## **Easing Hill - English Sparkling Wine**

Ingredients: Contains sulphites

## The Simply Delicious Cake Co - Handmade Christmas Cake

**Ingredients:** vine fruit (35%) (sultanas, sunflower oil) EGGS, butter, (MILK), dark soft brown sugar WHEAT flour, icing (sugar, glucose syrup, water, palm oil, humectant: vegetable glycerine, emulsifier: mono and di-glycerides of fatty acids, stabiliser: gum tragacanth, preservative: potassium sorbate, natural flavouring), marzipan: sugar, ALMONDS, glucose syrup, water, invert sugar syrup, preservative: poptassium sorbate), cherries (cherries, glucose-fructose syrup, preservatives: SULPHUR DIOXIDE, acidy regulator: citric acid, fruit and vegetable juice for colour), black treacle, ALMONDS, mixed peel (orange, lemon, glucose fructose syrup, salt, preservative: SUPHUR DIOXIDE), lemon juice, preservative: potassium metabisulphate), Almond flavouring, glaze, (glucose, water, sugar, gelling agent: pectin, acidifying agent: citric acid, preservative: potassium sorbate

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml) Energy 374kcal Fat 9.6g Carbohydrates 62.3g Sugars 26.8g Protein 10.4g

#### Cole's - Brandy Christmas Pudding

**Ingredients:** Vine Fruits (41%)(Sultanas, Raisins, Currants), Vegetable Suet (Palm Oil, Sunflower Oil, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Brandy (10%), Brown Sugar, Breadcrumbs (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Salt, Yeast), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Chopped WALNUTS, Golden Syrup, Chopped Orange Peel, Orange Juice From Concentrate, Lemon Juice From Concentrate, Humectant: Vegetable Glycerol, Mixed Spice, Salt, Malted BARLEY Extract. (Contains Alcohol), (Suitable for Vegetarians)

Allergy Advice: For allergens see ingredients in CAPITALS

*Nutrition Information (Per 100g or 100ml)* **Energy** 387Kcal

Fat 14g

Saturates 5.8g Carbohydrates 53g Sugars 43g Protein 3.7g Salt 0.6g

### Thursday Cottage - Handmade Brandy Butter

Ingredients: sugar, butter (36%) (MILK, salt), courvoisier®vs cognac (8%).

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml) Energy 510 kcal Fat 30g Saturates 19g Carbohydrates 55g Sugars 55g Protein 0g Salt 0.57g

# Hawkshead Relish – Fruity Cranberry Sauce

Ingredients: sugar, cranberries (23%), bramley apples, lemon juice , water

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml) Energy 190kcal Fat 0.0g Saturates 0.0g Carbohydrates 48.0g Sugars 48.0g Protein 0.0g Salt 0.0g

## Mr Filberts - Mexican Sweet Chilli Mixed Nuts

**Ingredients:** Roasted mixed nuts 94%, (PEANUTS, ALMONDS, CASHEWS), sugar, chipotle chilli, sea salt, garlic, rapeseed oil, black pepper, fennel, chilli powder. Allergens in bold. Suitable for Vegetarians and Vegans.

### Nutrition Information (Per 100g or 100ml)

Energy 2449kJ / 591kcal Fat 46g Saturates 7.4g Carbohydrates 14.4g Sugars 8.3g Protein 25.7g Salt 0.7g

#### **Grate Britain - Smoked Cheese Biscuits**

**Ingredients:** WHEAT flour, Smoked Dorset Red Cheddar, (37%), (MILK) (with colour: Anatto), Butter (15%), (MILK, Salt), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sea Salt, Ground Black Pepper, Ground Nutmeg.

## Nutrition Information (Per 100g or 100ml)

Energy 2141 kJ / 512 kcal Fat 29.9g Saturates 16.4g Carbohydrates 46.8g Sugars 0.5g Protein 16.8g Salt 2.2g

### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

## Nutrition Information (Per 100g or 100ml)

Energy 468.2Kcal Fat 25.0g Saturates 2.2g Carbohydrates 54.1g Sugars 3.0g Protein 5.2g Salt 1.4g

### Teoni's Cookies - All Butter Shortbread

**Ingredients:** WHEAT FLOUR [calcium carbonate, iron, niacin (vit B<sub>3</sub>), thiamin (vit B<sub>1</sub>)], BUTTER (30%), sugar CONTAINS GLUTEN, MILK PRODUCTS AND MAY CONTAIN TRACES OF NUTS

#### Nutrition Information (Per 100g or 100ml)

Energy 489Kcal Fat 25.6g Saturates 11.5g Carbohydrates 59.9g Sugars 26.7g Protein 5.6g Salt 0.1

## Hawkshead Relish - Christmas Chutney

**Ingredients:** apricot (28%), onion, acetic acid, sugar, orange, cranberry (4%), salt, ginger, garlic, coriander, cayenneMAY CONTAIN TRACES OF FRUIT STONE

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml) Energy 180kcal Fat 1.0g Saturates 0.0g Carbohydrates 37.0g Sugars 36.0g Protein 2.0g Salt 2.0g

### Cocoa Loco - Milk Chocolate Christmas Santas

**Ingredients:** milk chocolate containing cocoa solids 37% minimum & milk solids 21% minimum (sugar, cocoa butter, whole MILK powder, cocoa mass, vanilla powder)MAY CONTAIN SOYA, MADE IN A KITCHEN WHERE NUTS WHEAT FLOUR, OATS, EGGS AND SESAME SEEDS ARE USED.SUITABLE FOR VEGETARIANS

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml) Energy 573kcal Fat 38.1g Saturates 23.2g Carbohydrates 50.0g Sugars 49.1g Protein 6.7g Salt 205mg

