

# Victoria Sponge Granola

## Ingredients:

Gluten Free **Oat**flakes (38%), Gluten Free **Oat** Flour, Golden Syrup, Rapeseed Oil, Gluten Free Puffed Rice (Rice, Sugar, Salt, Sugarsyrup (Sugar, Invert Sugar Syrup, Molasses), Iron, Vitamins B3,B5,B9,B6,B2), Dairy Free Alternative To White Chocolate (3%) (Sugar, Cocoa Butter [36%], Rice Flour, Natural Flavouring, Emulsifier (Sunflower Lecithin).), Sugar, Strawberry (1%), Natural Flavour, Salt, Natural Flavouring

For allergens, including oats see in **bold**.

One box is 460g

## Nutrition

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	<b>per 100g</b>	<b>per 40g</b>
Energy	1907kJ/455kcal	763kJ/182kcal
Fat	18g	7.1g
of which Saturates	2.8g	1.1g
Carbohydrate	62g	25g
of which Sugars	22g	8.6g
Fibre	6.0g	2.4g
Protein	8.3g	3.3g
Salt	0.26g	0.10g

# Vanilla Latte Granola

## Ingredients:

Gluten Free **Oat**flakes (36%), Gluten Free **Oat** Flour, Golden Syrup, Rapeseed Oil, Gluten Free Puffed Rice (Rice, Sugar, Salt, Sugarsyrup (Sugar, Invert Sugar Syrup, Molasses), Iron, Vitamins B3,B5,B9,B6,B2), Dairy Free Alternative To White Chocolate (5%) (Sugar, Cocoa Butter [36%], Rice Flour, Natural Flavouring, Emulsifier (Sunflower Lecithin).), Sugar, Natural Flavouring, Salt, Natural Flavour

For allergens, including oats see in **bold**.

One box is 460g

## Nutrition

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	<b>per 100g</b>	<b>per 40g</b>
Energy	1863kJ/444kcal	745kJ/178kcal
Fat	17g	7.0g
of which Saturates	2.6g	1.0g
Carbohydrate	61g	24g
of which Sugars	21g	8.4g
Fibre	5.8g	2.3g
Protein	8.0g	3.2g
Salt	0.25g	0.10g

# Cherry Bakewell Granola

## Ingredients:

Gluten Free **Oat**flakes, Gluten Free **Oat** Flour, Golden Syrup, Rapeseed Oil, Natural Dried Sour Cherries, Sugar, Gluten Free Puffed Rice (Rice, Sugar, Salt, Sugarsyrup (Sugar, Invert Sugar Syrup, Molasses), Natural Flavouring, Salt

For allergens, including oats see in **bold**.

One box is 460g

## Nutrition

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	<b>per 100g</b>	<b>per 40g</b>
Energy	1971kJ/470kcal	788kJ/188kcal
Fat	18g	7.1g
of which Saturates	2.1g	0.9g
Carbohydrate	65g	26g
of which Sugars	24g	9.5g
Fibre	7.0g	2.8g
Protein	8.9g	3.6g
Salt	0.26g	0.10g

# Banoffee Pie Granola

## Ingredients:

Gluten Free **Oat**flakes (39%), Gluten Free **Oat** Flour, Golden Syrup, Rapeseed Oil, Dairy Free Alternative To White Chocolate (7%) (Sugar, Cocoa Butter [36%], Rice Flour, Natural Flavouring, Emulsifier (Sunflower Lecithin).), Sweetened Banana Chips (4%) (Banana, Coconut Oil, Sugar, Natural Flavour), Sugar, Gluten Free Puffed Rice (Rice, Sugar, Salt, Sugarsyrup (Sugar, Invert Sugar Syrup, Molasses), Natural Flavouring, Salt

For allergens, including oats see in **bold**.

One box is 460g

## Nutrition

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	<b>per 100g</b>	<b>per 40g</b>
Energy	2079kJ/496kcal	832kJ/198kcal
Fat	20g	8.1g
of which Saturates	4.3g	1.7g
Carbohydrate	67g	27g
of which Sugars	25g	9.8g
Fibre	6.3g	2.5g
Protein	8.5g	3.4g
Salt	0.25g	0.10g