

The Original Cake Company – Iced Christmas Cake

Ingredients: Sultanas (48%), Sugar, EGG, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Marzipan (8%) (Sugar, ALMONDS (NUTS), Corn Syrup, Water, Sorbitol (E420), Preservative E202, Thickener (E40 1), Stabiliser (Invertase)), Icing (8%) (Sugar, Glucose Syrup, Palm Oil, Water, Humectant: Glycerine (E422), Emulsifier (E471), Stabiliser (E466), Preservative (E202), Flavouring, Colour (E171)), Butter (MILK), Candied Mixed Citrus Peel (Orange Peel, Lemon Peel, Glucose Fructose Syrup, Salt, Acidity Regulator, Citric Acid), Cream Sherry (3%), Caramel Colour E150c, Black Treacle, Star Decoration (Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan. Suitable for vegetarians.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 1385kJ / 329kcal

Fat 10.5g

Saturates 4.6g

Carbohydrates 54.1g

Sugars 52.3g

Protein 4.4g

Salt 0.2g

Cocoba Dark Chocolate Covered Orange Peel

Ingredients: Sugar, orange peel, cocoa mass, vegetable fat (palm), cocoa butter, whey (MILK), emulsifier: sunflower lecithin, glazing agents: shellac, gum arabic, preservative: citric acid

Nutritional Information (Per 100 g)

Energy 484 kcal

Fat 23.3g

Saturated 14.2g

Carbohydrates 63.7g

Sugars 62.1g

Protein 3.2g

Salt 0.3g

Hawkshead Relish – Christmas Chutney

Ingredients: apricot (28%), onion, acetic acid, sugar, orange, cranberry (4%), salt, ginger, garlic, coriander, cayenne. MAY CONTAIN TRACES OF FRUIT STONE

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 180kcal

Fat 1.0g

Saturates 0.0g

Carbohydrates 37.0g

Sugars 36.0g

Protein 2.0g

Salt 2.0g

Elegant and English - Strawberries & Cream Biscuits

Ingredients: WHEAT FLOUR, BUTTER (28%), Sugar, Whole MILK Powder, Strawberry Juice Concentrate (2%), Clotted Cream (1%) (MILK), Natural Flavouring, Lemon Juice Concentrate, Emulsifier (SOYA Lecithin), Raising Agent (Sodium Bicarbonate) Contains WHEAT, GLUTEN, NUTS, MILK, SOYA – NOT SUITABLE FOR NUT ALLERGY SUFFERERS

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100 g or 100ml)

Energy 513 Kcal

Fat 25.3g

Saturates 15.7g

Carbohydrates 68.6g

Sugars 21.2g

Protein 6.3g

Salt 0.6g

Forest Feast - Dark Chocolate Almonds

Ingredients: Almonds (39%), Cocoa mass, sugar, cocoa butter, salt, Cocoa Powder, emulsifier (soya lecithin), natural flavouring. Dark chocolate contains 55% cocoa solids minimum. Also, NOT suitable for PEANUT, TREE NUT, MILK and SESAME SEED allergy sufferers.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100 g or 100ml)

Energy 2356kJ/ 566kcal

Fat 43.1g

Saturates 14.5g

Carbohydrates 30.9g

Sugars 28.1g

Protein 11.8g

Salt 0.72g

Yorkshire Crisps - Worcester Sauce flavour

Ingredients: Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

Nutrition Information (Per 100 g or 100ml)

Energy 468.2Kcal

Fat 25.0g

Saturates 2.2g

Carbohydrates 54.1g

Sugars 3.0g

Protein 5.2g

Salt 1.4g

Millers Toast - Cranberry & Raisin

Ingredients: BUTTERMILK, WHEAT Flour, Dried Sweetened Cranberries (25%) (Cranberries, Sugar, Sunflower Oil), Pumpkin Seeds (17%), Raisins (13%), Soft Brown Sugar, Honey, Extra Virgin Olive Oil, Raising Agent (Sodium Bicarbonate), Sea Salt

Nutrition Information (Per 100 g or 100ml)

Energy 466kcal

Fat 10.7g

Saturates 3.0g

Carbohydrates 79.3g

Sugars 30.4g

Protein 10.2g

Salt 1.7g

Cornish Artisan Confectionery - Caramel Sea Salt Crumbly Fudge

Ingredients: Sugar, sweetened condensed milk (WHOLE MILK, sugar), butter (MILK), golden syrup, glucose, sea salt, caramel flavouring Made in a factory that handles egg, soya, nuts and peanuts.

Nutrition Information (Per 100 g or 100ml)

Energy 1708kJ / 405kcal

Fat 11.5g

Saturates 7.3g

Carbohydrates 74.1g
Sugars 70.3g
Protein 1.3g
Salt 0.81g

The Pea Green Boat - Original Cheese Sables

Ingredients: Organic Scottish WHEAT Flour (GLUTEN, with added Calcium, Iron, Niacin, Thiamin), Scottish Mature Cheddar Cheese (MILK) (31%), Italian Parmigiano Reggiano Cheese (MILK, Salt, Rennet) (15%), Butter (Milk, Salt), Sea Salt, Garlic Powder.

Nutrition Information (Per 100 g or 100ml)

Energy 2323kJ/ 558kcal
Fat 37.8g
Saturates 24.6g
Carbohydrates 35.7g
Sugars 0.9g
Protein 17.7g
Salt 1.4g

Teoni's Cookies – Spiced Fingers

Ingredients: WHEAT FLOUR (GLUTEN) [calcium carbonate, iron, niacin, (vit B3), thiamin (vit B1), BUTTER (MILK) (20%), oats (13%), golden syrup, bicarbonate of soda, mixed spice (1%). Made in a factory that handles nuts. Free from Hydrogenated fats.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 449kcal
Fat 17.4g
Saturates 7.8g
Carbohydrates 68.5g
Sugars 38.7g
Protein 5.5g
Salt 0.2mg

Cocoa Loco - Milk Chocolate Christmas Santas

Ingredients: milk chocolate containing cocoa solids 37% minimum & milk solids 21% minimum (sugar, cocoa butter, whole MILK powder, cocoa mass, vanilla powder)MAY CONTAIN SOYA, MADE IN A KITCHEN WHERE NUTS WHEAT FLOUR, OATS, EGGS AND SESAME SEEDS ARE USED.SUITABLE FOR VEGETARIANS

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 573kcal

Fat 38.1g
Saturates 23.2g
Carbohydrates 50.0g
Sugars 49.1g
Protein 6.7g
Salt 205mg

Mr Filberts - Mexican Sweet Chilli Mixed Nuts

Ingredients: Roasted mixed nuts 94%, (PEANUTS, ALMONDS, CASHEWS), sugar, chipotle chilli, sea salt, garlic, rapeseed oil, black pepper, fennel, chilli powder. Allergens in bold. Suitable for Vegetarians and Vegans.

Nutrition Information (Per 100 g or 100 ml)

Energy 2449kJ/ 591kcal
Fat 46g
Saturates 7.4g
Carbohydrates 14.4g
Sugars 8.3g
Protein 25.7g
Salt 0.7g

Lincoln Tea & Coffee Co - Traditional Breakfast Tea

Ingredients: Black tea