

L'Avenir - Horizon Pinotage

Ingredients: Contains sulphites.

Willie's Cacao – Raspberry Praline Truffles

Ingredients: Cocoa butter, raw cane sugar, MILK POWDER, honey, ALMOND, raspberry 5%, ALMOND oil, rice flour.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2320kJ / 557 kcal

Fat 7.1g

Saturates 18.8g

Carbohydrates 41.2g

Sugars 39.6g

Protein 8.5g

Salt 0.3g

The Pea Green Boat – Original Cheese Sables

Ingredients: Organic Scottish WHEAT Flour (GLUTEN, with added Calcium, Iron, Niacin, Thiamin), Scottish Mature Cheddar Cheese (MILK) (31%), Italian Parmigiano Reggiano Cheese (MILK, Salt, Rennet) (15%), Butter (Milk, Salt), Sea Salt, Garlic Powder.

Nutrition Information (Per 100g or 100ml)

Energy 2323kJ / 558kcal

Fat 37.8g

Saturates 24.6g

Carbohydrates 35.7g

Sugars 0.9g

Protein 17.7g

Salt 1.4g

Cornish Artisan Confectionery – Caramel Sea Salt Crumbly Fudge

Ingredients: Sugar, sweetened condensed milk (WHOLE MILK, sugar), butter (MILK), golden syrup, glucose, sea salt, caramel flavouring Made in a factory that handles egg, soya, nuts and peanuts.

Nutrition Information (Per 100g or 100ml)

Energy 1708kJ / 405kcal

Fat 11.5g
Saturates 7.3g
Carbohydrates 74.1g
Sugars 70.3g
Protein 1.3g
Salt 0.81g

Willies Cacao – Milk Chocolate Sea Salt Caramel Pearls

Ingredients: Raw cane sugar, cocoa mass, double cream (MILK), cocoa butter, MILK POWDER, glucose, butter (MILK), sea salt (0.3%). Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2213kJ / 532 kcal
Fat 36.4g
Saturates 22.0g
Carbohydrates 43.7g
Sugars 39.5g
Protein 5.9g
Salt 0.5g

Mighty Fine – Dark Chocolate Coated Almonds

Ingredients: ALMONDS (60%), Dark Chocolate (38.3%)(Cocoa Mass, Sugar, Cocoa Butter, Emulsifier [SOYA LECITHIN], Natural Vanilla Flavouring), Cocoa Powder (0.5%), Glazing Agents (Gum Arabic), Salt and natural flavouring. For allergens, including cereals containing gluten, see ingredients in Bold. Also, NOT suitable for PEANUT, TREE NUT, MILK and GLUTEN allergy sufferers.

Nutrition Information (Per 100g or 100ml)

Energy 2352kJ / 568kcal
Fat 44g
Saturates 10.1g
Carbohydrates 17.6g
Sugars 12.3g
Protein 20.3g
Salt 0.01g

Serious Pig – Corn Scratchings

Ingredients: Giant Corn (Corn, Sunflower Oil) 91%, Rapeseed Oil, Yeast Extracts, Sea Salt, Sugar, White Pepper, Sage. May contain traces of **Peanut, Tree Nut** and **Sesame**. Allergens in **bold**. Suitable for Vegetarians and Vegans. Caution: Small children can choke on nuts. STRONG HEALTHY TEETH REQUIRED.

Nutrition Information (Per 100g or 100ml)

Energy 1828kJ / 435 kcal

Fat 14.1g

Saturates 1.1g

Carbohydrates 66.3g

Sugars 1.4g

Protein 4.9g

Salt 3.1g

The Real Smoked Nut Company - Hickory Smoked Almonds and Cashews

Ingredients: ALMONDS, CASHEWS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

Nutrition Information (Per 100g or 100ml)

Energy 616Kcal

Fat 51.3g

Saturates 6.7g

Carbohydrates 17.3g

Sugars 6.2g

Protein 21.2g

Salt 2.83g