

### **Lincolnshire Poacher Cheese - Traditional Lincolnshire Poacher**

**Ingredients:** Made with unpasteurised cow's MILK

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 1847kJ / 446kcal  
**Fat** 37.0g  
**Saturates** 26.0g  
**Carbohydrates** 2.2g  
**Sugars** <0.5g  
**Protein** 26.1g  
**Salt** 1.45g

### **Cote Hill Cheese - Cote Hill Red**

**Ingredients:** contains MILK. Suitable for vegetarians

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 1875kJ / 452kcal  
**Fat** 35.8g  
**Saturates** 23.5g  
**Carbohydrates** 5.4g  
**Sugars** 0.5g  
**Protein** 26.4g  
**Salt** 1.64g

### **Jenny's Jams - Faradays Chutney**

**Ingredients:** Apples 59.5%, raisins 20%, onions 20%, vinegar 0.5%, garlic, brown sugar, cayenne pepper. Alergens: SULPHITES, BARLEY

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 1261kJ / 296kcal  
**Fat** 0.3g  
**Saturates** 0.0g  
**Carbohydrates** 75.9g  
**Sugars** 75.6g  
**Protein** 1.2g  
**Salt** 0.1g

### **Millers Toast - Cranberry & Raisin**

**Ingredients:** BUTTERMILK, WHEAT Flour, Dried Sweetened Cranberries (25%) (Cranberries, Sugar, Sunflower Oil), Pumpkin Seeds (17%), Raisins (13%), Soft Brown Sugar, Honey, Extra Virgin Olive Oil, Raising Agent (Sodium Bicarbonate), Sea Salt

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 466kcal  
**Fat** 10.7g  
**Saturates** 3.0g  
**Carbohydrates** 79.3g  
**Sugars** 30.4g  
**Protein** 10.2g  
**Salt** 1.7g

### **Love Corn - Love Corn Sea Salt**

**Ingredients:** Corn, sunflower oil, sea salt

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 823kJ/196Kcal  
**Fat** 6.0g  
**Saturates** 0.6  
**Carbohydrates** 29.7g  
**Sugars** 0.3  
**Protein** 3.3g  
**Salt** 0.7g

### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 468.2Kcal  
**Fat** 25.0g  
**Saturates** 2.2g  
**Carbohydrates** 54.1g  
**Sugars** 3.0g  
**Protein** 5.2g  
**Salt** 1.4g

