ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN
RELATION TO ALLERGENS OR ANY OTHER DIETARY
REQUIREMENTS, PLEASE CONTACT US PRIOR TO
PURCHASE.

Name of Product	Kingsdown Elderflower Sparkle 750ml
Manufacturer's Name and Address	CMB Water Limited T/A Kingsdown Water, walmer court farm, deal, kent, United
	Kingdom, CT14 7NA
Supplier Name and Address	CMB Water Limited T/A Kingsdown Water, walmer court farm, deal, kent, United
	Kingdom, CT14 7NA
Ingredients	spring water, white cane sugar, elderflower extract, citric acid, ascorbic acid

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	united kingdom
Storage Instructions	cool dark place
Instructions for use	chill and invert bottle before opening to mix
Alcoholic Strength	0

Energy (kj)	122	Energy (kcal)	29	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	7.2	of which sugars	7.1		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Mr Filbert's Sea Salt & Herb Mixed Nuts 40g
Manufacturer's Name and Address	Filberts fine foods, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Supplier Name and Address	Filbert's Fine Foods Limited, Greens Barn, Page Lane, West Pennard, Glastonbury, Somerset, United Kingdom, BA6 8NX
Ingredients	PEANUTS 58%, CASHEWS (NUTS) 25%, ALMONDS (NUTS) 17%, Sugar, Sea salt 1.4%, Basil<1%, Rapeseed oil, Black pepper, Oregano ><1%. garlic

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Ambient
Instructions for use	Snacking
Alcoholic Strength	0

Energy (kj)	2486	Energy (kcal)	600	Salt	1.2
Fat	48.4	of which saturates	6		
Carbohydrate	13.5	of which sugars	8.2		
Fibre	9.1	Protein	23.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product		Linden Lady Milk Chocolate Ba	r with Fru	it Nut & Pumpkin Seeds :	100g
		LINDEN LADY CHOCOLATES LTD, WALNUT TREE FARM, COPFORD, COLCHESTER, ESSEX, UK, CO6 1DR			
		Linden Lady Chocolate, WALNUT TREE FARM, COPFORD, COLCHESTER, ESSEX, CO6 1DR			
Ingredients	ns	Milk Chocolate: Sugar, cocoa b SOYA lecithin, natural vanilla fl White Chocolate; Sugar, cocoa lecithin, flavour vanilla. Decora cranberries, pumpkin seeds. A	avour, Mi butter, w ations: su	n cocoa solids: 30%, Milk hole MILK powder, emul gar, PECANS (NUTS), ALN	solids: 20%. sifier: SOYA 10NDS (NUTS) ,
Containing Allerge					
	No	Cereals containing gluten namely wheat	No	Crustaceans	No
			No No	Crustaceans	No No
Celery	No	namely wheat			
	No No	namely wheat Fish	No	Lupin	No

May contain statements	
Country of Origin	UK
Storage Instructions	IN DRY OUT OF DIRECT SUNLIGHT 12- 22C
Instructions for use	NA
Alcoholic Strength	0

Energy (kj)	2336	Energy (kcal)	558	Salt	0.2
Fat	36.7	of which saturates	21		
Carbohydrate	50	of which sugars	48.3		
Fibre		Protein	7.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	Yes		

Name of Product	Maxwell & Franks Square Chocolate Cake with Gold Star and Gold Glitter 200g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole EGG , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Flour (WHEAT Flour,

Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole EGG, Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Dark Chocolate Chips (11%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: SOYA Lecithin, Vanilla flavouring), Glucose Syrup, Vegetable Glycerine (Rapeseed Oil), Fat Reduced Cocoa Powder, Dark Chocolate Icing [Sugar, Vegetable Oil (Rapeseed, Palm), Glucose Syrup, Fat Reduced Cocoa Powder, Emulsifiers (Mono-and Diglycerides of Fatty Acids (Palm Oil), SOYA Lecithin), Salt, Preservative (Potassium Sorbate), Natural Flavouring], Gold Star Decoration [Sugar, Glucose Syrup, Palm Oil, Emulsifier: Acacia Gum, Humectant: Glycerine, Emulsifier: Mono-and Diglycerides of Fatty Acids (Palm Oil), Stabiliser: Xanthan Gum, Colours (Titanium Dioxide, Iron Dioxide), Glazing Agent: Shellac], Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative: Potassium Sorbate, Edible Gold Dust (Potassium Aluminium Silicate, Titanium Dioxide, Iron Dioxide).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Instructions for use	Once open consume within 3 days
Alcoholic Strength	0

Energy (kj)	1660	Energy (kcal)	397	Salt	0.51
Fat	19	of which saturates	7.5		
Carbohydrate	53	of which sugars	30		
Fibre	0	Protein	5.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No		

Name of Product	Melting Pot Madagascar Vanilla Fudge Bar 90g				
Manufacturer's Name and Address	Melting Pot Fudge, 28 Ballymacarret Road, Belfast, County Antrim, UK, BT4 1BT				
Supplier Name and Address	Melting Pot Fudge Ltd., 28 Ballymacarret Road, Belfast, County Antrim, UK, BT4 1BT				
Ingredients	Sugar, MILK, Evaporated MILK, Golden Syrup, Glucose Syrup, Madagascar				
	Vanilla Extract				

