# Allergens Infa

Please see below for ingredients in the items that can appear in Book & Tea Box products.

# Riscuits

## Milk Chacalate Leman & Orange Half Caated Riscuits

Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Salted BUTTER (24%) (MILK, Salt), MILK Chocolate (Sugar, Cocoa BUTTER, Whole MILK Powder, Cocoa Mass, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Sugar, Mixed Peel (Glucose-Fructose Syrup, Orange Peel, Lemon Peel, Salt, Acidity Regulator: Citric Acid), Natural Flavouring, Raising Agents: Diphosphate, Sodium Hydrogen Carbonate; Rice Flour.

### Chacalate Orange Brawnie Biscuits

Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Salted BUTTER (18%) (MILK, Salt), Dark Chocolate (16%) (Sugar, Cocoa Mass, Cocoa BUTTER, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Dark Chocolate Chips (16%) (Sugar, Cocoa Mass, Cocoa BUTTER, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Soft Brown Sugar (Sugar, Cane Molasses, Colour: Plain Caramel; Partially Inverted Sugar Syrup), Cocoa Paste (Cocoa Powder, Rapeseed Oil, Emulsifier: Mono- and Diglycerides of Fatty Acids), Orange Marmalade (2%) (Sugar, Oranges, Gelling Agent: Pectin), Free Range Pasteurised EGG, Natural Orange Flavouring, Raising Agent: Sodium Hydrogen Carbonate.

#### Dark Chocolate Salted Praline Riscuits

Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Dark Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: Soya Lecithin; Natural Vanilla Flavouring), Salted Butter (MILK, Salt) Sugar, Caramelised Hazelnut Pieces (Sugar, Hazelnuts), Flavouring, Sea Salt

#### Chocolate Viennese Whirls

Wheat Flour (Calcium, Iron, Niacin, Thiamin), Milk Chocolate (22%) (Sugar, Cocoa Mass, Cocoa Butter, Whole Milk Powder, Whey (Milk) Powder, Lactose, Emulsifier: Soya Lecithin), Sugar, Vegetable Oil (Palm, Rapeseed), Butter, Cornflour, Skimmed Milk Powder, Free Range Whole Egg Powder, Natural Flavouring, Raising Agents (Disodium Diphosphate, Sodium Carbonate), Salt

## Luxury White Chacolate & Toasted Coconut Piscuits

Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Salted BUTTER (MILK, Salt), Sugar, Desiccated Coconut (13%), White Chocolate Chunks (10%) (Sugar, Whole MILK Powder, Cocoa BUTTER, Skimmed MILK Powder, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Cornflour, Natural Flavouring, Salt.

Whilst we make every effort to make sure that the allergens information is up to date and correct, please check the product labels before consuming any products. Products may contain traces of nuts.

#### Vegan Stem Ginger Riscuits

Gluten Free Oat Flour, Crystallised Ginger (22%) [Ginger, Sugar], Palm Oil, Sugar, Tapioca Flour, Gluten Free Oats, Partially Inverted Sugar Syrup, Ginger Powder, Raising Agent (Sodium Bicarbonate), Thickener (Xanthan Gum).



# Vegan Spiced Chacalate & Orange Riscuits

Gluten Free Oat Flour, Sugar, Dark Chocolate Chips (17%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (Sunflower Lecithins)], Palm Oil, Margarine [Palm Fat, Rapeseed Oil, Water, Palm Oil, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids)], Tapioca Flour, Rice Flour, Partially Inverted Sugar Syrup, Sicilian Orange Peel (1.5%), Glucose Syrup, Raising Agents (Sodium Bicarbonate, Ammonium Hydrogen Carbonate), Spices, Orange Oil, Flavouring, Stabiliser (Xanthan Gum).

# Tea

#### Teapigs Snaaze

Organic apple pieces, organic chamomile flowers, organic lavender leaves

#### Teapigs Galm

Organic chamomile, organic lemongrass, organic lemon balm, organic valerian, natural flavourings

# Teapigs Trim

Organic guarana seed, organic apple, organic liquorice root, organic hibiscus, natural flavouring, organic rosehip, organic peach pieces.

