

Name of Product	Quantity	Ingredients	Allergen Declaration	Directions / Cooking Instructions	Storage Instructions
Cacao, Cashew & Almond Butter	200g	CONTAINS NUTS: Almonds, Cashew Nuts (17%) , Organic Cacao Paste (8%), Organic Coconut, Organic Raw Cacao Nibs. See allergens in bold .	Produced in a factory that handles peanuts, sesame and other nuts.	Spread it on toast, stir it into yoghurt, blend it into a smoothie or just stick a spoonful straight in.	Store in a cool, dry place. Once open, consume within 3 months.

Nutritional Information

NUTRITIONAL INFORMATION:		
Recommended serving size 15g		
Typical Values	Per 100g	Per 15g
Energy (kcal)	617	93
Energy (kJ)	2557	384
Protein	19.8g	3.0g
Fat	51.1g	7.7g
of which saturates	10.6g	1.6g
Carbohydrates	18.4g	2.8g
of which sugars	4.5g	0.7g
Fibre	10.2g	1.5g
Salt	0.0g	0.0g