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts Soybeans
Country of Origin	UK
Storage Instructions	Cool, dry place
Instructions for use	N/A
Alcoholic Strength	0

Energy (kj)	1347	Energy (kcal)	319	Salt	0.1
Fat	6.4	of which saturates	4		
Carbohydrate	63.8	of which sugars	63.8		
Fibre		Protein	1.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Cartwright & Butler Sour Apples 170g
Manufacturer's Name and Address	Moordale Foods t/a Cartwright and Butler, Unicorn House, Broad Lane, Gilberdyke,
	East Riding of Yorkshire, United Kingdom, HU15 2TS
Supplier Name and Address	Moordale Foods, Unicorn House, Broad Lane, Gilberdyke, East Riding of Yorkshire,
	United Kingdom, HU15 2TS
Ingredients	Sugar, Glucose Syrup (SULPHITES), Citric Acid, Flavouring, Colours: Curcumin (E100),
	Chlorophyllin (E141).

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Milk
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place below 25°C and away from direct sunlight.
Instructions for use	Store in a cool dry place below 25°C and away from direct sunlight.
Alcoholic Strength	0

Energy (kj)	1673	Energy (kcal)	394	Salt	0.03
Fat	1.3	of which saturates	0.9		
Carbohydrate	95	of which sugars	75		
Fibre	0.5	Protein	0.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Oloves Basil & Garlic Natural Green Pitted Olives 30g
Brand Stand Limited T/A OLOVES, Unit 2-3, Downsbrook Trading Estate, Worthing,
West Sussex, United Kingdom, BN14 8NQ
Brand Stand Limited T/A Oloves, Unit 2-3, Downsbrook Trading Estate, Worthing,
West Sussex, United Kingdom, BN14 8NQ
Green olives pitted (95%), sunflower oil, garlic (1%), garlic powder (0.6%), basil (0.6%).

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Greece
Storage Instructions	Ambient
Instructions for use	Each packet: once opened refrigerate and consume within 3 days
Alcoholic Strength	0

Energy (kj)	623	Energy (kcal)	149	Salt	4.0
Fat	14.6	of which saturates	2.4		
Carbohydrate	1.5	of which sugars	0.5		
Fibre	3.0	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Peter's Yard West Country Sour Cream & Chive Sourdough Bites 90g
Manufacturer's Name and Address	The Celtic Bakers Ltd, Unit K2 -K5, Tottenham, London, England, N17 0QJ
Supplier Name and Address	Peter's Yard Wholesale Ltd, 45 Grosvenor Road, St Albans, England, HP1 3AW
Ingredients	WHEAT flour (Calcium, Iron, Niacin, Thiamin), rapeseed oil, potato flakes, wholemeal WHEAT flour, seasoning [whey powder (MILK), whole MILK powder, sour cream powder (MILK), skimmed MILK powder, salt, onion powder, sugar, yeast extract, WHEAT flour (Calcium, Iron, Niacin, Thiamin), herbs (chive, parsley), garlic powder, acid (citric acid), natural flavouring, sourdough (RYE flour, water) 5%, sea salt

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Sesame
Country of Origin	UK
Storage Instructions	Ambient, cool and dry place
Instructions for use	A moreish snack to enjoy by itself or alongside drinks
Alcoholic Strength	0

Energy (kj)	1845	Energy (kcal)	439	Salt	1.1
Fat	12	of which saturates	1		
Carbohydrate	66	of which sugars	8.8		
Fibre	4.9	Protein	12		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/celiac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Reids Honey & Oatmeal Oat Crumbles 150g
Manufacturer's Name and Address	Reids Bakery (Thurso) Ltd., Unit 17, Henderson Street, Thurso, Caithness, United
	Kingdom, KW14 7QU
Supplier Name and Address	Reids of Caithness, Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Ingredients	OATS (34%), Butter (MILK , salt), Sugar, WHEAT flour (with calcium carbonate, iron, niacin, thiamin), Honey (3%), Golden Syrup, Raising agents (diphosphates, sodium carbonates).

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts, Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened store in an airtight container.
Instructions for use	n/a
Alcoholic Strength	0

Energy (kj)	2161	Energy (kcal)	517	Salt	0.7
Fat	26.6	of which saturates	15.2		
Carbohydrate	61.1	of which sugars	27		
Fibre		Protein	6.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Miller's Grate Britain Cheddar Crackers in Pouch 45g
Manufacturer's Name and Address	Artisan Biscuits Ltd, Britannia House, Ashbourne, Derbyshire, United Kingdom, DE6 1HA
Supplier Name and Address	The Fine Cheese Co Ltd, Tolldown Farm, Chippenham, South Gloucestershire, United Kingdom, SN14 8HZ
Ingredients	WHEAT Flour, Wookey Hole Cheddar (MILK) (37%), Butter (MILK, Salt) (15%), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Disodium Diphosphate, Sodium Hydrogen Carbonate, Sea Salt, Ground Black Pepper, Ground Nutmeg

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	Yes
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Cool and dry, keep out of direct sunlight. Store in an airtight container after opening
Instructions for use	n/a
Alcoholic Strength	0

Energy (kj)	2141	Energy (kcal)	512	Salt	2.2
Fat	29.9	of which saturates	16.4		
Carbohydrate	46.8	of which sugars	0.5		
Fibre	0	Protein	16.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		