

The Smoked Salmon and Granola Box Ingredients and Allergens



Chocolate and Coconut Granola Clusters

Ingredients: Oats (**GLUTEN**), Almonds (**NUTS**), Pumpkin Seeds, Sunflower Seeds, Coconut, Cocoa Powder, 70% Dark Chocolate, Golden Syrup, Rapeseed Oil, Salt, Water.

Nutritional Values (per 100g serving): Energy 1902kj/456Kcal, Fat 26g (of which are saturates 8.3g), Carbohydrates 47g (of which are sugars 26g), Protein 9.9g, Salt 0.26g

Made in a kitchen that handles:

Cereals, Eggs, Milk, Fish, Lupin, Mustard, Nuts, Peanuts, Sesame, Soya, Sulphur Dioxide

'Fall Bay - Gower' Coffee

N/A

Welsh Brew Breakfast Tea

N/A

Fresh Orange Juice

Oranges

Welsh Salted Butter

Contains **MILK**

Bara Brith Loaf

Allergens: **Wheat, Egg**

Blissfully blackcurrant Jam

Ingredients : Blackcurrants and sugar, prepared with 56g of fruit per 100g of finished product. Total sugar content 62g per 100g.

Allergen Advice: All of delicious products are produced in a kitchen where we use nuts, dairy, gluten & mustards.

100g Smoked Salmon

Scottish Farmed Salmon (Fish), Salt, Oak Smoke.