## Taittinger - Brut Reserve Champagne

**Ingredients:** Contains SULPHITES

# **Court Garden - Ditching White Wine**

**Ingredients:** Contains SULPHITES

#### Domaine des Girasols - Cotes du Rhone 2016

**Ingredients:** Contains SULPHITES

### Shropshire Spice Co – Traditional Mulled Wine Spice

**Ingredients:** cinnamon, dried lemon peel, dried orange peel, nutmeg allspice, cloves

## **Prestat - Union Jack Gourmet Truffles**

Ingredients: sugar, cocoa mass, cocoa butter, WHIPPING CREAM, whole MILK powder, glucose syrup, hazelnuts BUTTER, sugar, cointreau, humectant; sorbitol, emulsifier: SOYA lecithin, passion fruit, vodka, marc de champagne, biscuit (WHEAT FLOUR, sugar, MILK powder, salt, BARLEY, malt extract, raising agent:e500) cocoa butter, natural vanilla flavourings, sea salt, lemon oil, orange oil, colour: beetroot juice extract, acidity regulator: citric acid, preservative: sorbic acid, passion fruit flavourings ALLERGENS: CONTAINS MILK, SOYA, NUTS & GLUTEN (WHEAT, BARLEY. MADE IN A FACTORY THAT ALSO HANDLES EGGS

## **Nutrition Information (Per 100g or 100ml)**

Energy 524Kcal
Fat 34g
Saturates 18g
Carbohydrates 46g
Sugars 43g
Protein 5.2g
Salt 0.13g

## The Naked Marshmallow Co - Strawberry Cream Marshmallows

**Ingredients:** Sugar, glucose syrup, water, bovine gelatine (SULPHITES), corn flour, icing sugar, freeze-dried strawberry powder (1%), salt, vanilla natural flavouring (0.2%), natural colouring (radish, apple, blackcurrant), strawberry natural flavouring (0.07%), cream of tartar. Also may contain PEANUTS, NUTS, MILK, SOYA and SESAME

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

**Energy** 1265kJ / 297kcal

Fat o.og

Saturates o.og

Carbohydrates 73g

Sugars 60g

Protein 2.2g

**Salt** 0.56g

# **Hawkshead Relish - Fruity Cranberry Sauce**

**Ingredients:** sugar, cranberries (23%), bramley apples, lemon juice, water

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 190kcal

Fat o.og

Saturates o.og

Carbohydrates 48.og

Sugars 48.og

Protein o.og

Salt o.og

## The Simply Delicious Cake Co - Handmade Christmas Cake

**Ingredients:** vine fruit (35%) (sultanas, sunflower oil) EGGS, butter, (MILK), dark soft brown sugar WHEAT flour, icing (sugar, glucose syrup, water, palm oil, humectant: vegetable glycerine, emulsifier: mono and di-glycerides of fatty acids, stabiliser: gum tragacanth, preservative: potassium sorbate, natural flavouring), marzipan: sugar, ALMONDS, glucose syrup, water, invert sugar syrup, preservative: poptassium sorbate), cherries (cherries, glucose-fructose syrup, preservatives: SULPHUR DIOXIDE, acidy regulator: citric acid, fruit and vegetable juice for colour), black treacle, ALMONDS, mixed peel (orange, lemon, glucose fructose syrup, salt, preservative: SUPHUR DIOXIDE), lemon juice, preservative: potassium metabisulphate), Almond flavouring, glaze, (glucose, water, sugar, gelling agent: pectin, acidifying agent: citric acid, preservative: potassium sorbate

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml) **Energy** 374kcal

Fat 9.6g

Carbohydrates 62.3g

**Sugars** 26.8g

Protein 10.4g

## Cole's - Brandy Christmas Pudding

Ingredients: Vine Fruits (41%)(Sultanas, Raisins, Currants), Vegetable Suet (Palm Oil, Sunflower Oil, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Brandy (10%), Brown Sugar, Breadcrumbs (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Salt, Yeast), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Chopped WALNUTS, Golden Syrup, Chopped Orange Peel, Orange Juice From Concentrate, Lemon Juice From Concentrate, Humectant: Vegetable Glycerol, Mixed Spice, Salt, Malted BARLEY Extract. (Contains Alcohol), (Suitable for Vegetarians)

