SEASON'S SPARKLE HAMPER WITH ALCOHOL-FREE PRESSÉS CONTENTS INGREDIENTS

Luscombe, Organic Sicilian Lemonade, 74cl

Energy	162kJ (38kcal)
Fat	0.1g
of which saturates	0.1g
Carbohydrate	9.5g
of which sugars	9.5g
Protein	0.1g
Salt	<0.1g

Devon Spring Water, Organic Sicilian Lemon Juice (14%), Organic Raw Cane Sugar, Organic Sicilian Lemon Oil, Organic Madagascan Vanilla Extract

Luscombe, Wild Elderflower Bubbly, 74cl

Ingredients & allergens

Spring Water, Raw Cane Sugar, Elderflower Infusion (Elderflowers, Spring water & Ascorbic Acid (vitamin C)) (2%), Sicilian Lemon Juice, White Wine Vinegar, Carbon Dioxide.

While we do everything we can to ensure the information on this page is correct, ingredients, nutritional and dietary information are subject to change. So along with the information on our website, we always recommend that you read each label carefully before enjoying your items

Nutrition

Nutritional Information per 100g/ml
Energy (kJ) 136
Energy (kcal) 32
Protein (g) 0.2
Carbohydrate (g) 7.2
of which sugars (g) 7.2
Fat (g) 0.3
of which saturates (g) 0.1
Salt (g) 0.1

Wainwright's Choice, Vintage Mature Cheddar Waxed Truckle, 150g

Suitable for vegetarians

Ingredients:Cheddar, **(Milk)** Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):

Energy kJ	1700	Carbohydrate	0.1
Energy kcal	410	of which are Sugars	0.1
Fat	34.4	Salt estimated from sodium	1.8
of which are Saturates	21.7		
Protein	25.0		

Store Below 6C

Simon Weaver, Organic Cotswold Brie, 100g

Simon Weaver Cotswold Brie

A smooth and creamy brie style cheese with a gentle rounded flavour.
SUITABLE FOR VEGETARIANS
ALLERGY ADVICE: Contains **Cows' Milk**.
STORAGE: Keep Refrigerated and consume within 5 days of opening.
Simon Weaver, Kirkham Farm, Gloucestershire, GL54 2JS
GB-ORG-05 Made with Organic Milk

SOIL ASSOCIATION ORGANIC

Claire's Handmade, Sweet Piccalilli, 200g

Ingredients & Nutrition

Ingredients: allergens in **bold**. Onions 26%, white wine vinegar, sugar, distilled malt vinegar (from **barley**), vegetables in variable proportions 18%(cucumber, cauliflower), **mustard** powder, turmeric, cornflour, spices, salt.

Nutrition per 100g

Energy	505kJ/119kcal
Fat (of which saturates 0.1g)	0.9g
Carbohydrate (of which sugars 22.0g)	26.2g
Fibre	0.6g
Protein	1.3g
Salt	0.2g

Arden's, Cheddar Cheese Twists, 125g

Nutritional Info	Per 100g	Per Twist (Approx 8g)
Energy	2126kJ 509kcal	170kJ 41kcal
Fat of which saturates	27.5g 17.5g	2.2g 1.4g
Carbohydrate of which sugars	50.8g 3.3g	4.1g 0.3g
Fibre	3.2g	0.3g
Protein	13.0g	1.0g
Salt	1.63g	0.13g

Wheat Flour, BUTTER (**Milk**) (28%), CHEDDAR CHEESE (**Milk**) (10%); **Milk**, Salt; Skimmed **Milk** Powder, Salt, Yeast, **Barley** Malt Flour, Sugar.

!**Allergy Advice** For allergens, including cereals containing gluten, see ingredients in **bold**.

Verduijn's, Black Pepper & Sea Salt Crackers, 75g

Ingredients

Wheat Flour (Gluten), Vegetable Margarine (Palmfat, Water, Emulsifier: Mono and Diglycerides from Fatty Acids, Acidity Regulator: Citric Acid), Maltodextrin (from Corn), Seasalt (2.3%), Milk Powder, Rising Agent: Sodium Bicarbonate, Ammonium Bicarbonate, Egg Powder, Pepper (0.6%), Soy Flour.

Reids of Caithness, Butterscotch Shortbread, 150g

Ingredients: **Wheat** flour (with calcium carbonate, iron, niacin, thiamin), Butter (**milk**, salt) (32%), Sugar, Butterscotch Pieces (8%) (Sugar, Glucose Syrup, Butter (**milk**), Salt, Natural Flavouring), Natural Flavouring, Sea Salt, Maize Starch.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **tree nuts**, **soya** and **egg**.

Yorkshire Crisps, Natural Sea Salt, 95g

Hand fried in 100% sunflower oil and drizzled with completely natural Sea Salt seasoning.

INGREDIENTS

Potatoes, Sunflower Oil, Sea Salt.

See ingredients in **BOLD**. Suitable for Vegetarians and Vegans.

