

Thank you for your interest in our Lottie Shaw's hamper. Please find listed below the nutritional and allergen information for all of the treats in our hamper. All of our products are individually packaged and the information is also clearly printed on the back of every product.

If you require any information in relation to allergens or other dietary requirements, please contact us prior to purchase

Best wishes, Lottie x

Name of Product	Traditional Oat Flap jack
Ingredients	<p>Rolled Oats (43.4%) Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions (RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavouring, Demerara sugar, Butter flavour, (Preservative, Sulphur dioxide, Sulphites).</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1842kj	Energy (kcal)	439kcal	Salt	0.4g
Fat	20.2g	of which saturates	6.5g		
Carbohydrate	61.1g	of which sugars	34.2g		
Fibre		Protein	5.2g		

Name of Product	Millionaire Shortbread
Ingredients	<p>All Butter Shortbread Wheat Flour (11.4%), Butter 17% (contains milk), Sugar, Ground Rice Milk Chocolate Couverture (17%) (Contains milk solids 21% (35.1%), Cocoa solids 35.1%, sugar, cocoa butter, whole milk powder, cocoa mass, emulsifiers, soya lecithin, E322, Natural Vanilla. Caramel (33.3%) Sugar, Glucose syrup, Sweetened Condensed Milk, Water, Unsalted Butter (contains milk), partially inverted syrup, Vegetable Oil, Salt, Emulsifiers, Soya Lecithin, E322, E473</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	2049kj	Energy (kcal)	489kcal
Fat	26.3g	of which saturates	16.5g
Carbohydrate	60.9g	of which sugars	36.7g
Fibre		Protein	3.7g

Salt	0.4g
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Name of Product	Chocolate Chip Flapjack
Ingredients	<p>INGREDIENTS: Rolled Oats (43%), Partially Inverted Syrup, Margarine (Vegetable oil, (palm and rapeseed in various proportions (RSPO Sourced), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavourings), Demerara sugar, Chocolate chips (5.9%) (Sugar (58.5%), Cocoa Mass (33.0%), Cocoa Butter (8.0%), Milk, Emulsifier; Soya Lecithin (0.25%), Natural Vanilla Flavouring (0.25%)] Butter flavour, (Preservative Sulphur Dioxide, Sulphites).</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1881kj	Energy (kcal)	448kcal	Salt	0.6g
Fat	21.2g	of which saturates	8g		
Carbohydrate	61.5g	of which sugars	35.9g		
Fibre		Protein	5.1g		

Name of Product	Shortbread Biscuits
Ingredients	Wheat flour (fortified with Calcium Carbonate, Iron, Niacin and Thiamine), (48%) Unsalted Butter (27.3%) (contains Milk) Sugar, Ground Rice
	Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1985kj	Energy (kcal)	475kcal
Fat	26.0g	of which saturates	16.1g
Carbohydrate	59.0g	of which sugars	18.2g
Fibre		Protein	5.1g

Salt	0.5g
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Name of Product	Ginger Parkin & Chocolate Biscuits
Ingredients	<p>Wheat Flour (Wheat), fortified with Calcium Carbonate, Iron, Niacin, and Thiamine), Demerara Sugar, Margarine (Vegetable oils, (rapeseed and palm oil in various proportions, RSPO Sourced) Oatmeal (Oats, Gluten), Partially inverted syrup, Belgian Dark Chocolate Chips, (Sugar 58.5%, Cocoa Mass 33.0%, Cocoa Butter 8.0%, Emulsifier; Soya Lecithin (Soya) <1%, Natural Vanilla Flavouring<1%), Egg, Treacle, Raising agent; Sodium Bicarbonate, Ground Ginger 1.45%</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1846kj	Energy (kcal)	439kcal	Salt	1.6g
Fat	17g	of which saturates	6.5g		
Carbohydrate	68g	of which sugars	38g		
Fibre		Protein	5.0g		