



Bay's Kitchen

Gravies & Stocks Gift Set

INGREDIENTS, ALLERGENS & NUTRITION

This selection contains our branded gift bag, as well as our 6 Gluten & Dairy Free, Low FODMAP gravies and concentrated stocks!

Product	Ingredients List. Allergens are highlighted in bold .	Allergens (Shown in bold)	Typical Nutritional Values per 100g
Beef Gravy with Rosemary & Cracked Peppercorns, 300g Pouch This product is ambient and will have a minimum of 9 months shelf life when dispatched.	Water, Beef Stock Base (4%)(Beef Stock, Yeast Extract (Yeast Extract, Salt), Water, Salt, Sugar, Beef Fat (Beef Fat, Anti-oxidant; Extract of Rosemary), Lemon Juice Concentrate), Cornflour, Dextrose, Salt, Acidity Regulator; Lactic Acid, Rosemary (0.2%), Cracked Green and Black Peppercorns (0.1%).		Energy 127kJ / 30kcal Fat 0.1g of which saturates 0.1g Carbohydrate 5.7g of which sugars 1.1g Fibre 0.1g Protein 1.2g Salt 1.6g
Chicken Gravy with Thyme & Rosemary, 300g Pouch This product is ambient and will have a minimum of 9 months shelf life when dispatched.	Water, Chicken Stock Base (4%)(Chicken Stock [Chicken Bones, Chicken Fat, Water, Salt], Yeast Extract [Yeast Extract, Salt], Natural Flavouring, Antioxidant: Rosemary Extract), Cornflour, Molasses, Salt, Acidity Regulator: Lactic Acid, Thyme (0.2%), Rosemary (0.1%).		Energy 149kJ / 36kcal Fat 0.8g of which saturates 0.2g Carbohydrate 5.4g of which sugars 0.9g Fibre 0.1g Protein 1.4g Salt 1.5g
Vegetable Gravy with Thyme & Chives, 300g Pouch This product is ambient and will have a minimum of 9 months shelf life when dispatched.	Water, Vegetable Juice Concentrates (5%) (Carrot, Parsnip, Parsley), Cornflour, Salt, Dextrose, Tomato Paste (0.7%), Chives (0.7%), Thyme (0.5%), Acidity Regulator: Lactic Acid, Molasses, Bay Leaf, Black Pepper.		Energy 133kJ / 32kcal Fat 0.1g of which saturates 0.0g Carbohydrate 6.9g of which sugars 2.6g Fibre 0.4g Protein 0.4g Salt 0.86g
Concentrated Beef Stock, 200g Jar This product is ambient and will have a minimum of 9 months shelf life when dispatched.	Water, Beef Stock Base (31%) (Beef Stock [Beef Bones, Water, Salt, Beef Fat], Yeast Extract [Yeast Extract, Salt], Sugar, Concentrated Lemon Juice, Antioxidant: Rosemary Extract), Cornflour, Acidity Regulator: Lactic Acid.		Energy 333kJ / 80kcal Fat 0.8g of which saturates 0.3g Carbohydrate 8.3g of which sugars 2.1g Fibre 0.1g Protein 8.5g Salt 5.5g
Concentrated Chicken Stock, 200g Jar This product is ambient and will have a minimum of 9 months shelf life when dispatched.	Water, Chicken Stock Base (31%) (Chicken Stock [Chicken Bones, Chicken Fat, Water, Salt], Yeast Extract [Yeast Extract, Salt], Natural Flavouring, Antioxidant: Rosemary Extract), Cornflour, Acidity Regulator: Lactic Acid.		Energy 499kJ / 119kcal Fat 5.5g of which saturates 1.7g Carbohydrate 6.3g of which sugars 0.6g Fibre 0.1g Protein 10g Salt 4.6g
Concentrated Vegetable Stock, 200g Jar This product is ambient and will have a minimum of 9 months shelf life when dispatched.	Water, Carrot Concentrate (15%), Parsnip Concentrate (6%), Parsley Concentrate (6%), Salt, Dextrose, Tomato Paste (3%), Cornflour, Acidity Regulator: Lactic Acid, Bay Leaf, Black Pepper.		Energy 373kJ / 89kcal Fat 0.3g of which saturates 0.1g Carbohydrate 19g of which sugars 14g Fibre 1.8g Protein 1.8g Salt 5.5g