

### **Original Cake Company - Iced Christmas Cake**

**Ingredients:** Sultanas (48%), Marzipan 9% (Sugar, ALMONDS, Corn Syrup, Water, Sorbitol (E420), Preservative (E202), Thickener (E401), Stabiliser (Invertase)), Icing (9%) (Sugar, Glucose Syrup, Water, Vegetable Oil, Glycerine, Emulsifier (E471), Acidity Regulators (E262, E260), Stabiliser (E413), Flavouring), Cherries (Cherries, Glucose Fructose Syrup, Citric Acid (E330), Colour (E163), Sulphur Dioxide (E220), (SULPHITES) (15%), Sugar, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), EGG, Butter (MILK). WALNUTS (NUTS) (2%), ALMONDS (NUTS) (2%), Black Treacle, PECAN NUTS (1%), Caramel Colour (E150c), Raising Agents: (E500, E450) (WHEAT), Mixed Spice, Natural Flavouring, Flavouring (NUTS). For allergens, see ingredients in CAPITALS.

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 1385kJ / 329kcal

**Fat** 10.5g

**Saturates** 4.6g

**Carbohydrates** 54.1g

**Sugars** 52.3g

**Protein** 4.4g

**Salt** 0.2g

### **The Natural Candy Shop - Jelly Beans**

**Ingredients:** sugar, glucose syrup, modified maize, starch, malic acid, citric acid, natural flavourings, natural colours: curcumin, beetroot red, chlorophyllins, beta carotene vegetable carbon, glazing agents: pectin, carnauba wax NOT SUITABLE FOR NUT/PEANUT ALLERGY SUFFERERS

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 357kcal

**Fat** 0.5g

**Saturates** 0.43g

**Carbohydrates** 88.2g

**Sugars** 58.6g

**Protein** 0.1g

**Salt** 0.065g

### **Cole's - Brandy Christmas Pudding**

**Ingredients:** Vine Fruits (41%)(Sultanas, Raisins, Currants), Vegetable Suet (Palm Oil, Sunflower Oil, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine)), Brandy (10%), Brown Sugar, Breadcrumbs (WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Salt, Yeast), WHEAT Flour (WHEAT

Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Chopped WALNUTS, Golden Syrup, Chopped Orange Peel, Orange Juice From Concentrate, Lemon Juice From Concentrate, Humectant: Vegetable Glycerol, Mixed Spice, Salt, Malted BARLEY Extract. (Contains Alcohol), (Suitable for Vegetarians)

Allergy Advice: For allergens see ingredients in CAPITALS

**Nutrition Information (Per 100g or 100ml)**

**Energy** 387Kcal  
**Fat** 14g  
**Saturates** 5.8g  
**Carbohydrates** 53g  
**Sugars** 43g  
**Protein** 3.7g  
**Salt** 0.6g

**Grate Britain - Smoked Cheese Biscuits**

**Ingredients:** WHEAT flour, Smoked Dorset Red Cheddar, (37%), (MILK) (with colour: Anatto), Butter (15%), (MILK, Salt), Rice Flour, Roasted SESAME Seeds, Autolysed Yeast, Extra Virgin Olive Oil, MUSTARD Powder, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Sea Salt, Ground Black Pepper, Ground Nutmeg.

Allergy Advice: For allergens see ingredients in CAPITALS

**Nutrition Information (Per 100g or 100ml)**

**Energy** 2141 kJ / 512 kcal  
**Fat** 29.9g  
**Saturates** 16.4g  
**Carbohydrates** 46.8g  
**Sugars** 0.5g  
**Protein** 16.8g  
**Salt** 2.2g

**Hawkshead Relish - Christmas Chutney**

**Ingredients:** apricot (28%), onion, acetic acid, sugar, orange, cranberry (4%), salt, ginger, garlic, coriander, cayenneMAY CONTAIN TRACES OF FRUIT STONE

Allergy Advice: For allergens see ingredients in CAPITALS

**Nutrition Information (Per 100g or 100ml)**

**Energy** 180kcal  
**Fat** 1.0g  
**Saturates** 0.0g  
**Carbohydrates** 37.0g  
**Sugars** 36.0g

**Protein 2.0g**

**Salt 2.0g**

### **Love Corn - Love Corn Sea Salt**

**Ingredients:** Corn, sunflower oil, sea salt

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy 823kJ/196Kcal**

**Fat 6.0g**

**Saturates 0.6**

**Carbohydrates 29.7g**

**Sugars 0.3**

**Protein 3.3g**

**Salt 0.7g**

### **Willie's Cacao - Milk of the Gods Luxury Chocolate**

**Ingredients:** Cocoa solids: 44% minimum. Ingredients: raw cane sugar, cocoa mass 25%, MILK powder 21% cocoa butter 19%**MAY CONTAIN TRACES OF NUTS**