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 387Kcal

Fat 14g

Saturates 5.8g

Carbohydrates 53g

Sugars 43g

Protein 3.7g

Salt o.6g

## Thursday Cottage - Handmade Brandy Butter

**Ingredients:** sugar, butter (36%) (MILK, salt), courvoisier®vs cognac (8%).

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 510 kcal

Fat 30g

Saturates 19g

Carbohydrates 55g

Sugars 55g

Protein og

**Salt** 0.57g

## **Grate Britain - Smoked Cheese Biscuits**

**Ingredients:** WHEAT flour, Smoked Dorset Red Cheddar, (37%), (MILK) (with colour: Anatto), Butter (15%), (MILK, Salt), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sea Salt, Ground Black Pepper, Ground Nutmeg.

### **Nutrition Information (Per 100g or 100ml)**

Energy 2141 kJ / 512 kcal Fat 29.9g Saturates 16.4g Carbohydrates 46.8g Sugars 0.5g Protein 16.8g Salt 2.2g

## Hawkshead Relish - Christmas Chutney

**Ingredients:** apricot (28%), onion, acetic acid, sugar, orange, cranberry (4%), salt, ginger, garlic, coriander, cayenne MAY CONTAIN TRACES OF FRUIT STONE

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 18okcal

Fat 1.og

Saturates o.og

Carbohydrates 37.0g

Sugars 36.0g

Protein 2.0g

Salt 2.og

### **Forest Feast - Dark Chocolate Almonds**

**Ingredients:** Almonds (39%), Cocoa mass, sugar, cocoa butter, salt, Cocoa Powder, emulsifier (soya lecithin), natural flavouring. Dark chocolate contains 55% cocoa solids minimum. Also, NOT suitable for PEANUT, TREE NUT, MILK and SESAME SEED allergy sufferers.

Allergy Advice: For allergens see ingredients in CAPITAL

### **Nutrition Information (Per 100g or 100ml)**

Energy 2356kJ / 566kcal Fat 43.1g Saturates 14.5g Carbohydrates 30.9g Sugars 28.1g Protein 11.8g Salt 0.72g

## Olives Et Al - Rosemary & Garlic Olives

**Ingredients:** mixed pitted olives (pitted green olives, pitted kalamon olives) 60%, dressing oil (extra virgin olive oil, rapeseed oil) 39%, garlic, rosemary. Although these are pitted olives some fragments of olive stone may remain so please do eat with care. May contain traces of NUTS and SEEDS.

## **Nutrition Information (Per 100g or 100ml)**

Energy 195kcal
Fat 20.5g
Saturates 1.3g
Carbohydrates 1.7g
Sugars 0.1g
Protein 1.5g
Salt 2.6g

## The Real Smoked Nut Company - Hickory Smoked Almonds and Cashews

**Ingredients:** ALMONDS, CASHEWS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

## **Nutrition Information (Per 100g or 100ml)**

Energy 616Kcal
Fat 51.3g
Saturates 6.7g
Carbohydrates 17.3g
Sugars 6.2g
Protein 21.2g
Salt 2.83g

### Coco Loco - Milk Chocolate Christmas Santas

**Ingredients:** milk chocolate containing cocoa solids 37% minimum & milk solids 21% minimum (sugar, cocoa butter, whole MILK powder, cocoa mass, vanilla powder)MAY CONTAIN SOYA, MADE IN A KITCHEN WHERE NUTS WHEAT FLOUR, OATS, EGGS AND SESAME SEEDS ARE USED.SUITABLE FOR VEGETARIANS

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 573kcal

Fat 38.1g

Saturates 23.2g

Carbohydrates 50.0g

**Sugars** 49.1g

Protein 6.7g

Salt 205mg

### Teoni's Cookies - All Butter Shortbread

**Ingredients:** WHEAT FLOUR [calcium carbonate, iron, niacin (vit B<sub>3</sub>), thiamin (vit B<sub>1</sub>)], BUTTER (30%), sugar CONTAINS GLUTEN, MILK PRODUCTS AND MAY CONTAIN TRACES OF NUTS

