ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN
RELATION TO ALLERGENS OR ANY OTHER DIETARY
REQUIREMENTS, PLEASE CONTACT US PRIOR TO
PURCHASE.

Name of Product	Sugar n Spice All Butter Bakewell Flapjack Bar 70g
Manufacturer's Name and Address	Blackfriars Bakery, 185 Gloucester Crescent, Wigston, Leicester, Leicestershire,
	United Kingdom, LE18 4YH
Supplier Name and Address	Ashbourne Foods Ltd, Blackfriars Bakery, 185 Gloucester Crescent, Wigston,
	Leicester, Leicestershire, United Kingdom, LE18 4YH
Ingredients	OATS, White Chocolate Flavour Topping (19%) (Sugar, Vegetable Oils (Palm Kernel,
	Palm), Whey Powder (MILK), WHEAT Flour (WHEAT Flour, Calcium Carbonate,
	Iron, Niacin, Thiamin), Emulsifier (SOYA Lecithin), Flavouring), Partially Inverted
	Sugar Syrup, Salted Butter (Butter (MILK), Salt), Brown Sugar, Mixed Fruit Jam (5%)
	(Glucose Syrup, Apple, Plum, Rhubarb, Acidity Regulators (E330, E331), Colour
	(F163) Gelling Agent (F440) Flavouring Preservative (F202)) Sweetened

Palm), Whey Powder (MILK), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifier (SOYA Lecithin), Flavouring), Partially Inverted Sugar Syrup, Salted Butter (Butter (MILK), Salt), Brown Sugar, Mixed Fruit Jam (5%) (Glucose Syrup, Apple, Plum, Rhubarb, Acidity Regulators (E330, E331), Colour (E163), Gelling Agent (E440), Flavouring, Preservative (E202)), Sweetened Condensed MILK (MILK, Sugar), Flavouring, Chocolate Flavour Topping (Sugar, Vegetable Oils (Palm Kernel, Palm), Whey Powder (MILK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Peanuts Sesame Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place out of sunlight
Instructions for use	N/A
Alcoholic Strength	0

Energy (kj)	1930	Energy (kcal)	461	Salt	0.42
Fat	21	of which saturates	13		
Carbohydrate	62	of which sugars	34		
Fibre	3.5	Protein	4.9		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No		

Oloves Basil & Garlic Natural Green Pitted Olives 30g
Brand Stand Limited T/A OLOVES, Unit 2-3, Downsbrook Trading Estate, Worthing,
West Sussex, United Kingdom, BN14 8NQ
Brand Stand Limited T/A Oloves, Unit 2-3, Downsbrook Trading Estate, Worthing,
West Sussex, United Kingdom, BN14 8NQ
Green olives pitted (95%), sunflower oil, garlic (1%), garlic powder (0.6%), basil (0.6%).

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Greece
Storage Instructions	Ambient
Instructions for use	Each packet: once opened refrigerate and consume within 3 days
Alcoholic Strength	0

Energy (kj)	623	Energy (kcal)	149	Salt	4.0
Fat	14.6	of which saturates	2.4		
Carbohydrate	1.5	of which sugars	0.5		
Fibre	3.0	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	nibnibs Pizza Mini Breadsticks Snack Pack 20g
Manufacturer's Name and Address	Nibnibs Ltd, Shawfield Road, Carlton Industrial Estate, Barnsley, South Yorkshire, United Kingdom, S71 3HS
Supplier Name and Address	nibnibs Ltd, Shawfield Road, Carlton Industrial Estate, Barnsley, South Yorkshire, United Kingdom, S71 3HS
Ingredients	WHEAT Flour (contains Calcium, Niacin, Iron, Thiamin), Durum WHEAT Semolina, Extra Virgin Olive Oil, Sun Dried Tomato Granules (4%) (Sundried Tomatoes, Salt), Oregano (2%), Yeast, Cheddar Cheese (MILK)(1%), Salt, Antioxidant: Rosemary Extract.

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Manufactured in the UK
Storage Instructions	Maximum temperature 25c, Minimum temperature 5c. Store away from light. For
	applications outside these parameters, please enquire.
Instructions for use	Ready to eat
Alcoholic Strength	0

Energy (kj)	1825	Energy (kcal)	433	Salt	1.2
Fat	11	of which saturates	1.6		
Carbohydrate	72	of which sugars	2.8		
Fibre	4.2	Protein	10		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Ooh! Chocolata Teatime Tiffin Crunchy Biscuit & Juicy Raisins in Milk Chocolate 50g
Manufacturer's Name and Address	Ooh! Chocolata, Unit 42 Southfield Road Trading Estate, Nailsea, North Somerset,
	United Kingdom, BS48 1JE
Supplier Name and Address	Ooh! Chocolata, Unit 42 Southfield Road Trading Estate, Nailsea, North Somerset,
	United Kingdom, BS48 1JE
Ingredients	Sugar, cocoa butter, whole MILK powder, raisins (8%), biscuit (WHEAT flour, sugar,
	palm oil, salt, raising agent: ammonium, sodium and potassium bicarbonate), cocoa
	mass, whey powder, emulsifier (SOYA lecithin), natural vanilla.

