

Typical values	per 100g	per 31g serving
Energy	1729kJ 411kcal	540kJ 128kcal
Fat	12g	3.9g
of which saturates	7.7g	2.4g
Carbohydrate	71g	22g
of which sugars	33g	10g
Protein	4.5g	1.4g
Salt	0.85g	0.27g