## Ingredients: (for allergens see ingredients in bold)

Sugar, **almonds**, free range **eggs**, Belgian chocolate (sugar, cocoa mass, cocoa butter, whole **milk** powder, emulsifier: **soya** lecithin, natural vanilla flavouring), butter (from cow's **milk**), cream (from cow's **milk**), fabbri amarena cherries, dried sour cherries, lime juice, mint, blood orange juice, natural orange essence, blackcurrant puree, dried blackcurrant, **hazelnuts**, natural vanilla essence, Maldon sea salt. Shells contain food colours less than 0.2% by weight, each macaron may contain up to five of the following: (E422, E1520, E551, E122\*, E132, E133, E102\*, E110\*). Gluten free and vegetarian. \*May have an adverse effect on activity and attention in children.

## **Nutrition per 100g**

Energy 1067Kj, 384kcal, fat 20.1g, of which saturates 8.6g, carbohydrates 47g, of which sugars 42g, fibre 3g, protein 6g, salt 0.4g. A single serving of 1 macaron (20g) = 78 (kcal)

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