

British Afternoon Tea Gift Basket

Simply Delicious - Dark Rich Fruit Cake

Ingredients: Vine fruits (41%) (sultanas, raisins, currents, sunflower oil, EGGS, dark soft brown sugar, WHEAT flour, butter, (MILK), black treacle, cherries (3%) (cherries, glucose – fructose syrup, acidifying agent: citric acid, fruit and vegetable juice for colour, SULPHUR DIOXIDE) flaked ALMONDS, orange & lemon peel, (orange, lemon, glucose – fructose syrup, salt, preservatives SULPHUR DIOXIDE) lemon juice (preservative: potassium metabisulphate) glaze (glucose, water, sugar, gelling agent: pectin, acidifying agent: citric acid, preservative: potassium sorbate.MAY CONTAIN FRUIT STONES

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 338kcal
Fat 11.1g
Carbohydrates 56.8g
Sugars 31.4g
Protein 14.5g

Tregroes - Toffee Waffles

Ingredients: WHEAT flour, Glucose Syrup, Sugar, Non-hydrogenated Vegetable oils (Palm & Rapeseed), Butter (14% of filling) (MILK), Free-range EGGS, SOYA lecithin, Salt, Cinnamon.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 456Kcal
Fat 18.5g
Saturates 7.6g
Carbohydrates 70.1g
Sugars 40.6g

Protein 1.4g
Salt 0.63g

Lincoln Tea & Co

Ingredients: Black Tea, natural flavour, type Bergamot

Teoni's Cookies - All Butter Shortbread

Ingredients: WHEAT FLOUR [calcium carbonate, iron, niacin (vit B3), thiamin (vit B1)], BUTTER (30%), sugar, CONTAINS GLUTEN, MILK PRODUCTS AND MAY CONTAIN TRACES OF NUTS

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 489Kcal
Fat 25.6g
Saturates 11.5g
Carbohydrates 59.9g
Sugars 26.7g
Protein 5.6g
Salt 0.1

Thursday Cottage - Strawberry Jam

Ingredients: cane sugar, strawberries, Gelling agent: citrus pectin, concentrated lemon juice

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 238 kcal
Fat 0g
Saturates 0g
Carbohydrates 58g
Sugars 58g
Protein 0g
Salt 0.02g

Lincoln Tea & Coffee Co - Traditional Breakfast Tea

Ingredients: Black tea

Hawkshead Relish - Raspberry and Vanilla Jam

Ingredients: raspberries (35%), sugar, vanilla (2%), pectin (gelling agent)

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 216 kcal
Fat 0.2g
Saturates 0.1g
Carbohydrates 51.0g
Sugars 50.6g
Protein 0.7g
Salt 0.0g

