

Tea Box Product Allergy Information

Please check each tea type for any allergens on this product list. Full ingredients list can be found on the back of the product.

Traditional Tea Selection:

English Breakfast - 100% organic black tea blend (Putharjhora Dooars, Darjeeling late flush, Panshagarh)

Earl Grey - Black tea blend (Putharjhora Dooars, Darjeeling late flush), bergamot essential oil flavour (7%), lemon essential oil flavour (3%), lavender flower (2%).

After Dinner (Fennel, Chicory & Cardamom) - Roasted chicory root (24%), aniseed, fennel seed (20%), licorice root, cardamom seed (8%), orange peel, ginger root.

Herbal Variety Mix Selection:

Peppermint & Licorice - 100% organic ingredients: Peppermint Leaf (60%), Licorice Root (40%)

Contains licorice - people suffering from hypertension should avoid excessive consumption. Seek professional advice during pregnancy.

Feel New (Aniseed, Fennel & Cardamom) - 100% organic ingredients: Aniseed (32.5%), sweet fennel seed (22.5%), cardamom pod (15%), licorice root, coriander seed, turmeric root.

Love (Rose, Lavender & Chamomile) - Chamomile flower (31%), marigold flower, elderflower, licorice root, limeflower, lavender flower (6%), rose flower (4%).

Wild Apple and Cinnamon - Ceylon cinnamon bark (22%), licorice root, ginger root, orange peel, wild apple (9%), chamomile flower, sweet cinnamon bark (6%), cardamom pod, orange essential oil flavour, clove bud, Ceylon cinnamon essential oil flavour (1%).

Three Chamomile - 100% organic ingredients: African Chamomile Flower (70%) (Yellow Florets and Flower Heads), Egyptian Chamomile Flower (20%), European Chamomile Flower (10%).

Lemon, Ginger & Manuka Honey - Ginger root (32%), licorice root, sweet fennel seed, lemon peel (8%), elderflower, lemon verbena leaf, turmeric root, lemon essential oil flavour (6%), lemon myrtle leaf, manuka honey flavour (2%).

Three Mint (Peppermint, Spearmint & Fieldmint) - 100% organic ingredients: Peppermint leaf (45%), spearmint leaf (39%) fieldmint leaf (16%).

Vanilla Chai (Vanilla, Cinnamon & Ginger) - 100% organic ingredients: Cinnamon bark (40%), ginger root, licorice root, sweet fennel seed, cardamom pod, vanilla flavour (5%).

Original Chai (Ginger, Cinnamon, Cardamom & Licorice) - 100% organic ingredients: Cinnamon bark (40%), black tea (20%), ginger root (20%), cardamom pod (10%), licorice root.

Three Licorice - Kazakhstani licorice root (45%), Georgian licorice root (45%), Egyptian licorice root (10%).

Contains licorice - people suffering from hypertension should avoid excessive consumption. Seek professional advice during pregnancy.

Night Time (Oat Flower, Lavender & Limeflower) - **Oat flower** (30%), licorice root, chamomile flower, lavender flower (14%), lime flower (10%), valerian root, tulsi leaf.

Allergens in **bold**

Relax (Chamomile, Fennel & Marshmallow Root) - Sweet fennel seed (24%), chamomile flower (18%), licorice root, **oat flowering tops**, cardamom pod, ginger root, marshmallow root (5%).

Allergens in **bold**

Peace (Spearmint, Ashwagandha & Hemp Seed Oil) - 100% organic ingredients: Chamomile flower, spearmint leaf (36%), licorice root, lavender flower, ashwagandha root (5%), hemp seed oil granules (4%)

10% FairWild™ certified ingredients (licorice) by dried weight.

46% fair trade ingredients certified according to the Fair for Life standard - chamomile flower, licorice root

Chamomile, Vanilla & Manuka Honey - Chamomile flower (68.5%), sweet and bitter fennel seed, licorice root, vanilla pod (3.5%), manuka honey flavour (3.5%).