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts Tree Nuts
Country of Origin	UK
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Energy (kj)	2225	Energy (kcal)	552	Salt	0.1
Fat	35	of which saturates	21.4		
Carbohydrate	43.1	of which sugars	38.5		
Fibre	9.8	Protein	6.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Joe & Seph's Apple & Hazelnut Popcorn Bar 27g
Manufacturer's Name and Address	Joe's Gourmet Foods, JOE'S GOURMET FOODS LTD, 3 WILLEN FIELD ROAD, LONDON, United Kingdom, NW10 7BQ
Supplier Name and Address	Joe's Gourmet Foods, JOE'S GOURMET FOODS LTD, 3 WILLEN FIELD ROAD, LONDON, United Kingdom, NW10 7BQ
Ingredients	Butter (MILK), Sugar, Corn, HAZELNUTS (NUTS) (9%), Date Syrup, Apple Pieces (7%) {Concentrated Apple Puree, Concentrated Lemon Juice, Fructose, Glucose Syrup, Gelling Agent Pectin}, Sunflower seeds, GLUTEN Free OATS, Sea Salt, Natural Apple Flavour

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry, dark place
Instructions for use	Once open, consume within five days.
Alcoholic Strength	0

Energy (kj)	2041	Energy (kcal)	490	Salt	1.25
Fat	29.9	of which saturates	13.3		
Carbohydrate	52.5	of which sugars	34.7		
Fibre	4.4	Protein	6.0		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Mallow & Marsh Raspberry Marshmallow Bar Coated 70% Dark Chocolate 35g
Manufacturer's Name and Address	John Bull Confectioners, Unit 1 Lancaster Road, Carnaby Industrial Estate, Bridlington, Yorkshire, United Kingdom, YO15 3QY
Supplier Name and Address	Mallow & Marsh, 7 Bell Yard, London, Greater London, United Kingdom, WC2A 2JR
Ingredients	Dark Chocolate (33%) [Cocoa Mass, Sugar, Fat Reduced Cocoa Powder, Emulsifier SOYA Lecithin, Natural Vanilla Flavouring], Sugar, Glucose Syrup, Dextrose, Water, Raspberry Powder (2.4%), Beef Gelatine, Humectant Glycerol, Cornflour, Salt. Dark Chocolate contains: Cocoa Solids 71% minimum.

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Cereals containing gluten namely wheat Eggs Milk Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	Store your marshmallows in cool dry conditions. Eat within 3 days of opening.
Alcoholic Strength	0

Energy (kj)	1586	Energy (kcal)	376	Salt	0.16
Fat	12.8	of which saturates	7.6		
Carbohydrate	60	of which sugars	50.8		
Fibre	0	Protein	4.8		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	The Dormen Traditional Dry Roast Peanuts 27g
Manufacturer's Name and Address	Dormen Foods limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon,
	Wiltshire, United Kingdom, SN2 8QE
Supplier Name and Address	Dormen Foods Limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon,
	Wiltshire, United Kingdom, SN2 8QE
Ingredients	PEANUTS (94%), Dry Roast Seasoning (6%) [Fortified WHEAT Flour (WHEAT, Calcium
	Carbonate, Iron, Niacin, Thiamine), Salt, Maltodextrin, Onion Powder, Yeast Extract
	(Yeast Extract, Salt, Maltodextrin), Anticaking Agents (Tricalcium Phosphate, Silicium
	Dioxide), Spices (Cinnamon, Turmeric, CELERY), Yeast Powder (Yeast Powder, Herbs
	(Thyme, Oregano), Sunflower Oil, Colour (Paprika Extract), Vegetable Extract],
	Water, Stabiliser (Sorbitol), Thickener (Gum Acacia)].

Celery	Yes	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Sesame Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from sunlight
Instructions for use	None
Alcoholic Strength	0

Energy (kj)	2457	Energy (kcal)	293	Salt	0.92
Fat	46	of which saturates	6.2		
Carbohydrate	15	of which sugars	8.4		
Fibre	7.4	Protein	27		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	The Dormen Moments Strawberry Fruit Snacks 40g
Manufacturer's Name and Address	Dormen Foods limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Supplier Name and Address	Dormen Foods Limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Ingredients	Fruit (88%), [apple, strawberry, elderberry (juice & puree concentrate), Crisped Rice (7%), Rice Flour, Rice Starch, Sunflower Oil, Gelling Agent (pectin), Citrus Fibre, Natural Flavouring.

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from sunlight
Instructions for use	None
Alcoholic Strength	0

Energy (kj)	1508	Energy (kcal)	357	Salt	0.1
Fat	4.7	of which saturates	0.6		
Carbohydrate	73	of which sugars	57		
Fibre	5.7	Protein	2.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		