

## Summer Muffin Box

### Ingredients:

Triple Chocolate Muffin: Chocolate Frosting (18%) ( Sugar, Vegetable Oils (Palm, Rapeseed), Water, Cocoa Powder, Dextrose, Fructose, Emulsifier (E322 (SOYA), E473 ) Humectant (Sorbitol Syrup), Emulsifiers (Lecithin, Polysorbate 60), Salt, Acid (Citric Acid), Preservative ( Potassium Sorbate), Natural Flavouring)), Sugar, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), EGG, Rapeseed Oil, Dark Chocolate Flavoured Drizzle (Sugar, Vegetable Oil, Cocoa Powder, Emulsifier: SOYA Lecithin (E322), Stabiliser (E492), Dark Chocolate (4%) ( Cocoa Mass, Sugar, Emulsifier: SOYA Lecithin (E322), Natural Vanilla Flavouring), Cocoa Powder, Emulsifier: Vegetable Glycerine (E422), MILK Chocolate (2%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Vanilla Extract), White Chocolate (2%) ( Sugar, Whole MILK Powder, Cocoa Butter, Emulsifier : SOYA Lecithin (E322), Natural Flavouring), Modified Maize Starch, Sugar Confetti Sprinkles ( Sugar, Vegetable Oils (Coconut, Shea), Rice Flour, Thickener (Sodium Carboxy Methyl Cellulose), Concentrates ( Spirulina, Sweet Potato, Apple, Radish), Colours (Lutein, Paprika Extract, Curcumin), Flavouring, Whey Powder (MILK), Raising Agents (E500ii, E450)(WHEAT), Emulsifier ( Containing Glucose Syrup Solids, Emulsifiers ( E472b, E471, E477, Skimmed MILK Powder, Stabiliser (E450)), Salt, Preservative: Potassium Sorbate (E202), Natural Flavouring

Biscoff Muffin: WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Sugar, EGG, Cream Cheese Frosting (13%) ( Sugar, Vegetable Oils (Palm, Rapeseed), Water, Cream Cheese Powder( MILK ), Humectant (Sorbitol Syrup), Dextrose, Fructose, Citric Acid , Salt, Emulsifiers (E435,E471, E473), Acidity Regulator (E575), Preservative ( Potassium Sorbate), Natural Flavouring, Colour (Algal Carotenes)), Rapeseed Oil, Caramel (8%) ( Sugar, Glucose Syrup, Sweetened Condensed MILK (MILK, Sugar, Lactose (MILK)), Water, Unsalted Butter (MILK), Golden Syrup (Partially Inverted Refiners Syrup), Palm Oil, Salt, Emulsifiers (E322 Lecithin (Sunflower, Rapeseed, SOYA), E491 Sorbitan Monostearate), Natural Flavouring), MILK Chocolate (8%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Vanilla Extract), Caramelised Biscuit Spread (4%) (Caramelised Biscuits (WHEAT Flour, Sugar, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (SOYA Lecithin), Acid (Citric Acid)), Caramel Fudge Pieces (Sugar, Full Cream Condensed MILK, Fondant (Sugar, Glucose, Water), Glucose Syrup, Palm Oil, Water, Salt), Emulsifier: Vegetable Glycerine (E422), Modified Maize Starch, Caramelised Biscuits ( WHEAT Flour, Sugar, Vegetable Oils ( Palm, Rapeseed), Sugar Syrup, Raising Agent ( Sodium Hydrogen Carbonate), SOYA Flour, Salt, Cinnamon), Whey Powder (MILK), Raising Agents (E500ii, E450) (WHEAT), Emulsifier ( Containing Glucose Syrup Solids, Emulsifiers ( E472b, E471, E477, Skimmed MILK Powder, Stabiliser (E450)), Salt, Preservative: Potassium Sorbate (E202), Natural Flavouring

Lemon Drizzle Muffin: Sugar, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), EGG, Rapeseed Oil, Lemon Curd (10%) (Sugar, Water, Glucose Syrup, Concentrated Lemon Juice, Margarine (Fat Blend (Palm, Palm Stearine, Coconut Oil, Rapeseed Oil) Water, Lemon Juice), EGG Powder, WHEAT Starch, Modified WHEAT Starch, Gelling Agent: Pectin Sicilian Lemon Oil, Acidity Regulators: Citric

Acid, Trisodium Citrate, Colours: Lutein, Curcumin), Emulsifier: Vegetable Glycerine (E422), Modified Maize Starch, Whey Powder (MILK), Raising Agents (E500ii, E450) (WHEAT), Emulsifier (Containing Glucose Syrup Solids, Emulsifiers (E472b, E471, E477, Skimmed MILK Powder, Stabiliser (E450)), Natural Lemon Flavouring, Salt, Preservative: Potassium Sorbate (E202), Natural Flavouring

