

## Thinking of You Ingredients and Allergens



### Oat Crackers with Cheddar Cheese

*Allergen Information (Contains WHEAT, GLUTEN, MILK). For allergens including cereals containing gluten, see allergens in bold. May also contain traces of Mustard, Celery Seed, Sulphites.*

### 'Red Devil' Red Leicester with Chilli and Peppers

Red Leicester Cheese (96%) (Cheese [**Milk**], Colour (Annatto), Whey Powder [**Milk**], Sugar, Chilli, Sea salt, Onion, Cayenne chilli extract, Natural flavouring, Spices, Habanero extract)

### Tomato and Chilli Relish

**Ingredients:** Tomatoes 40%, onions, peppers, chillies 5%, sugar, Aspell's red wine vinegar, **MUSTARD SEEDS**, nigella seeds, paprika & sea salt.

**Allergen Advice:** Allergies are highlighted in CAPITALS. All of our delicious products are produced in a kitchen where we use nuts, dairy, gluten and mustards.

### Sea Salted Milk Chocolate Truffles

Chocolate (40%) : dark chocolate cocoa mass, sugar, cocoa butter, emulsifier (**soya lecithin**), **cream**, vanilla extract [Water, Sugar, Ethanol, Vanilla Bean Extract], Sea Salt.

Flavouring: Natural Vanilla Extract, [Water, Sugar, Ethanol, Vanilla Bean Extract], Pembrokeshire Sea Salt. Made on premises where **nuts** are handled.

### **Traditional Sparkling Lemonade**

Carbonated spring water, Sicilian Lemon juice from concentrate (10%), Sugar, Lemon Comminute from Concentrate

### **Traditional Welsh Cakes**

**Wheat Flour** (**Wheat Flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Vegetable Oils (Sustainable Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acid), Flavourings, Colours (Annatto, Curcumin)), Sugar, Mixed Vine Fruit (14%) (Sultanas & Currants), **Eggs**, Raising Agent (Disodium Diphosphate, Potassium Hydrogen Carbonate, **Wheat Flour**), Lemon Juice, Preservative: Potassium **Metabisulphite**.

### **Tiffany Welsh Cake Chocolate**

Allergy advice: Produced in an environment that uses nuts. Contains soya, milk, wheat and butter

### **6 x Pure Indulgence Chocolates**

Chocolate: Whole milk powder, emulsifier: soya lecithin, natural vanilla flavoring.

Milk Chocolate contains Cocoa Solids 33.6% minimum, Milk Solids 36.2% minimum. Dark Chocolate contains Cocoa Solids 70.5% minimum, Milk Solids 39% minimum. White Chocolate contains Cocoa Solids 28% minimum, Milk Solids 22 % minimum.

Decoration: AZO Free – May contain Fat based Cocoa Butter E100, E120, E132, E171, E172. Colour powder with mica, titanium dioxide carrier E555 56-76%; Colour E171 24-44%

Fillings:

Raspberry & Rose: milk chocolate couverture, raspberry puree (23%), cream (from milk), butter (from milk), invert sugar, confectioners sugar, rose water (0.54%). Gin & Lemon: white chocolate, cream (from milk), gin (5.50%), glucose, lemon puree (2.20%), butter (from milk). Honey & Almond: Honey (47%), cream (from milk), almonds (15.70%), candied orange peel (7.84%), glucose syrup. Frutti & Dark: dark chocolate couverture (33%), raspberry fruit puree (19.4%), sugar, cream (from milk), butter (from milk), glucose, invert sugar, tartaric acid, pectin. Honey & Saffron: milk chocolate couverture, cream (from milk), honey (5.80%), butter (from milk), saffron (0.07%). Whiskey & Vanilla: dark chocolate couverture, cream (from milk), whiskey (6.85%), butter (from milk), vanilla paste (1.37%).

For Allergens – see ingredients in bold

Not suitable for Nut, Peanut, Milk, Sulphites sufferers, due to ingredients and manufacturing methods. Suitable for vegetarians. Gluten free.

### **Rhossili Bay - Gower Coffee**

N/A

### **Hot Chocolate**

**Ingredients** – Milk Chocolate (**MILK + SOYA**), Dark Chocolate (**SOYA**), Cocoa Powder, Sugar, Sea Salt. May contain traces of nuts

### **Made in a kitchen that handles:**

Cereals, Eggs, Milk, Fish, Lupin, Mustard, Nuts, Peanuts, Sesame, Soya, Sulphur Dioxide

### **Traditional Shortbread Biscuits**

WHEAT flour (wheat flour, calcium carbonate, iron, niacin, thiamin), Salted butter (MILK 33%), sugar

### **Chocolate Mocha Fudge**

**MILK, SOYA, PEANTS AND NUTS**