#### Teapigs Leman & Ginger

Ginger, lemongrass, lemon peel, liquorice root

#### Teapigs Greent Tea with mint

Chunmee green tea, peppermint

# Teapigs Everyday Brew

black tea

# Teapigs Cleanse

Organic lemongrass, organic ginger, organic green tea, organic liquorice root, organic cocnut pieces, organic lemon peel, organic dandelion root, natural flavouring, organic marigold flowers

# Teapigs Chamamile Flowers

Chamomile Flowers

#### Teapigs Trim

Organic guarana seed, organic apple, organic liquorice root, organic hibiscus, natural flavouring, organic rosehip, organic peach pieces.

# Teapigs Haneybush &

Raaibas

Honeybush, rooibos

# Teapigs Earl Grey

Black tea, conflowers, natural bergamot flavouring, other natural flavourings, lime flavouring

## Teapigs Happy

Organic apple, organic lemon balm, organic cinnamon, organic ginger, organic cardomom seed, organic sweet blackberry leaves, organic turmeric, organic orange peel, natural flavourings, organic lemon peel, organic clove buds, organic marigold dlowers, organic allspice

# Teapigs Superfruit

Hibiscus, elderberries, blackcurrants, currants, natural flavourings, cranberries, blueberries

Whilst we make every effort to make sure that the allergens information is up to date and correct, please check the product labels before consuming any products. Products may contain traces of nuts.

#### Teapigs Apple & Cinnamon

Apple, cinnamon, apple pomace, roasted chicory root, citric acid, sweet blackberry leaves, natural flavourings

Tea People Everyday
English Breakfast

Black tea

## Teapigs Lychee & Rose

Applie pieces, white hibiscus, natural flavouring, turmeric, citric acid, red rose petals

## Teapigs Spiced Winter Red Tea

Rooibos, natural flavourings, orange peel, gingko leaves, orange blossom, cinnamon, ginseng cloves, safflower petals

Leafy Tea Wake Up Tea

black tea

#### Teapigs Peach & Manga

White hibiscus, apple, sweet blackberry leaves, chicory root, natural flavourings, citric acid, beetroot, peach, mango

# Kernow Hot Chocolate

#### Milk Chacalate

Sugar, cocoa butter. whole milk, powder, coca mass, emulsifier, soya lecithin, natural vanilla flavouring

#### Chacalate Orange

Milk chocolate, (sugar, cocoa butter, while milk powder, cocoa mass,emulsifier, soya lecithin, natural vanilla flavouring) natural orange oil

# Other

#### Gluten Free Rainbow Cookies

Butter 18% (MILK), Tapioca starch, Milk chocolate beans 12% (Milk chocolate (Sugar, Cocoa butter, Skimmed MILK powder, Cocoa Mass, Whole MILK powder, Whey powder (MILK), Butteroil (MILK), Emulsifier: SOYA lecithin, Flavouring), Sugar, Colours: Beetroot red, Mixed carotenes, Plain caramel, Titanium dioxide, Anthocyanins, Curcumin, Copper complexes of chlorophyllins, Glazing agents: Gum arabic, Shellac, Carnauba wax, Beeswax, Flavouring), EGG, Soft brown sugar, Milk chocolate chunks 6% (Sugar, Whole MILK powder, Cocoa butter, Cocoa mass, Whey powder (MILK), Skimmed MILK powder, Emulsifier: SOYA lecithin, Natural flavouring), Potato starch, Rice starch, Sugar, Dark chocolate chips 4% (Sugar, Cocoa mass, Cocoa butter, Emulsifier: SOYA lecithin, Natural flavouring), Maize starch, Milk chocolate chips 3% (Sugar, Whole MILK powder, Cocoa butter, Cocoa mass, Whey powder (MILK), Skimmed MILK powder, Emulsifier: SOYA lecithin, Natural flavouring), Maltodextrin, Tapioca starch, Golden syrup, Whole MILK powder, Glucose syrup, Invert sugar syrup, Vanilla extract, Salt, Raising agent: Sodium bicarbonate.

Whilst we make every effort to make sure that the allergens information is up to date and correct, please check the product labels before consuming any products. Products may contain traces of nuts.

