

SAMPHIRE

SOOTHE ME

Herbal Tea Blend

Naturally caffeine free. Hand Blended.
Best taken in the evening to help get a
good night's sleep.

Ingredients: Chamomile, Lavender, Holy
Basil, Orange Peel, Lime Leaf.
Place 1-2 teaspoons in reusable tea bag
and steep for 4 minutes and enjoy.



Net Wt. 40g