CONNOISSEUR'S CHRISTMAS GIFT BOX WITH PROSECCO CONTENTS INGREDIENTS

Mionetto, Orange Label Prosecco, 75cl

Allergy Information

Contains Sulphites

ABV

11% vol

Country

Italy

Alcohol Type

Wine

Storage Type

Ambient

Wainwright's Choice, Caramelised Red Onion Cheddar Waxed Truckle, 150g

Suitable for vegetarians

Ingredients:Cheddar, **(Milk)** Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):

Energy kJ	1700	Carbohydrate	0.1
Energy kcal	410	of which are Sugars	0.1
Fat	34.4	Salt estimated from sodium	1.8
of which are Saturates	21.7		
Protein	25.0		

Store Below 6°C

Wainwright's Choice, Vintage Mature Cheddar Waxed Truckle, 150g

Suitable for vegetarians

Ingredients:Cheddar, **(Milk)** Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):

Energy kJ	1700	Carbohydrate	0.1
Energy kcal	410	of which are Sugars	0.1
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of which are Saturates	21.7		
Protein	25.0		

Store Below 6°C

Claire's Handmade, Red Onion Marmalade, 130g

Ingredients (allergens in **bold**): red onions 71%, onions, sugar, red wine vinegar (**sulphites**), balsamic vinegar of Modena (**sulphites**), salt, acidity regulator: citric acid, spices

Nutrition per 100g

Energy	694kJ/163kcal
Fat (of which saturates 0g),	0.2g
Carbohydrate (of which sugars 31.4g),	37.3g
Fibre	2.6g
Protein	1.9g
Salt	0.8g

Filbert's, Pitted Marinated Olives with Chilli & Black Pepper, 65g

Ingredients: Green Olives 93%, salt, lemon juice, extra virgin olive oil, chilli, black pepper.

Nutritional Information per 100g: Energy 425kJ / 101kcal; Fat 9.5g; of which saturates 2.4g; Carbohydrate 2.9g; of which sugars 0.1g; Fibre 3.2g; Protein 1.1g; Salt 3g

Arden's, Tomato & Basil Puff Pastry Twists, 100g

Ingredients

Wheat Flour, Butter (**Milk**), Tomato Puree (9%), Yeast, Salt, Skimmed **Milk** Powder, Tomato Powder (1%), Dried Basil (0.6%), Garlic Powder, **Barley** Malt Extract, Chilli Powder, Acerola Powder on Cassava Starch

Allergy Information

For allergens, including Cereals containing Gluten, see ingredients in bold

Stockan's, Orkney Cheese Oatcakes, 100g

Ingredients - UK Wholegrain **Oats** 70%, Vegetable Oil (Sustainable Palm; Rapeseed), Cheese Powder 12% (**Milk**), Fortified Wheat Flour, (**Wheat**; Calcium Carbonate; Iron; Niacin; Thiamin), Salt, Raising Agents (Potassium Bicarbonate; Disodium Diphosphate), Sugar, White Pepper

Allergen Information

- Contains gluten and milk
- May also contain nuts & sesame
- See ingredients above in **bold**

* Fibre 7.6g per 100g

Filbert's, Chilli & Lime Peanuts, 60g

Ingredients
Roasted **Peanuts** 92%, sugar, lemon zest 1.5%, salt, ginger, chilli 0.7%, cumin, rapeseed oil, acidity regulator: citric acid, lime oil 0.2%.

Allergy Advice
Produced in a factory that also handles other tree **nuts**, **soya**, **celery** and **gluten**.
For allergens please see ingredients in **bold.**

Four Anjels, Cotswold Luxury Shortbread, 100g

Ingredients: Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salted Butter (Milk)(31%), Caster Sugar, Rice Flour, Corn flour (Maize Starch).

Allergy Advice: Allergens see ingredients in bold. Produced in a factory that handles Nuts, Egg, Sesame and Soya.

