

batch code - UP822 best before - 31/08/23 net weight - 180a

every piece is

coated in



uplifting whole hemp plant blend



35mg cannabidiol



5mg cannabigerol

infused with



ashwagandha root



probiotics (80 strains)



want to know more about uplift? scan this QR code with your camera

how to take

chew each piece thoroughly to release the coating giving an almost instant effect.

cbme fruit pieces are generously coated in our uplift cbd blend rather than infused, allowing the blend to absorb though the mucus membrane under the tongue for faster results.

the remaining obd blend will then absorb through the digestive tract when swallowed giving our body a second chance at absorbing all the natural goodness and providing a longer losting effect that will take effect with the ashwagandha and probiotics.

when to take

use a piece of pineapple to get a plant powered uplift - getting your day off to the best start, or use as a pick up me anytime you want that little extra boost.

uplift is there whenever you are feeling like your balance is off, your focus is misaligned, or your calm has been disrupted.

our functional pineapple pieces can support your body to deal with stress, and when taken regularly can improve the body's resistance to daily stress.

use uplift for when you want to be at your best, helping to maintain mental balance and giving optimal cognitive ability and focus to zone into your daily tasks.

how to store

keep uplift on hand with your morning supplements or by your desk keep out of direct sunlight and in a cool, dry place, or in the refrigerator.

advice

do not use if you are pregnant or breastfeeding.

if taking medication consult a doctor before use.

FSA recommends not to take more than 70mg of cbd in a 24 hour period.

not to be used as a substitute for a varied diet.

only use cbme if you are over 18.

manufactured by

cbme ltd, 5 greenacre close, london, EN5 4QB contact: hello@cbmecbd.com tel: +44 7860840900

nutritional information

(per piece) | energy: 22 calories | fat 0g | carbohydrates 5.4g of which sugars 4.6g | protein 0g

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ingredients

pineapple dried, cane sugar, ashwagandha rotz CBD distillate, CBG isolate, broad spectrum probiotics, purified water, organic stevia, natural flavour, citric acid, sodium metabisulphite (preservative), flower derived terpenes





