

Dom Perignon Champagne

Ingredients: contains SULPHATES

Allergy Advice: For allergens see ingredients in CAPITALS

Taittinger - Brut Reserve Champagne

Ingredients: Contains SULPHITES

Allergy Advice: For allergens see ingredients in CAPITALS

The Glenfiddich - 12 Year Old Single Malt Scotch Whisky

Easing Hill - English Still White Wine

Ingredients: Contains sulphites

Allergy Advice: For allergens see ingredients in CAPITALS

Easing Hill - English Sparkling Wine

Domaine des Girasols - Cotes du Rhone 2016

Ingredients: Contains sulphites

Allergy Advice : For allergens see ingredients in CAPITALS

Taylor's - Late Bottled Vintage Port

Ingredients: contains SULPHITES

Allergy Advice: For allergens see ingredients in CAPITALS

Court Garden - Classic Cuvée English Sparkling Wine

Ingredients: Contains SULPHITES

Allergy Advice: For allergens see ingredients in CAPITALS

Isle of Wight Distillery - Mermaid Gin

Godminster- Vintage Organic Cheddar Truckle

Ingredients: Made using organically produced cows' MILK including that from the Godminster dairy herd

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 1725kJ / 416kcal

Fat 34.9g

Saturates 21.7g

Carbohydrates 0.1g

Sugars 0.1g

Protein 25.4g

Salt 1.8g

Cropwell Bishop - Blue Stilton Cheese Jar

Ingredients: Cheese 88% (MILK), Clarified butter 12% (MILK)

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 1938kJ / 468kcal

Fat 42.8g

Saturates 28.2g

Carbohydrates 0.1g

Sugars 0.1g

Protein 20.9g

Salt 2.2g

Lincolnshire Poacher Cheese - Traditional Lincolnshire Poacher

Ingredients: Made with unpasteurised cow's MILK

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 1847kJ / 446kcal

Fat 37.0g

Saturates 26.0g

Carbohydrates 2.2g

Sugars <0.5g

Protein 26.1g

Salt 1.45g

Cote Hill Cheese - Cote Hill Red

Ingredients: contains MILK. Suitable for vegetarians

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 1875kJ / 452kcal

Fat 35.8g

Saturates 23.5g

Carbohydrates 5.4g

Sugars 0.5g

Protein 26.4g

Salt 1.64g

Millers Toast - Cranberry & Raisin

Ingredients: BUTTERMILK, WHEAT Flour, Dried Sweetened Cranberries (25%) (Cranberries, Sugar, Sunflower Oil), Pumpkin Seeds (17%), Raisins (13%), Soft Brown Sugar, Honey, Extra Virgin Olive Oil, Raising Agent (Sodium Bicarbonate), Sea Salt

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 466kcal

Fat 10.7g

Saturates 3.0g

Carbohydrates 79.3g

Sugars 30.4g

Protein 10.2g

Salt 1.7g

England Preserves - Red Onion Marmalade

Ingredients: Red onions 28%, sugar, cider vinegar, water, kibbled onion, beetroot extract

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 702kJ / 165kcal

Fat <0.1g

Saturates <0.1g

Carbohydrates 39.9g

Sugars 39.6g

Protein 0.9g

Salt 14mg

Hawkshead Relish - Beetroot and Horseradish Chutney

Ingredients: beetroot (20%), sugar, apple, acetic acid, onion, raisins, horseradish (4%), ginger, salt, pectin, spices.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 159 kcal
Fat 0.2g
Saturates 0.0g
Carbohydrates 36.5g
Sugars 35.3g
Protein 1.1g
Salt 0.7g

The Pea Green Boat - Original Cheese Sables

Ingredients: Organic Scottish WHEAT Flour (GLUTEN, with added Calcium, Iron, Niacin, Thiamin), Scottish Mature Cheddar Cheese (MILK) (31%), Italian Parmigiano Reggiano Cheese (MILK, Salt, Rennet) (15%), Butter (Milk, Salt), Sea Salt, Garlic Powder.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2323kJ / 558kcal
Fat 37.8g
Saturates 24.6g
Carbohydrates 35.7g
Sugars 0.9g
Protein 17.7g
Salt 1.4g

Emily Crisps - Simply Sea Salt Sweet Potato Chips

Ingredients: Sweet potato, sunflower oil, sea salt

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2195kJ / 527kcal
Fat 31.8g
Saturates 3.2g
Carbohydrates 51.0g
Sugars 33.7g
Protein 4.5g
Salt 0.47g

