

## The South-East Asia Discovery Kit

# **Ingredients and Allergens**

### Ingredients (allergens in bold)

#### Larb Lettuce

Fragrant Paste (Lemongrass purée, Kaffir lime purée, Ginger purée, Galangal milled, Citric acid, Potassium sorbate, Ascorbic acid, Water). **Fish Sauce** (Anchovy extract (66% w/w), Salt (29% w/w), Sugar (5% w/w) contains **FISH**)

#### **Pho Noodle Soup**

Ginger & Garlic Paste (Ginger, Garlic, Citric acid, Sea salt, Ascorbic acid, Potassium sorbate, Sodium metabisulphite). Tyga 41 (Ground coriander, Lime Powder, Paprika). **Fish Sauce** (Anchovy extract (66% w/w), Salt (29% w/w), Sugar (5% w/w) contains FISH).Chilli Flakes. Stock, Salt, Tomato Powder, Sundried Tomato Powder, Yeast Extract Powder, Porcini Mushroom Powder. **Soya** Sauce, Water, Soy extract (Water, Non-GM IP Soybeans, Salt and Wheat), Salt, Glucose, **Barley** malt extract and Spirit vinegar.

#### **Thai Green Curry**

Ginger & Garlic Paste (Ginger, Garlic, Citric acid, Sea salt, Ascorbic acid, Potassium sorbate, Sodium metabisulphite). Fragrant Paste (Lemongrass purée, Kaffir lime purée, Ginger purée, Galangal milled, Citric acid, Potassium sorbate, Ascorbic acid, Water). Tyga 40 (Ground coriander, Ground cumin, Ground turmeric, Ground black pepper). **Fish Sauce** (Anchovy extract (66% w/w), Salt (29% w/w), Sugar (5% w/w) contains **FISH).** 

#### Nasi Goreng

Ginger & Garlic Paste (Ginger, Garlic, Citric acid, Sea salt, Ascorbic acid, Potassium sorbate, Sodium metabisulphite). Tyga 40 (Ground coriander, Ground cumin, Ground turmeric, Ground black pepper). **Fish Sauce** (Anchovy extract (66% w/w), Salt (29% w/w), Sugar (5% w/w) contains **FISH**). Chilli Flakes. Unami Stock (Salt, Tomato Powder, Sundried Tomato Powder, Yeast Extract Powder, Porcini Mushroom Powder). **Soy Sauce** (Water, Soy extract (Water, Non-GM IP Soybeans, Salt and Wheat)), Salt, Glucose, **Barley** malt extract and Spirit vinegar). **Allergy Information:** The dishes included in this kit are all gluten free. All of our food is packaged in the same place so may contain: gluten, eggs, nuts, soya, milk, celery, fish, mustard or sesame and may not be suitable for small children.