Carrot Cake Muffin: Cream Cheese Frosting (20%) ( Sugar, Vegetable Oils (Palm, Rapeseed), Water, Cream Cheese Powder (MILK), Humectant (Sorbitol Syrup), Dextrose, Fructose, Citric Acid , Salt, Emulsifiers (E435,E471, E473), Acidity Regulator (E575), Preservative ( Potassium Sorbate), Natural Flavouring, Colour (Algal Carotenes)), WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Sugar, EGG, Carrots (10%), White Chocolate Flavoured Drizzle (Sugar, Cocoa Butter, Whole MILK Powder, Whey Powder (From MILK), Lactose (From MILK), Emulsifier (SOYA Lecithin), Vanilla Extract), Emulsifier: Vegetable Glycerine (E422), Black Treacle, PISTACHIO NUTS, Modified Maize Starch, WALNUTS, Whey Powder (MILK), Mixed Spice, Raising Agents (E500ii, E450) (WHEAT), Emulsifier (Containing Glucose Syrup Solids, Emulsifiers (E472b, E471, E477, Skimmed MILK Powder, Stabiliser (E450)), Caramel Colour E150c, Salt, Preservative: Potassium Sorbate (E202), Natural Flavouring

Strawberry & White Chocolate Muffin: WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Sugar, EGG, Rapeseed Oil, White Chocolate (8%) (Sugar, Whole MILK Powder, Cocoa Butter, Emulsifier : SOYA Lecithin (E322), Natural Flavouring), Strawberry Jam (8%) (Glucose Fructose Syrup, Strawberries (35%), Sugar, Gelling Agent: Pectin, Citric Acid, Colouring: Anthocyanin, Preservative: Potassium Sorbate, Acidity Regulator: Sodium Citrate), White Chocolate Flavoured Drizzle (Sugar, Cocoa Butter, Whole MILK Powder, Whey Powder (From MILK), Lactose (From MILK), Emulsifier (SOYA Lecithin), Vanilla Extract), Strawberry Fruit Pieces (4%) (Concentrated Apple Puree, Strawberry Puree, Fructose, Glucose Syrup, Sugar, Glycerol, WHEAT Fibre, Palm Fat, Malic Acid, Pectin, Food Colouring, Natural Strawberry Flavouring), Emulsifier: Vegetable Glycerine (E422), Modified Maize Starch, Whey Powder (MILK), Raising Agents (E500ii, E450)(WHEAT) Emulsifier (Containing Glucose Syrup Solids, Emulsifiers (E472b, E471, E477, Skimmed MILK Powder, Stabiliser (E450)), Salt, Preservative: Potassium Sorbate (E202), Natural Flavouring

Coffee & Walnut Muffin: Sugar, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Cream Cheese Frosting (18%) ( Sugar, Vegetable Oils (Palm, Rapeseed), Water, Cream Cheese Powder (MILK), Humectant (Sorbitol Syrup), Dextrose, Fructose, Citric Acid , Salt, Emulsifiers (E435,E471, E473), Acidity Regulator (E575), Preservative ( Potassium Sorbate), Natural Flavouring, Colour (Algal Carotenes)), EGG, Rapeseed Oil, WALNUTS (8%), White Chocolate Flavoured Drizzle (Sugar, Cocoa Butter, Whole MILK Powder, Whey Powder (From MILK), Lactose (From MILK), Emulsifier (SOYA Lecithin), Vanilla Extract), Emulsifier: Vegetable Glycerine (E422), Modified Maize Starch, Natural Flavouring, Whey Powder (MILK), Raising Agents (E500ii, E450) (WHEAT), Emulsifier (Containing Glucose Syrup Solids, Emulsifiers (E472b, E471, E477, Skimmed MILK Powder, Stabiliser (E450)), Salt, Preservative: Potassium Sorbate (E202)

TRIPLE CHOCOLATE MUFFIN NUTRITION INFORMATION per 100g

Energy 1881kJ/450kcal

Fat 24g

of which Saturates 7.0g

Carbohydrate 54g

of which Sugars 38g

Fibre 2.5g

Protein 5.2g

Salt 0.07g

#### BISCOFF MUFFIN NUTRITION INFORMATION per 100g

Energy 1920kJ/459kcal

Fat 22g

of which Saturates 6.0g

Carbohydrate 60g

of which Sugars 40g

Fibre 0.9g

Protein 4.7g

Salt 0.21g

#### LEMON DRIZZLE MUFFIN NUTRITION INFORMATION per 100g

Energy 1696kJ/405kcal

Fat 18g

of which Saturates 1.9g

Carbohydrate 56g

of which Sugars 33g

Fibre 0.9g

Protein 4.9g

Salt 0.09g

#### CARROT MUFFIN NUTRITION INFORMATION per 100g

Energy 1503kJ/357kcal

Fat 11g  
of which Saturates 5.3g  
Carbohydrate 59g  
of which Sugars 39g  
Fibre 1.6g  
Protein 5.4g  
Salt 0.27g

STRAWBERRY & WHITE CHOCOLATE MUFFIN NUTRITION INFORMATION per 100g

Energy 1805kJ/431kcal  
Fat 20g  
of which Saturates 4.6g  
Carbohydrate 59g  
of which Sugars 38g  
Fibre 1.2g  
Protein 5.0g  
Salt 0.13g

COFFEE & WALNUT MUFFIN NUTRITION INFORMATION per 100g

Energy 1934kJ/463kcal  
Fat 26g  
of which Saturates 5.8g  
Carbohydrate 53g  
of which Sugars 34g  
Fibre 1.3g  
Protein 5.7g  
Salt 0.22g