

Thank you for your interest in our Lottie Shaw's hamper. Please find listed below the nutritional and allergen information for all of the treats in our hamper. All of our products are individually packaged and the information is also clearly printed on the back of every product.

If you require any information in relation to allergens or other dietary requirements, please contact us prior to purchase

Best wishes, Lottie x

Name of Product	Yorkshire Parkin Biscuits
Ingredients	<p><b>Wheat flour</b> (Wheat flour fortified with Calcium Carbonate, Iron, Niacin and Thiamine), (27%) Demerara sugar (27%), <b>Oatmeal</b> (12.4%), Margarine, (vegetable oils (rapeseed and palm oil in various proportions (RSPO SOURCED), Water (1%), salt, Emulsifiers Polyglycerol Esters of Fatty Acids Colours E100. E160b, Flavourings, 14%) partially inverted syrup (11%), Free Range <b>Egg</b> (3%), Black Treacle (3%), Ginger (1.5%), Raising Agents; Sodium Bicarbonate (1.5%).</p> <p>Allergens shown in <b>BOLD</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1879kj	Energy (kcal)	447kcal	Salt	0.4g
Fat	13.9g	of which saturates	5.1g		
Carbohydrate	74.6g	of which sugars	40.7g		
Fibre	2.1g	Protein	6.9g		

Name of Product	Triple Chocolate Biscuits
Ingredients	<p><b>Wheat Flour (Wheat</b> fortified with Calcium carbonate, Iron, Niacin and Thiamine), White Chocolate Chunks, (Sugar (53.0%), <b>Whole Milk Powder (24%) (Contains Milk)</b>, Cocoa Butter (21.0%), <b>Skimmed Milk Powder (1.5%) (contains Milk)</b>, Emulsifier; <b>Soya lecithin (1%) (Soya)</b>, Natural Vanilla Flavouring. (Dark Chocolate Couverture (Sugar (44.77%), Cocoa Mass (42.78%), Cocoa Butter (11.94%), <b>Soya Lecithin (0.50%) (Soya)</b>, Natural Vanilla Flavouring (0.01%). Margarine (Vegetable Oil (palm and rapeseed in various proportions (RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavouring. Demerara Sugar, Free Range Pasteurised <b>Egg</b>, Butter (<b>contains Milk</b>), Cocoa Powder (cocoa powder, Potassium Carbonate), Raising Agent; Sodium Bicarbonate, Salt.</p> <p>Allergens shown in <b>BOLD</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	2135kj	Energy (kcal)	511kcal	Salt	1.4g
Fat	33g	of which saturates	17g		
Carbohydrate	47g	of which sugars	25g		
Fibre		Protein	7.3g		

Name of Product	Traditional Oat Flap jack
Supplier Name and Address	Lottie Shaw's, Unit 1, Thornhill Beck Lane, Brighouse, West Yorkshire, HD6 4AH
Ingredients	<p><b>Rolled Oats (43.4%)</b>  Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions (RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavouring, Demerara sugar, Butter flavour, (Preservative, <b>Sulphur dioxide</b>, <b>Sulphites</b>)).  Allergens shown in <b>BOLD</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1842kj	Energy (kcal)	439kcal	Salt	0.4g
Fat	20.2g	of which saturates	6.5g		
Carbohydrate	61.1g	of which sugars	34.2g		
Fibre		Protein	5.2g		

Name of Product	Millionaire Shortbread
Ingredients	<p>All Butter Shortbread  <b>Wheat Flour</b> (11.4%), Butter 17% (<b>contains Milk</b>), Sugar, Ground Rice Milk Chocolate Couverture (17%)            (Contains <b>Milk</b> solids 21% (35.1%), Cocoa solids 35.1%, sugar, cocoa butter, <b>whole milk powder</b>, cocoa mass, emulsifiers, <b>soya lecithin</b>, <b>E322</b>, Natural Vanilla.            Caramel (33.3%)            Sugar, Glucose syrup, Sweetened Condensed <b>Milk</b>, Water, Unsalted Butter (<b>contains milk</b>), partially inverted syrup, Vegetable Oil, Salt, Emulsifiers, <b>Soya Lecithin</b>, E322, E473</p> <p>Allergens shown in <b>BOLD</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	2049kj	Energy (kcal)	489kcal
Fat	26.3g	of which saturates	16.5g
Carbohydrate	60.9g	of which sugars	36.7g
Fibre		Protein	3.7g

Salt	0.4g
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Name of Product	Cherry & Almond Flapjack
Ingredients	<p><b>Rolled Oats</b> (41%), Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions, RSPO SOURCED), water, salt, Emulsifiers Polyglycerol esters of fatty acids, colours, (Curcumin, Annatto), Flavourings), Demerara sugar, Glazed Cherries (7.5%) (Glucose syrup, Sugar, Acidity regulator, (Citric Acid), Preservative (Potassium Sorbate, <b>Sulphur Dioxide</b>), Colour (Erythrosine), <b>Almond</b> Flavouring, (Sunflower oil, firming agent, (Xanthan Gum), Acidity regulator; (Citric Acid), Preservative (Potassium Sorbate).  May contain <b>Wheat and traces of Nuts</b></p> <p>Allergens shown in <b>BOLD</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1815kj	Energy (kcal)	433kcal
Fat	19.6g	of which saturates	6.4g
Carbohydrate	61.6g	of which sugars	39.4g
Fibre		Protein	4.4g

Salt	0.6g
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Name of Product	Traditional Fruit Cake
Ingredients	<p>Ingredients</p> <p>Currants,(22%) Sultans, (12%) Raisins (8.5%) (sunflower oil), Cherries ( 5%) (Glucose-fructose syrup, sugar, Citric acid, preservatives potassium sorbate, <b>Sulphur dioxide</b>, Colour Erythrosine), orange juice, <b>Wheat flour</b> (fortified with calcium carbonate, iron, niacin, Thiamine), salt, mixed spice (coriander, cinnamon, ginger, nutmeg, fennel, cloves, cardamom, Mixed peel (2.5%) (Glucose-fructose syrup, orange peel, inverted sugar, lemon peel, Acidity Regulator; citric acid, Preservative <b>Sulphur Dioxide</b>) Brown sugar, black treacle, Butter contains (<b>milk</b>), Free range <b>Eggs</b>, lemon juice.</p> <p>Allergens shown in <b>BOLD</b></p>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1433.1kj	Energy (kcal)	340.5kcal
Fat	13.6g	of which saturates	6.3g
Carbohydrate	54.0g	of which sugars	44.6g
Fibre		Protein	4.1g

Salt	0.49g
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Name of Product	Chocolate Fudge
Ingredients	Sugar, Salted Butter (16%) ( <b>milk</b> , salt). Sweetened Condensed <b>Milk</b> ( <b>milk</b> , sugar), Golden Syrup, Dark Chocolate (10%) (cocoa mass, sugar, cocoa butter, emulsifier: <b>soya</b> lecithins, flavouring), inverted sugar syrup, Fondant (sugar, glucose), sea salt  Allergens in <b>BOLD</b>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1846kj	Energy (kcal)	438kcal
Fat	13.5g	of which saturates	8.3g
Carbohydrate	77.1g	of which sugars	70.6g
Fibre	0.6g	Protein	2.2g

Salt	0.4g
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