Nutrition Information (Per 100g or 100ml)

Energy 2449kJ / 591kcal

Fat 46g

Saturates 7.4g

Carbohydrates 14.4g

Sugars 8.3g

Protein 25.7g

Salt 0.7g

Emily Crisps - Simply Sea Salt Sweet Potato Chips

Ingredients: Sweet potato, sunflower oil, sea salt

Nutrition Information (Per 100g or 100ml)

Energy 2195kJ / 527kcal

Fat 31.8g

Saturates 3.2g

Carbohydrates 51.0g

Sugars 33.7g

Protein 4.5g

Yorkshire Popcorn - Salt & Sweet Popcorn

Ingredients: Popped corn kernels, Sugar, Rapeseed oil, Salt May contain MILK

Nutrition Information (Per 100g or 100ml)

Energy 460Kcal

Fat 19.25g

Saturates 1.5g

Carbohydrates 71g

Sugars 19.5g

Protein 6.5g

Salt 1.25g

Lincoln Tea & Coffee Co - Traditional Breakfast Tea

Ingredients: Black tea

Olives Et Al - Rosemary & Garlic Olives

Ingredients: mixed pitted olives (pitted green olives, pitted kalamon olives) 60%, dressing oil (extra virgin olive oil, rapeseed oil) 39%, garlic, rosemary. Although these are pitted olives some fragments of olive stone may remain so please do eat with care. May contain traces of NUTS and SEEDS.

Nutrition Information (Per 100g or 100ml)

Energy 195kcal

Fat 20.5g

Saturates 1.3g

Carbohydrates 1.7g

Sugars 0.1g

Protein 1.5g

Salt 2.6g

Willies Cacao - Dark Chocolate Sea Salt Praline Truffles

Ingredients: Cocoa mass, HAZELNUTS 27%, raw cane sugar, cocoa powder, HAZELNUT oil 0.8%, cocoa butter, sea salt 0.6%. MAY CONTAIN MILK.

Nutrition Information (Per 100g or 100ml)

Energy 573 kcal

Fat 41.4g

Saturates 15.4g

Carbohydrates 36.2g

Sugars 29.4g

Protein 9.2g

Salt 0.2g