

Yorkshire Crisps - Worcester Sauce flavour

Ingredients: Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

Nutrition Information (Per 100g or 100ml)

Energy 468.2Kcal

Fat 25.0g

Saturates 2.2g

Carbohydrates 54.1g

Sugars 3.0g

Protein 5.2g

Salt 1.4g

Serious Pig - Corn Scratchings

Ingredients: Giant Corn (Corn, Sunflower Oil) 91%, Rapeseed Oil, Yeast Extracts, Sea Salt, Sugar, White Pepper, Sage. May contain traces of **Peanut, Tree Nut** and **Sesame**. Allergens in **bold**. Suitable for Vegetarians and Vegans. Caution: Small children can choke on nuts. STRONG HEALTHY TEETH REQUIRED.

Nutrition Information (Per 100g or 100ml)

Energy 1828kJ / 435 kcal

Fat 14.1g

Saturates 1.1g

Carbohydrates 66.3g

Sugars 1.4g

Protein 4.9g

Salt 3.1g

Mighty Fine - Dark Chocolate Coated Almonds

Ingredients: ALMONDS (60%), Dark Chocolate (38.3%)(Cocoa Mass, Sugar, Cocoa Butter, Emulsifier [SOYA LECITHIN], Natural Vanilla Flavouring), Cocoa Powder (0.5%), Glazing Agents (Gum Arabic), Salt and natural flavouring. For allergens, including cereals containing gluten, see ingredients in Bold. Also, NOT suitable for PEANUT, TREE NUT, MILK and GLUTEN allergy sufferers.

Nutrition Information (Per 100g or 100ml)

Energy 2352kJ / 568kcal

Fat 44g

Saturates 10.1g

Carbohydrates 17.6g

Sugars 12.3g

Protein 20.3g

Salt 0.01g

Thursday Cottage – Reduced Sugar Strawberry Jam

Ingredients: cane sugar, strawberries, Gelling agent: citrus pectin, concentrated lemon juice

Nutrition Information (Per 100g or 100ml)

Energy 149 kcal
Fat 0g
Saturates 0g
Carbohydrates 36g
Sugars 35g
Protein 0g
Salt 0g

Grate Britain - Smoked Cheese Biscuits

Ingredients: WHEAT flour, Smoked Dorset Red Cheddar, (37%), (MILK) (with colour: Anatto), Butter (15%), (MILK, Salt), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sea Salt, Ground Black Pepper, Ground Nutmeg.

Nutrition Information (Per 100g or 100ml)

Energy 2141 kJ / 512 kcal
Fat 29.9g
Saturates 16.4g
Carbohydrates 46.8g
Sugars 0.5g
Protein 16.8g
Salt 2.2g

Farmhouse Biscuits – Sugar Free Oat Crunch Biscuits

Ingredients: Vegetable Oils (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: E475, Flavouring, Colours: Annatto, Curcumin), Rolled OATS (20%), Sweetener: Isomalt, Corn Flour, Flour (WHEAT Flour, Calcium, Iron, Niacin, Thiamin), Rice Flour, Raising Agent: Sodium Bicarbonate, Sweetener: Acesulfame K, Skimmed MILK Powder.(MAY ALSO CONTAIN EGG. MANUFACTURED IN A NUT ENVIRONMENT)

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 490kcal
Fat 29.9g
Saturates 10.0g
Carbohydrates 43.3g
Sugars 0.47g

Protein 4.6g
Salt 1.06g

Lincoln Tea & Coffee Co - Traditional Breakfast Tea

Ingredients: Black tea