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy 560kcal**

**Fat 38.00g**

**Saturates 23.0g**

**Carbohydrates 46.0g**

**Sugars 35.0g**

**Protein 9.0g**

**Salt 0.17g**

### **Cornish Artisan Confectionery - Caramel Sea Salt Crumbly Fudge**

**Ingredients:** Sugar, sweetened condensed milk (WHOLE MILK, sugar), butter (MILK), golden syrup, glucose, sea salt, caramel flavouring**Made in a factory that handles egg, soya, nuts and peanuts.**

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy 1708kJ / 405kcal**

**Fat 11.5g**

**Saturates 7.3g**

**Carbohydrates 74.1g**

**Sugars** 70.3g  
**Protein** 1.3g  
**Salt** 0.81g

### **The Real Smoked Nut Company - Hickory Smoked Almonds, Cashews and Peanuts**

**Ingredients:** ALMONDS, CASHEWS, PEANUTS, Sunflower oil, PALM oil, salt, hickory wood smoke. PACKED IN FACTORY WHERE NUTS (INCLUDING PEANUTS) & SESAME SEEDS ARE PROCESSED

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 616Kcal  
**Fat** 51.3g  
**Saturates** 6.7g  
**Carbohydrates** 17.3g  
**Sugars** 6.2g  
**Protein** 21.2g  
**Salt** 2.83g

### **Yorkshire Popcorn - Salt & Sweet Popcorn**

**Ingredients:** Popped corn kernels, Sugar, Rapeseed oil, Salt May contain MILK

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 460Kcal  
**Fat** 19.25g  
**Saturates** 1.5g  
**Carbohydrates** 71g  
**Sugars** 19.5g  
**Protein** 6.5g  
**Salt** 1.25g

### **Yorkshire Crisps - Worcester Sauce flavour**

**Ingredients:** Potatoes, Sunflower Oil, Sugar, Sea Salt, Rice Flour, Dried Worcester Sauce (Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Cloves, Ginger, Garlic), Garlic Powder, Natural Flavouring, Dried Lemon Juice, Dried Spirit Vinegar, Yeast Extract, Onion Powder, Acidity Regulator: Citric acid, Ginger, Black Pepper, Cinnamon, Pimento.

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 468.2Kcal

**Fat** 25.0g  
**Saturates** 2.2g  
**Carbohydrates** 54.1g  
**Sugars** 3.0g  
**Protein** 5.2g  
**Salt** 1.4g

### **Cocoa Loco - Milk Chocolate Christmas Santas**

**Ingredients:** milk chocolate containing cocoa solids 37% minimum & milk solids 21% minimum (sugar, cocoa butter, whole MILK powder, cocoa mass, vanilla powder)MAY CONTAIN SOYA, MADE IN A KITCHEN WHERE NUTS WHEAT FLOUR, OATS, EGGS AND SESAME SEEDS ARE USED.SUITABLE FOR VEGETARIANS

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 573kcal  
**Fat** 38.1g  
**Saturates** 23.2g  
**Carbohydrates** 50.0g  
**Sugars** 49.1g  
**Protein** 6.7g  
**Salt** 205mg

### **Hawkins - Gingerbread Christmas Trees**

**Ingredients:** Flour (WHEAT), Sugar, Vegetable Fat (Palm, Rapeseed, Sunflower), Golden Syrup, Crystallised Ginger, EGGS, Black Treacle (SULPHITES), Mixed Peel, Baking Powder (WHEAT), Ground Ginger (1%), Mixed Spice (1%), Ground Cloves, Salt, Bicarbonate of Soda.

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 1572kJ / 373kcal  
**Fat** 11.2g  
**Saturates** 4g  
**Carbohydrates** 62.3g  
**Sugars** 33.8g  
**Protein** 4.7g  
**Salt** 1.2g

### **Willie's Cacao - El Blanco Luxury Chocolate**

**Ingredients:** Cocoa solids: 36% minimum. Ingredients: cocoa butter 36%, MILK powder 34%, raw cane sugar.MAY CONTAIN TRACES OF NUT

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 612kcal

**Fat** 45.7g

**Saturates** 28.4g

**Carbohydrates** 41.3 g

**Sugars** 39.2 g

**Protein** 8.6 g

**Salt** 0.2 g

### **Millers Toast - Cranberry & Raisin**

**Ingredients:** BUTTERMILK, WHEAT Flour, Dried Sweetened Cranberries (25%) (Cranberries, Sugar, Sunflower Oil), Pumpkin Seeds (17%), Raisins (13%), Soft Brown Sugar, Honey, Extra Virgin Olive Oil, Raising Agent (Sodium Bicarbonate), Sea Salt

Allergy Advice: For allergens see ingredients in CAPITALS

#### **Nutrition Information (Per 100g or 100ml)**

**Energy** 466kcal

**Fat** 10.7g

**Saturates** 3.0g

**Carbohydrates** 79.3g

**Sugars** 30.4g

**Protein** 10.2g

**Salt** 1.7g

### **Lincoln Tea & Coffee Co - Traditional Breakfast Tea**

**Ingredients:** Black tea