## Hawkens - Original Grantham Gingerbread

**Ingredients:** Flour (WHEAT), Sugar, Butter (MILK), EGG, Bicarbonate of Soda, Baking Powder (WHEAT), Ground Ginger (1%)

### Nutrition Information (Per 100g or 100ml)

Energy 2234kJ / 532kcal Fat 20.6g Saturates 13.0g Carbohydrates 80g Sugars 48.1g Protein 5.7g Salt 0.3g

### Olives Et Al - Rosemary & Garlic Olives

**Ingredients:** mixed pitted olives (pitted green olives, pitted kalamon olives) 60%, dressing oil (extra virgin olive oil, rapeseed oil) 39%, garlic, rosemary. Although these are pitted olives some fragments of olive stone may remain so please do eat with care. May contain traces of NUTS and SEEDS.

#### Nutrition Information (Per 100g or 100ml)

Energy 195kcal Fat 20.5g Saturates 1.3g Carbohydrates 1.7g Sugars 0.1g Protein 1.5g Salt 2.6g

#### The Real Smoked Nut Company - Hickory Smoked Almonds and Cashews

Ingredients: ALMONDS, CASHEWS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

#### Nutrition Information (Per 100g or 100ml)

Energy 616Kcal Fat 51.3g Saturates 6.7g Carbohydrates 17.3g Sugars 6.2g Protein 21.2g Salt 2.83g

## Willie's Cacao - Milk of the Gods Luxury Chocolate

**Ingredients:** Cocoa solids: 44% minimum. Ingredients: raw cane sugar, cocoa mass 25%, MILK powder 21% cocoa butter 19%MAY CONTAIN TRACES OF NUTS

#### Nutrition Information (Per 100g or 100ml)

Energy 560kcal Fat 38.00g Saturates 23.0g Carbohydrates 46.0g Sugars 35.0g Protein 9.0g Salt 0.17g

### The Naked Marshmallow Co - Strawberry Cream Marshmallows

**Ingredients:** Sugar, glucose syrup, water, bovine gelatine (SULPHITES), corn flour, ising sugar, freeze dried strawberry powder (1%), salt, vanilla natural flavouring (0.2%), natural colouring (radish, apple, blackcurrant), strawberry natural flavouring (0.07%), cream of tartar.Also may contain PEANUTS, NUTS, MILK, SOYA and SESAME

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml) Energy 1265kJ / 297kcal Fat 0.0g Saturates 0.0g Carbohydrates 73g

Sugars 60g

Protein 2.2g

Salt 0.56g

### **Tregroes - Toffee Waffles**

**Ingredients:** WHEAT flour, Glucose Syrup, Sugar, Non-hydrogenated Vegetable oils (Palm ℰ Rapeseed), Butter (14% of filling) (MILK), Free-range EGGS, SOYA lecithin, Salt, Cinnamon.

## Nutrition Information (Per 100g or 100ml)

Energy 456Kcal Fat 18.5g Saturates 7.6g Carbohydrates 70.1g Sugars 40.6g Protein 1.4g Salt 0.63g

## Willies Cacao - Medellin Hot Chocolate

**Ingredients:** Cocoa solids 52% minimum, cocoa powder, raw cane sugar. Suitable for vegans. Free from dairy, alcohol, gluten, nuts and soya. Allergy Advice: For allergens see ingredients in CAPITALS

## Nutrition Information (Per 100g or 100ml)

Energy 447kJ / 107 Kcal Fat 4.6g Saturates 2.9g Carbohydrates 10.8g Sugars 10.1g Protein 4.5g Salt <0.1g

## Willie's Cacao - El Blanco Luxury Chocolate

**Ingredients:** Cocoa solids: 36% minimum. Ingredients: cocoa butter 36%, MILK powder 34%, raw cane sugar.MAY CONTAIN TRACES OF NUT

### Nutrition Information (Per 100g or 100ml)

Energy 612kcal Fat 45.7g Saturates 28.4g Carbohydrates 41.3 g Sugars 39.2 g Protein 8.6 g Salt 0.2 g

### The Pea Green Boat - Original Cheese Sables

**Ingredients:** Organic Scottish WHEAT Flour (GLUTEN, with added Calcium, Iron, Niacin, Thiamin), Scottish Mature Cheddar Cheese (MILK) (31%), Italian Parmigiano Reggiano Cheese (MILK, Salt, Rennet) (15%), Butter (Milk, Salt), Sea Salt, Garlic Powder.

#### Nutrition Information (Per 100g or 100ml)

Energy 2323kJ / 558kcal Fat 37.8g Saturates 24.6g Carbohydrates 35.7g Sugars 0.9g Protein 17.7g Salt 1.4g

#### Cornish Artisan Confectionery - Caramel Sea Salt Crumbly Fudge

**Ingredients:** Sugar, sweetened condensed milk (WHOLE MILK, sugar), butter (MILK), golden syrup, glucose, sea salt, caramel flavouring Made in a factory that handles egg, soya, nuts and peanuts.

Nutrition Information (Per 100g or 100ml) Energy 1708kJ / 405kcal Fat 11.5g Saturates 7.3g

Carbohydrates 74.1g Sugars 70.3g

# Willie's Cacao – Raspberry Praline Truffles

**Ingredients:** Cocoa butter, raw cane sugar, MILK POWDER, honey, ALMOND, raspberry 5%, ALMOND oil, rice flour.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml) Energy 2320kJ / 557 kcal Fat 7.1g Saturates 18.8g Carbohydrates 41.2g Sugars 39.6g Protein 8.5g Salt 0.3g