Prestat - The London Collection

Ingredients: Sugar, Cocoa Mass, Cocoa Butter, Whole Milk Powder, Whipping Cream, Hazelnuts, Glucose Syrup, Cocoa Powder, Coffee, Pistachios, Ginger, Emulsifier: Soya Lecithin, Natural Vanilla Flavouring, Biscuit (Wheat Flour, Sugar, milk Powder, Salt, Barley Malt Extract, Raising Agent: E500ii), Water, Ginger Oil, Cinnamon, Desiccated Coconut, Earl Grey Tea, Honey, Amaretti (Sugar, Wheat Starch, Apricot Kernel, Egg White, Colour: 150B, Flavourings), Lime Oil, Coconut Flavourings, Sea Salt, Orange Oil, Acidity Regulator: Citric Acid, Frankincense Oil, Bergamot Oil.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 527Kcal
Fat 36g
Saturates 1511g
Carbohydrates 44.8g
Sugars 36.5g
Protein 6.2g
Salt 0.2g

Yorkshire Crisps - Worcester Sauce flavour

Ingredients: Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 468.2Kcal
Fat 25.0g
Saturates 2.2g
Carbohydrates 54.1g
Sugars 3.0g
Protein 5.2g
Salt 1.4g

Lincoln Tea & Coffee Co - Traditional Breakfast Tea

Ingredients: Black tea

Allergy Advice: For allergens see ingredients in CAPITALS

Lincoln Tea & Coffee Co - Sweet Brazil Blend Filter Coffee

Elegant and English - Strawberries & Cream Biscuits

Ingredients: WHEAT FLOUR, BUTTER (28%), Sugar, Whole MILK Powder, Strawberry Juice Concentrate (2%), Clotted Cream (1%) (MILK), Natural Flavouring, Lemon Juice Concentrate, Emulsifier (SOYA Lecithin), Raising Agent (Sodium Bicarbonate) Contains WHEAT, GLUTEN, NUTS, MILK, SOYA – NOT SUITABLE FOR NUT ALLERGY SUFFERERS

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 513 Kcal
Fat 25.3g
Saturates 15.7g
Carbohydrates 68.6g
Sugars 21.2g
Protein 6.3g
Salt 0.6g

Coco Chocolatier - Salted Caramel Milk Chocolate

Ingredients: Sugar, cocoa mass, cocoa butter, MILK powder 21%, emulsifier: non-gmo SOYA lecithin, natural vanilla flavour, isle of skye salt (<1%), natural caramel flavour, cocoa solids.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2430kJ / 580kcal
Fat 37.0g
Saturates 22.0g
Carbohydrates 53.0g
Sugars 44.0g
Protein 6.0g
Salt 0.3g

Duffy's - Corazon del Ecuador Milk Chocolate

Ingredients: Single origin cocoa beans, organic cane sugar, cocoa butter, milk powder, sunflower lecithin. No nuts, gluten or soya ingredients are used in this bar.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2381kJ / 569kcal
Fat 38g
Saturates 23g
Carbohydrates 51g
Sugars 38g
Protein 8g
Salt 0.1g

Tregroes - Toffee Waffles

Ingredients: WHEAT flour, Glucose Syrup, Sugar, Non-hydrogenated Vegetable oils (Palm & Rapeseed), Butter (14% of filling) (MILK), Free-range EGGS, SOYA lecithin, Salt, Cinnamon.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 456Kcal
Fat 18.5g
Saturates 7.6g
Carbohydrates 70.1g
Sugars 40.6g
Protein 1.4g
Salt 0.63g

Cornish Artisan Confectionery - Crunchy Peanut Brittle

Ingredients: Sugar, glucose syrup, roasted PEANUTS (30%), butter (MILK), saltMade in a factory that uses soya and nuts as an ingredient.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 1977kJ / 472kcal
Fat 21.4g
Saturates 6.9g
Carbohydrates 60.8g
Sugars 48.8g
Protein 7.8g
Salt 0.52g

Duncans of Deeside - Family Recipe Scottish Oatcakes

Ingredients: Scottish OATMEAL (77%), Vegetable Oil (14% non hydrogenated Rapeseed Oil), WHEAT Flour (contains Calcium Carbonate, Iron, Nicotinamide, Thiamin) Sugar, Salt, Bicarbonate of Soda.Vegan Friendly

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 1933kJ / 462kcal
Fat 19.7g
Saturates 1.9g
Carbohydrates 65.1g
Sugars 3.5g
Protein 9.7g
Salt 2.25g