Storage
Store in a cool dry place out of direct sunlight. Consume immediately after opening.

NUTRITIONAL	Typical value per 100g
Energy kJ/kcal	1990/476
Fat (g)	25.6
Of which saturates (g)	16.8
Carbohydrate (g)	57.7
Of which Sugars (g)	17.9
Protein (g)	5.1
Salt (g)	0.5

Cotswold Gourmet, Christmas Pudding, 400g

Christmas Pudding

INGREDIENTS: Sultanas, sunflower oil), sugar, breadcrumbs (WHEAT flour (contains calcium carbonate,iron, thiamine, niacin), salt, yeast), liquid whole **EGG**, black treacle (cane molasses, invert sugar syrup), glucose syrup (contains preservative (**SULPHUR DIOXIDE**)), mixed peel (orange peel, lemon peel, glucose fructose syrup, salt, citric acid, contains preservative (**SULPHUR DIOXIDE**)), vegetable suet (vegetable fat blend (palm oil, rapeseed oil, sunflower oil), **WHEAT** flour), vegetable oil, flour (**WHEAT**, ascorbic acid, calcium sulphate, nicotinamid, iron, vitamin B1, silica, calcium carbonate), humectant (vegetable glycerine), mixed spice (coriander, cassia cinnamon, ginger, cardamom, cloves, fennel, nutmeg), colour (caramel E150c), salt, acidity regulator (citric acid), contains preservative (potassium sorbate), lemon flavouring.

ALLERGEN INFORMATION: For **allergens**, including **cereals** containing gluten, see ingredients in CAPITAL. May also contain SOYA, NUTS and MILK
NUTRITIONAL INFORMATION PER 100g ENERGY 1786kJ / 424kcal
FAT 15.6g SATURATES 5.1g CARBOHYDRATE 65.9g SUGARS 49.0g PROTEIN 3.6g SALT 0.26g

PREPARATION GUIDELINES: Remove foil and label. Loosen lid.
TO MICROWAVE: Cook on full power for 2 minutes (time based on a 800W output. If different refer to manufacturers handbook). TO STEAM OR BOIL: Place in a steamer or boil in a saucepan filled to half depth of the pudding with water. Cook for 45 minutes. Do not boil dry. SERVING: Once cooked invert basin onto a plate and allow to stand for 30 seconds.
CAUTION: Pudding may be hot. Store in a cool, dry place.

Lindt, Swiss Luxury Chocolate Selection, 145g

Nutrition Facts:

Nutritional Information Per 100g

Energy (kJ)	2394
Energy (Kcal)	575
Fat(g)	37
- of which saturates(g)	21
Carbohydrate(g)	52
- of which sugars(g)	48
Protein(g)	6.5
Salt(g)	0.15

Ingredients: Sugar, cocoa mass, cocoa butter, whole MILK powder, ALMONDS, vegetable fat (palm, coconut, palm kernel, shea), anhydrous MILK fat, skim MILK powder, LACTOSE, sweetened condensed MILK, HAZELNUTS, glucose syrup, BUTTER, CREAM, humectant (sorbitol syrup), emulsifier (soya lecithin), WHEAT flour, cocoa kernels, rice flour, orange peel, coffee, BARLEY malt extract, flavourings, orange juice concentrate, fat reduced cocoa powder, EGG white, WHEAT gluten, dextrose, puffed rice, colours (curcumin, annatto, paprika extract, titanium dioxide), WHEAT malt, salt, stabilizer (sodium triphosphate), MILK proteins, acid (citric acid), WHEAT starch, raising agent (sodium bicarbonate), BARLEY malt, glazing agent (shellac), gelling agent (gum arabic).

Allergens: May contain other NUTS

Cocoa Solids %: Milk chocolate contains: Cocoa solids: 31% min. Milk solids: 18% min. Dark chocolate contains: Cocoa solids: 41% min.