

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Arran Fine Foods Caramelised Red Onion Chutney 195g
Manufacturer's Name and Address	Paterson Arran Ltd, The Old Mill, Lamlash, North Ayrshire, Scotland, KA27 8AR
Supplier Name and Address	Paterson Arran Ltd, The Old Mill, Lamlash, North Ayrshire, Scotland, KA27 8AR
Ingredients	Re-hydrated Red Onions (48%), Sugar, Red Grape Vinegar, Re-hydrated Onions, Thickening Agent (Modified Maize Starch), Colouring (Plain Caramel) (1%), Sea Salt, Ginger, Preservative (Potassium Sorbate), Cinnamon, Nutmeg

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool dry place.
Instructions for use	Ready to eat product.
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	657	Energy (kcal)	155	Salt	0.32
Fat	0	of which saturates	0		
Carbohydrate	37	of which sugars	32		
Fibre	1.2	Protein	1.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Indie Bay Chocolate Pretzels Dark Oven Baked Spelt Bites 31g
Manufacturer's Name and Address	Indie Bay Snacks, Westbourne Studios, 242 Acklam Road, London, UK, W10 5JJ
Supplier Name and Address	Indie Bay Snacks, Westbourne Studios, 242 Acklam Road, London, UK, W10 5JJ
Ingredients	Dark Chocolate (50%) [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavour], Pretzels (49%) [ <b>SPELT</b> Flour (49%), <b>WHEAT</b> Flour (49%), Sunflower Oil, Salt, <b>BARLEY</b> Malt Extract, Yeast], Glazing Agents [Gum Arabic, Zein (Maize Protein)].

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		
May contain statements	Eggs   Milk   Tree Nuts   Peanuts   Sesame				
Country of Origin	United Kingdom				
Storage Instructions	Store in a cool, dry place away from direct sunlight				
Instructions for use	n/a				
Alcoholic Strength	0				

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1953	Energy (kcal)	465	Salt	0.98
Fat	20.3	of which saturates	11.1		
Carbohydrate	61.3	of which sugars	22.3		
Fibre	5.4	Protein	9.4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	nibnibs Chocolate Orange Biscuits in Bag 150g
Manufacturer's Name and Address	Nibnibs Ltd, Shawfield Road, Nibnibs Ltd, BARNSELEY, Yorkshire, United Kingdom, S71 3HS
Supplier Name and Address	nibnibs Ltd, Shawfield Road, Nibnibs Ltd, BARNSELEY, Yorkshire, United Kingdom, S71 3HS
Ingredients	<b>WHEAT</b> Flour (containing Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Coconut Oil, <b>OAT</b> Flour, Chocolate Chips (9%) (Cocoa Mass, Sugar, Dextrose, Emulsifier: <b>SOY</b> Lecithin), Cocoa Powder (4%), Orange Oil, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Cool dry place
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1959	Energy (kcal)	467	Salt	1.6
Fat	18	of which saturates	15		
Carbohydrate	67	of which sugars	30		
Fibre	2.8	Protein	6.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Radfords Grab Bag - Vegan Caramel & Seasalt Fudge 113g
Manufacturer's Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Supplier Name and Address	Clarence & Bean Ltd, 12 Howden Road, Tiverton, Devon, United Kingdom, EX16 5HW
Ingredients	Sugar, Glucose Syrup, <b>SOYA</b> Milk, Cocoa Butter, Natural Flavouring, Sea Salt (0.3%), Burnt Sugar Syrup, Emulsifier: <b>SOYA</b> Lecithin.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Cool, dry place. Away from direct sunlight.
Instructions for use	Ready To Eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1290	Energy (kcal)	293	Salt	0.3
Fat	0.6	of which saturates	0.1		
Carbohydrate	73.5	of which sugars	60.6		
Fibre	0	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Peter's Yard Poppy Seed Sourdough Crackers 100g
Manufacturer's Name and Address	The Celtic Bakers, Mowlem Trading Estate, Leaside Rd, London, England, N17 0QJ
Supplier Name and Address	Peter's Yard Wholesale Ltd, 1st Floor Rose House, Bell Lane Office Villag, Amersham, England, HP6 6FA
Ingredients	<b>WHEAT</b> flour ( <b>WHEAT</b> flour, Calcium, Iron, Thiamin, Niacin), <b>RYE</b> flour, sourdough 16% ( <b>RYE</b> flour, water), rapeseed oil, muscovado sugar, poppy seeds 1% (black poppy seeds, white poppy seeds), sea salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Egg
Country of Origin	UK
Storage Instructions	Ambient, cool and dry place
Instructions for use	Serve topped with cheese. Also suitable for canapes
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1748	Energy (kcal)	415	Salt	1.8
Fat	11	of which saturates	0.9		
Carbohydrate	65	of which sugars	3.3		
Fibre	7.2	Protein	11		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	SugarSin Berry Bramble Gummies 100g
Manufacturer's Name and Address	Trolli GmbH, Oststraße 94, Furth, Bavaria, Germany, D-90763
Supplier Name and Address	Sweet Life Enterprise Ltd - T/A SugarSin, 1 Russell Street, London, UK, WC2B 5JD
Ingredients	sugar; invert sugar syrup; corn starch; glucose syrup; acids: citric acid E330, lactic acid E270, malic acid E296; acidity regulator: calcium citrates E333, sodium malate E350; flavouring; colouring foods: blackcurrant, black carrot, turmeric, spirulina.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Germany
Storage Instructions	Cool Temperature
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1455	Energy (kcal)	342	Salt	0.2
Fat	0	of which saturates	0		
Carbohydrate	85	of which sugars	68		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Mr Filbert's Rosemary Almonds 40g
Manufacturer's Name and Address	Filbert's Fine Foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, UK, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, UK, BA6 8NX
Ingredients	Roasted <b>ALMONDS (NUTS)</b> 93%, sugar, rosemary, sea salt, rapeseed oil

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	uk
Storage Instructions	Ambient
Instructions for use	Snack
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2660	Energy (kcal)	644	Salt	1
Fat	53.8	of which saturates	4.6		
Carbohydrate	10.1	of which sugars	7		
Fibre	11.1	Protein	24.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		