Galloway Lodge Preserves - Scottish Raspberry Jam

Ingredients: Sugar, raspberries (44%), lemon juice, pectin

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 954kJ / 224kcal

Fat 0.1g

Saturates 0.0g

Carbohydrates 58g

Sugars 58g

Protein 0.6g

Salt 0.02g

Hawkins - Original Grantham Gingerbread

Ingredients: Flour (WHEAT), Sugar, Butter (MILK), EGG, Bicarbonate of Soda, Baking Powder (WHEAT), Ground Ginger (1%)

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2234kJ / 532kcal

Fat 20.6g

Saturates 13.0g

Carbohydrates 80g

Sugars 48.1g

Protein 5.7g

Salt 0.3g

Mighty Fine - Dark Chocolate Coated Almonds

Ingredients: ALMONDS (60%), Dark Chocolate (38.3%)(Cocoa Mass, Sugar, Cocoa Butter, Emulsifier [SOYA LECITHIN], Natural Vanilla Flavouring), Cocoa Powder (0.5%), Glazing Agents (Gum Arabic), Salt and natural flavouring. For allergens, including cereals containing gluten, see ingredients in Bold. Also, NOT suitable for PEANUT, TREE NUT, MILK and GLUTEN allergy sufferers.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 2352kJ / 568kcal

Fat 44g

Saturates 10.1g

Carbohydrates 17.6g

Sugars 12.3g

Protein 20.3g

Salt 0.01g

The Simply Delicious Cake Company - Apricot and Ginger Cake

Ingredients: Vine fruits (27%) (sultanas, raisins, currants, sun flower oil), free range EGGS, demerara sugar, WHEAT flour, butter (MILK), apricots (8%), stem ginger (5%) ground ALMONDS, lime juice (lemon juice, preservative: potassium met bisulphate, natural lime flavour), mixed peel (orange, lemon, glucose fructose syrup, salt, preservative: SULPHUR DIOXIDE), ground ginger, glaze(glucose, water, sugar, gelling agent: pectin, acidifying agent: citric acid, preservative: potassium sorbate.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 321Kcal
Fat 10.9g
Carbohydrates 51g
Sugars 24.6g
Protein 16.6g
Salt 0g

Teoni's Cookies - All Butter Shortbread

Ingredients: WHEAT FLOUR [calcium carbonate, iron, niacin (vit B3), thiamin (vit B1)], BUTTER (30%), sugar, CONTAINS GLUTEN, MILK PRODUCTS AND MAY CONTAIN TRACES OF NUTS

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 489Kcal
Fat 25.6g
Saturates 11.5g
Carbohydrates 59.9g
Sugars 26.7g
Protein 5.6g
Salt 0.1

The Real Smoked Nut Company - Hickory Smoked Almonds, Cashews and Peanuts

Ingredients: ALMONDS, CASHEWS, PEANUTS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 616Kcal
Fat 51.3g
Saturates 6.7g
Carbohydrates 17.3g
Sugars 6.2g
Protein 21.2g
Salt 2.83g

Olives Et Al - Rosemary & Garlic Olives

Ingredients: mixed pitted olives (pitted green olives, pitted kalamon olives) 60%, dressing oil (extra virgin olive oil, rapeseed oil) 39%, garlic, rosemary. Although these are pitted olives some fragments of olive stone may remain so please do eat with care. May contain traces of NUTS and SEEDS.

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 195kcal
Fat 20.5g
Saturates 1.3g
Carbohydrates 1.7g
Sugars 0.1g
Protein 1.5g
Salt 2.6g

Prestat - Sea Salt Caramel Truffles

Ingredients: Sea Salt Caramel (Whipping CREAM, Sugar, Glucose Syrup, Water, Sea Salt (0.6%), Preservative: Sorbic Acid, Acidity Regulator: Citric Acid), Cocoa Mass, Cocoa Butter, Sugar, Cocoa Powder, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring. CONTAINS MILK AND SOYA, MAY CONTAIN TRACES OF NUTS. EGGS AND GLUTEN

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 460Kcal
Fat 31.3g
Saturates 19.6g
Carbohydrates 36.4g
Sugars 32.4g
Protein 5.4g
Salt 0.3g

Miller's Elements - Smoked Flour and Red Hot Chilli Crackers

Ingredients: WHEAT Flour, Stoneground Wholemeal Flour (WHEAT), Corn Oil, Oak, Smoked Dark Malt Flour (BARLEY) (4%), Autolysed Yeast, Salt, Dark Muscovado Sugar, Crushed Red Chillies (1%), Raising Agent (Sodium Bicarbonate)

Allergy Advice: For allergens see ingredients in CAPITALS

Nutrition Information (Per 100g or 100ml)

Energy 425kcal
Fat 13.0g
Saturates 1.7g
Carbohydrates 64.6g
Sugars 3.1g
Protein 11.3g
Salt 2.9g

