

Cropwell Bishop - Blue Stilton Cheese Jar

Ingredients: Cheese 88% (MILK), Clarified butter 12% (MILK)

Nutrition Information (Per 100g or 100ml)

Energy 1938kJ / 468kcal

Fat 42.8g

Saturates 28.2g

Carbohydrates 0.1g

Sugars 0.1g

Protein 20.9g

Salt 2.2g

Godminster- Vintage Organic Cheddar Truckle

Ingredients: Made using organically produced cows' MILK including that from the Godminster dairy herd

Nutrition Information (Per 100g or 100ml)

Energy 1725kJ / 416kcal

Fat 34.9g

Saturates 21.7g

Carbohydrates 0.1g

Sugars 0.1g

Protein 25.4g

Salt 1.8g

Caliterra - Merlot Reserva

Ingredients: contains SULPHITES

Grate Britain - Smoked Cheese Biscuits

Ingredients: WHEAT flour, Smoked Dorset Red Cheddar, (37%), (MILK) (with colour: Anatto), Butter (15%), (MILK, Salt), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sea Salt, Ground Black Pepper, Ground Nutmeg.

Nutrition Information (Per 100g or 100ml)

Energy 2141 kJ / 512 kcal

Fat 29.9g

Saturates 16.4g

Carbohydrates 46.8g

Sugars 0.5g

Protein 16.8g

Salt 2.2g

Millers Toast - Cranberry & Raisin

Ingredients: BUTTERMILK, WHEAT Flour, Dried Sweetened Cranberries (25%) (Cranberries, Sugar, Sunflower Oil), Pumpkin Seeds (17%), Raisins (13%), Soft Brown Sugar, Honey, Extra Virgin Olive Oil, Raising Agent (Sodium Bicarbonate), Sea Salt

Nutrition Information (Per 100g or 100ml)

Energy 466kcal
Fat 10.7g
Saturates 3.0g
Carbohydrates 79.3g
Sugars 30.4g
Protein 10.2g
Salt 1.7g

Hawkshead Relish - Beetroot and Horseradish Chutney

Ingredients: beetroot (20%), sugar, apple, acetic acid, onion, raisins, horseradish (4%), ginger, salt, pectin, spices.

Nutrition Information (Per 100g or 100ml)

Energy 159 kcal
Fat 0.2g
Saturates 0.0g
Carbohydrates 36.5g
Sugars 35.3g
Protein 1.1g
Salt 0.7g

Yorkshire Crisps - Worcester Sauce flavour

Ingredients: Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

Nutrition Information (Per 100g or 100ml)

Energy 468.2Kcal
Fat 25.0g
Saturates 2.2g
Carbohydrates 54.1g
Sugars 3.0g
Protein 5.2g
Salt 1.4g

Willies Cacao - Dark Chocolate Sea Salt Praline Truffles

Ingredients: Cocoa mass, HAZELNUTS 27%, raw cane sugar, cocoa powder, HAZELNUT oil 0.8%, cocoa butter, sea salt 0.6%. MAY CONTAIN MILK.

Nutrition Information (Per 100g or 100ml)

Energy 573 kcal
Fat 41.4g
Saturates 15.4g
Carbohydrates 36.2g
Sugars 29.4g
Protein 9.2g
Salt 0.2g

Tregroes - Toffee Waffles

Ingredients: WHEAT flour, Glucose Syrup, Sugar, Non-hydrogenated Vegetable oils (Palm & Rapeseed), Butter (14% of filling) (MILK), Free-range EGGS, SOYA lecithin, Salt, Cinnamon.

Nutrition Information (Per 100g or 100ml)

Energy 456Kcal
Fat 18.5g
Saturates 7.6g
Carbohydrates 70.1g
Sugars 40.6g
Protein 1.4g
Salt 0.63g

Teoni's Cookies - All Butter Shortbread

Ingredients: WHEAT FLOUR [calcium carbonate, iron, niacin (vit B3), thiamin (vit B1)], BUTTER (30%), sugar CONTAINS GLUTEN, MILK PRODUCTS AND MAY CONTAIN TRACES OF NUTS

Nutrition Information (Per 100g or 100ml)

Energy 489Kcal
Fat 25.6g
Saturates 11.5g
Carbohydrates 59.9g
Sugars 26.7g
Protein 5.6g
Salt 0.1

The Real Smoked Nut Company - Hickory Smoked Almonds and Cashews

Ingredients: ALMONDS, CASHEWS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

Nutrition Information (Per 100g or 100ml)

Energy 616Kcal
Fat 51.3g
Saturates 6.7g
Carbohydrates 17.3g
Sugars 6.2g

Protein 21.2g
Salt 2.83g