Cure and Craft Gift Set ingredients and allergens

Moons Green Beersticks: British Pork Leg, Sea Salt, Garlic, Aromatic Spices, Starter Culture and Preservatives (Sodium Nitrate and Sodium Nitrite. 155g pork used to per 100g of products. Typical Value per 100g: Energy 1451kj/354kcal, Fat 18.1g, Saturated Fat 6.4g, Sodium 1.5g, Carbohydrates 1.8g, Sugars 46.2g

Lishman's Spicy Nduja: Yorkshire Pork 50%, Pork Fat, Paprika 5%, Chilli Powder 5%, Salt, Preservative E250

Typical Values per 100g: Energy 2406.4kj/575.1kcal, Fat 62.9g, of which Saturates 22.3g, Carbohydrate 1.9g, of which Sugars 1.6g, Protein 10.3g, Salt 4.1g

Seaweed & Cider Stick: Pork (144%), Spices, Curing Salt (Salt 99%, Preservative: E250), Cider (Sulphites) (1.7%), Spices, Spaghetti Seaweed 0.8%, Dextrose, Starter Culture (Lactobacillus Sakei, Pediococcus Acidilactci, Staphylococcus Carnosus)

# MAY CONTAIN TRACES OF FISH, MOLLUSCS, CRUSTACEANS

Typical values: per 100g, Energy 1021.4kJ/245.2kcal, Fat 14.7g, of which saturates 5.2g, Carbohydrates 1.0g, of which sugars 0.7g, Protein 26.9g, Salt 4.1g

#### One of the following

Chilli Beef Jerky: Rare Breed British Beef, Soy Sauce (**Soybean**) Worcestershire Sauce (**Barley & Fish**), Chilli Flakes, Garlic, Dextrose, Black Pepper, Cinnamon, Fennel, Star Anise Typical value per 100g: Energy 1430kj/340kcal, Fat 7.4g, of which Saturates 3.2g, Carbohydrate

Typical value per 100g: Energy 1430kj/340kcal, Fat 7.4g, of which Saturates 3.2g, Carbohydrate 14.6g, of which Sugars 3.3g, Dietary Fibre 2.3g, Protein 52.5g, Salt 7.15g.

Hot and Sweet Jerky: British Beef 70%, Soy Sauce (Water, Salt, Soybeans 11% Sugar, Wheat Flour), Brown Sugar, Pineapple Juice, Worcestershire Sauce (Malt Vinegar (from Barley), Spirit Vinegar, Molasses, Sugar, Salt, Anchovies (Fish), Tamarind Extract, Onions, Garlic, Spice, Flavourings), Garlic Powder, Onion Powder, Black pepper, Chilli Flakes

Typical values per 100g: Energy 1419kj/337kcal, Fat 9.8g, of which Saturates 3.9g, Carbohydrate 19g, of which Sugars 18g, Dietary Fibre 0.9g, protein 43g, Salt 6g

Red Wine and Black Pepper Jerky: British Beef 70%, Red Wine, Soy Sauce (Water, Salt, Soybeans 11%, Sugar, **Wheat** Flour), Black Pepper, Coriander Seed, Garlic, Rosemary

Typical value per 100g: Energy 1153kj/274kcal, Fat 8.8g, of which Saturates 3.6g, Carbohydrate 0.8g, of which Sugars 0.6g, Dietary Fibre under 0.5g, Protein 46g, Salt 4g

Brighton Pilsner: Chinook, Citra and Mosaic hops Gluten and Wheat free, Suitable for Vegans and Vegetarians

Brighton Pale Ale: Chinook, Citra and Mosaic hops
Gluten and Wheat free, Suitable for Vegans and Vegetarians

Gun Brewery Scaramanga: Sussex spring water, Barley, Wheat, Oats, Hops, Yeast Gluten Free, Vegan

Gun Brewery Chummy Bluster: Sussex spring water, Barley, Wheat, Hops, Yeast Gluten Free, Vegan

One of the following:

Ale Crackers Wheat flour, Stoneground wholemeal flour (26%) (Wheat), Brown ale (Barley), Corn oil, Crushed malted barley, Crushed malted wheat, Crushed crystal barley malt, Malt extract (Barley), Soft brown sugar, Salt,