GF V SUITABLE FOR VEGETARIANS VG VEGAN FRIENDLY

Typical values	Per 100g
Energy	2043kJ / 488kcal
Fat	23.8g
of which saturates	5.4g
Carbohydrate	61.9g
of which sugars	0.3g
Protein	6.5g
Salt	1g

The Original Cake Company, Chocolate Truffle Slab Cake, 225g

Chocolate Cake with Gold Star 225g

INGREDIENTS: Sugar, liquid whole **EGG**, margarine (vegetable oil (palm, rapeseed), water, salt, natural flavour), fortified **WHEAT** flour (with calcium carbonate, iron, niacin and thiamine), chocolate chips (10%) (sugar, cocoa mass, cocoa butter, emulsifier (**SOYA** lecithin), natural vanilla flavouring), humectant: vegetable glycerine, cocoa powder (cocoa beans, acidity regulator: potassium carbonate), glucose syrup (from **WHEAT**) (contains preservative: **SULPHUR DIOXIDE**), chocolate icing (1%) (sugar, vegetable oil (palm, rapeseed), glucose syrup (preservative: **SULPHUR DIOXIDE**), cocoa powder, water, emulsifier: mono- and diglycerides of fatty acids, **SOYA** lecithin, salt, preservative: potassium sorbate, natural flavouring), water, edible decoration (3.5%) (sugar, glucose syrup, non-hydrogenated palm oil, water, acacia gum, glycerine, mono- and diglycerides of fatty acids, xanthan gum, titanium dioxide, iron oxide, shellac), preservative: potassium sorbate, raising agents: E450, E500, gold dust (titanium dioxide, potassium aluminium silicate, iron oxides).

NUTRITIONAL INFORMATION PER 100g ENERGY 1573kJ/377kcal FAT 17.6g SATURATES 7.2g CARBOHYDRATE 49.4g SUGARS 27.4g PROTEIN 5.6g SALT 0.44g

For allergens including cereals containing gluten see ingredients in **CAPITAL** print. May contain **NUTS & MILK**. Store in a cool dry place. Once opened consume within 3 days.

Batch: 38521

Cotswold Gourmet, Christmas Pudding, 400g

Christmas Pudding

INGREDIENTS: Sultanas (35%)(sultanas, sunflower oil), sugar, breadcrumbs (WHEAT flour (contains calcium carbonate,iron, thiamine, niacin), salt, yeast), liquid whole **EGG**, black treacle (cane molasses, invert sugar syrup), glucose syrup (contains preservative (**SULPHUR DIOXIDE**)), mixed peel (orange peel, lemon peel, glucose fructose syrup, salt, citric acid, contains preservative (**SULPHUR DIOXIDE**)), vegetable suet (vegetable fat blend (palm oil, rapeseed oil, sunflower oil), **WHEAT** flour), vegetable oil, flour (**WHEAT**, ascorbic acid, calcium sulphate, nicotinamid, iron, vitamin B1, silica, calcium carbonate), humectant (vegetable glycerine), mixed spice (coriander, cassia cinnamon, ginger, cardamom, clove, fennel, nutmeg), colour (caramel E150c), salt, acidity regulator (citric acid), contains preservative (potassium sorbate), lemon flavouring.

ALLERGEN INFORMATION: For allergens, including cereals containing gluten, see ingredients in **CAPITAL**. May also contain **SOYA**, **NUTS** and **MILK**
NUTRITIONAL INFORMATION PER 100g ENERGY 1788kJ / 424kcal FAT 15.6g SATURATES 5.1g CARBOHYDRATE 65.9g SUGARS 49.0g PROTEIN 3.6g SALT 0.24g

PREPARATION GUIDELINES: Remove foil and label. Loosen lid.
TO MICROWAVE: Cook on full power for 2 minutes (time based on a 800W output. If different refer to manufacturers handbook). TO STEAM OR BOIL: Place in a steamer or boil in a saucepan filled to half depth of the pudding with water. Cook for 45 minutes. Do not boil dry. SERVING: Once cooked invert basin onto a plate and allow to stand for 30 seconds.
CAUTION: Pudding may be hot. Store in a cool, dry place.

Hamlet, Belgian Chocolate Pralines Collection in Gold Box, 100g

Ingredients: sugar, whole **milk** powder, cocoa butter, cocoa mass, vegetable oils (palm, rapeseed) in varying proportions, **hazelnuts** 2.5%, butter oil (**milk**), glucose syrup, coffee extract 0.06%, emulsifier: **soy** lecithin, flavourings: strawberry, caramel, **pistachio**, orange and vanilla. Cocoa solids: chocolate: min. 50%, milk chocolate: min. 29%, white chocolate: min. 23%. Milk solids: milk chocolate: min. 24%. white chocolate: min. 27%. May contain traces of other **nuts** .

Lily O'Brien's, Creamy Irish Caramels with a Hint of Sea Salt, 120g

Ingredients: Sugar, Glucose Syrup, **Milk** Chocolate (25%) (Sugar, Cocoa Butter, **Milk** Powder, Cocoa Mass, **Milk** Fat, Emulsifier (**Soya** Lecithin), Natural Vanilla Flavouring), Sweetened Condensed **Milk**, Palm Oil, Butter (**Milk**), Sea Salt (1%), Natural Flavouring.

For allergens, including cereals containing gluten, see ingredients in **bold**. May contain traces of **tree nuts** and **peanuts**.

Regency Hampers, Branded Corkscrew & Bottle Opener (Free Gift)