## **Nutrition Information (Per 100g or 100ml)**

Energy 489Kcal Fat 25.6g Saturates 11.5g Carbohydrates 59.9g Sugars 26.7g Protein 5.6g Salt 0.1

### Willies Cacao - Medellin Hot Chocolate

**Ingredients:** Cocoa solids 52% minimum, cocoa powder, raw cane sugar. Suitable for vegans. Free from dairy, alcohol, gluten, nuts and soya. Allergy Advice: For allergens see ingredients in CAPITALS

### **Nutrition Information (Per 100g or 100ml)**

**Energy** 447kJ / 107 Kcal

**Fat** 4.6g

Saturates 2.9g

Carbohydrates 10.8g

Sugars 10.1g

Protein 4.5g

Salt < 0.1g

# The Natural Candy Shop - Jelly Beans

Ingredients: sugar, glucose syrup, modified maize, starch, malic acid, citric acid, natural flavourings, natural colours: curcumin, beetroot red, chlorophyllins, beta carotene vegetable carbon, glazing agents: pectin, carnauba wax NOT SUITABLE FOR NUT/PEANUT ALLERGY SUFFERERS

Nutrition Information (Per 100g or 100ml)

Energy 357kcal Fat 0.5g Saturates 0.43g Carbohydrates 88.2g Sugars 58.6g Protein 0.1g Salt 0.065g

#### Miller's Elements - Smoked Flour and Red-Hot Chilli Crackers

**Ingredients:** WHEAT Flour, Stoneground Wholemeal Flour (WHEAT), Corn Oil, Oak, Smoked Dark Malt Flour (BARLEY) (4%), Autolysed Yeast, Salt, Dark Muscovado Sugar, Crushed Red Chillies (1%), Raising Agent (Sodium Bicarbonate)

## **Nutrition Information (Per 100g or 100ml)**

Energy 425kcal
Fat 13.0g
Saturates 1.7g
Carbohydrates 64.6g
Sugars 3.1g
Protein 11.3g
Salt 2.9g

#### Love Corn - Love Corn Sea Salt

**Ingredients:** Corn, sunflower oil, sea salt

Allergy Advice: For allergens see ingredients in CAPITALS

### **Nutrition Information (Per 100g or 100ml)**

Energy 823kJ/196Kcal Fat 6.0g Saturates 0.6 Carbohydrates 29.7g Sugars 0.3 Protein 3.3g Salt 0.7g

#### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

### **Nutrition Information (Per 100g or 100ml)**

Energy 468.2Kcal Fat 25.0g Saturates 2.2g Carbohydrates 54.1g Sugars 3.0g Protein 5.2g Salt 1.4g

## The Pea Green Boat - Original Cheese Sables

**Ingredients:** Organic Scottish WHEAT Flour (GLUTEN, with added Calcium, Iron, Niacin, Thiamin), Scottish Mature Cheddar Cheese (MILK) (31%), Italian Parmigiano Reggiano Cheese (MILK, Salt, Rennet) (15%), Butter (Milk, Salt), Sea Salt, Garlic Powder.

## **Nutrition Information (Per 100g or 100ml)**

Energy 2323kJ / 558kcal Fat 37.8g Saturates 24.6g Carbohydrates 35.7g Sugars 0.9g Protein 17.7g Salt 1.4g

# Cornish Artisan Confectionery - Caramel Sea Salt Crumbly Fudge

**Ingredients:** Sugar, sweetened condensed milk (WHOLE MILK, sugar), butter (MILK), golden syrup, glucose, sea salt, caramel flavouring Made in a factory that handles egg, soya, nuts and peanuts.

## **Nutrition Information (Per 100g or 100ml)**

Energy 1708kJ / 405kcal Fat 11.5g Saturates 7.3g Carbohydrates 74.1g Sugars 70.3g Protein 1.3g Salt 0.81g