Fermented **wheat** flour, Autolysed yeast, Raising agent (Sodium bicarbonate), Hops Not suitable for any **nut** allergy sufferers

Typical value per 100g: Energy 1712KJ, 406Kcal | Fat 10.4g of which saturates 1.4g | Carbohydrates 66.3g of which sugars 5.1g | Protein 10.7g | Salt 2.3g

Earth Crackers Oats (35%), Wheat flour, Butter (26%) (Milk), Beetroot flakes, Potato flakes, Salt, Spinach flakes, Emulsifier (Soya lecithin)

Not suitable for any **nut** allergy sufferers

Energy 1772 KJ, 423Kcal | Fat 19.2g of which saturates 10.8g | Carbohydrates 51.4 of which sugars 1.5g | Protein 8.9g | Salt 2.2g

Fire Crackers Wheat Flour, Stoneground wholemeal flour (26%) (Wheat), Corn oil, Oak smoked dark malt flour (Barley), Autolysed yeast, Salt, Dark muscovado sugar, Crushed red chillies, Raising agent (Sodium bicarbonate)

Not suitable for any **nut** allergy sufferers

Energy 1789KJ, 425Kcal | Fat 13g of which saturates 1.7g | Carbohydrates 64.6g of which sugars 3.1g | Protein 11.3g | Salt 2.9g

### Water Crackers Wheat flour, water

Energy 1532KJ, 361Kcal  $\mid$  Fat 1.1g of which saturates 0.3g  $\mid$  Carbohydrates 81g of which sugars 1.4g  $\mid$  Protein 10.3g  $\mid$  Salt 0.01g

#### One of the following:

### Balsamic Caramelised Onion Chutney

Caramelised Onions (39%, contains Rapeseed Oil), Sugar, Muscovado Sugar, White Wine Vinegar (SULPHITES), Balsamic Vinegar of Modena (7%) (Contains Wine Vinegar, Concentrated Grape Must (SULPHITES), Kibbled Red Onions, Concentrated Lemon Juice, Tapioca Starch, Olive Oil Energy 1532KJ, 361Kcal | Fat 1.1g of which saturates 0.3g | Carbohydrates 81g of which sugars 1.4g | Protein 10.3g | Salt 0.01g

## Pear, date and Cognac Chutney

Sugar, Pears (24%), Dried Dates (6%), Cognac (2%), Concentrated Lemon Juice, Gelling Agent (Pectin). May contain piece of fruit stone

Energy (kj): 964 kj, Energy (kcal): 230.396 kcal, Fat: 0.1g of which Saturates: 0.1g, Carbohydrate: 56g, of which Sugars: 55g, Protein: 0.6g, Salt: 0.1g

## Fig and Apple Chutney

Sugar, Bramley Apples (20%), Dried Figs (10%), Concentrated Lemon Juice, Gelling Agent (Pectin) Energy (kj): 1173 kj, Energy (kcal): 280.347 kcal, Fat: 0.1g, Of which Saturates: 0.1g, Carbohydrate 67g, of which Sugars: 65g, Protein: 0.6, Salt: 0.2

### Spiced Tomate and Vodka Chutney

Sugar, Tomatoes (25%), Apple Cider Vinegar, Bramley Apples, Tomato Paste, Vodka (5%), Kibbled Onions, Sun Dried Tomato Paste (Contains Sunflower Oil, White Wine Vinegar), Concentrated Lemon Juice, Tapioca Starch, Salt, Mixed Herbs & Spices, Garlic Powder

Energy (kj): 792 kj, Energy (kcal): 189.288 kcal, Fat: 0.1g, of which Saturates: 0.1g, Carbohydrate: 44g of which Sugars: 42g, Protein: 0.8g, Salt: 0.8g

# Rhubarb and Gin Chutney

Sugar, Rhubarb 34%, Gin 5%, Stem Ginger 1%, Concentrated Lemon Juice, Concentrated Redcurrant Juice, Gelling Agent: Fruit Pectin, Juniper Oil

Energy 1130kj/265kcal, Fat 0.0g, Of which saturates 0.0g, Carbohydrate 64.0g, Of which sugars 64.0g, Protein 0.3g, Salt 0.0g